



FALL 2011

Illinois Swimming House of Delegates Agenda

DOUBLETREE GUEST SUITES AND CONFERENCE CENTER

2111 BUTTERFIELD ROAD

DOWNERS GROVE, IL 60515

OCTOBER 9, 2011

1:00PM

1. Roll Call
2. Approval of Agenda
3. Reading, correction and adoption of minutes of previous meeting
4. Opening Remarks
5. Reports of Officers
6. Reports of Committees and Coordinators
7. Presentation and Approval of Financial Statement
8. Presentation of Budget
9. Unfinished Business
10. Appointments, Confirmations and Elections
11. New Business
12. Rules and Legislation (Fall House of Delegates Only)
13. Announcements
14. Adjournment

****LEGISLATION PACKET POSTED ON ILSWIM.ORG FOR DOWNLOADING.

Illinois Swimming House of Delegates Meeting

Sunday, April 17, 2011

1:00 pm

Parke Conference Center, Bloomington, Illinois

Meeting called to order 1:00 pm

1. Roll Call: 44 delegates were in attendance at the meeting.
2. Approval of the agenda: passed
3. Presentation, Correction and Adoption of the minutes
 - a. Minutes were approved as presented
4. Opening remarks: General Chair, Bob Welch welcomed all the delegates to Bloomington and introduced Pete Kozura, the executive director of Illinois Swimming.
 - a. Executive Director- Pete Kozura (written report pages 9-15)

Pete highlighted the significant swimming performance events that occurred in Illinois Swimming during the 201—11 short course season.

The Navy Seals fitness challenge schedule was discussed, information is available on the Illinois Swimming website.

Coach's education grants program, Grants are available to all ISI clubs. The Swim Team Store athlete of the month program was mentioned, Discover Card OME registration program was highlighted. Pete mentioned that participation in these programs is sparse. All clubs are encouraged to participate in the above programs, more information can be found on the ISI website.

Open water swim has been schedule for Saturday August 13th, which will allow HS girls to participate. Info available on the website.

Championship meet evaluation has been completed and results are in the process of being compiled.

Sponsorship update was given; several new sponsors are in various stages of recruitment.
5. Reports of officers
 - a. Written reports are contained in the House of Delegates packet. The following reports were approved via the consent agenda:

General Chair: Bob Welch, page 7-8

Administrative Vice- Chair: Bob Kizer, page 16

Program Operations: Steve Mitchell: page 17-18

Secretary: Judy Bussee

Treasurer: Doug Lennox

Coaches Representative: Mike Laurich

Athlete Representatives: Davis Malone, Danny Thomson

- b. The Senior report was pulled: Senior Report (page 22) MOTION: Westmont Swim Club host of Senior Champs March 1-4, 2012 at UIC.

Senior Records will be posted on line Monday April 18th.

- c. The age group report was pulled: Age Group (page 19-21) MOTION: Regional meet Midway Swim Club at University of Chicago.

10 bids received for regional: MOTION: to accept Fox, Glenbrook, Hickory Willow, Lincoln-Way, SCOUT Springfield, as hosts of the 2012 Regional meets. 2nd, Passed.

Age Group meet: MOTION: To approve the Palatine Park District, March 9-11, 2012 at UIC

- 6. Reports of committees and coordinators: All reports were approved as submitted in the HOD packet.
 - a. Safety: Jen Ridge- Page 25-27
 - b. Officials: Rome Yount: page 23-24
 - c. Membership: Pam Lowenthal page 29
 - d. Disability: Marilyn Weiland: page 28
 - e. Diversity: Kiki Hernandez: page 28
- 7. Legislation: All of the legislation presented in the packet (pages 33-38) was withdrawn. Bob Kizer presented the three interpretations of the items. MOTION: TO approve the interpretations of the rules that were presented. 2nd passed.
 - a. Bob Welch appointed a rules and regulations committee to be headed by Bob Kizer, interested members who wish to serve should contact Bob Kizer or Bob Welch
- 8. Presentation and approval of financial statement (page 31). MOTION: To approve the financial statement as presented, 2nd, discussion, passed.
- 9. Presentation of Budget- budget will be presented for approval at the fall HOD meeting.
- 10. Unfinished business- none presented.
- 11. Appointments, confirmations and Elections:
 - a. The following positions were slated and elected to the Board of Directors by acclimation (page 32): Jon Cabel: Age Group, Ann Widdowson: Officials chair, Jeff Levant: treasurer, Pam Lowenthal: Registration and Membership, Dave Stevens: Safety Chair,
 - b. Board of review: The following were elected by acclimation: Drew Schnack (two year term), Dan Johnson (2 years alternate), Len Penkala (2 year alternate), Melissa Healey (1 year Required), Haley Simms (athlete) (one year required), Matt Elliott (athlete) (2 year required), John Almeida (1 year alternate), Brian Brown (2 year alternate), Molly Orbon (athlete 1 year alternate).

- c. Program Operations Vice Chair: Two candidates were slated for this position; Steve Mitchell and Jen Ridge. Ballots were cast and counted to elect the program operations chair. Steve Mitchell was elected to the position of program operations.

12. New Business: Bob Kizer highlighted the activities that are on-going with the athlete protection task force that he and Jen Ridge are working with. For more information please contact Bob or Jen.

13. Announcements: The next meeting of the House of Delegates will be Sunday, October 9, 2011. The meeting will begin at 1:00 pm, the Illinois Swimming Athlete Banquet will follow the meeting and both items will be held at The Doubletree Hotel in Downers Grove, Il.

- a. A question was raised regarding pre-meet recons and meet registrations. Pam Lowenthal address the group and clarified that an athlete is not registered until the registration and payment is received and the athlete is entered into the USA Swimming database. It was clarified that Illinois does not have jurisdiction for meets held in Wisconsin.

14. Adjournment: Meeting was adjourned at 2:00 pm



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October 9, 2011

To House of Delegates Representatives,

With the expressed intent to provide the membership with information regarding my activities and responsibilities within Illinois Swimming since our last House of Delegates meeting, enclosed please find reports that had been submitted to the Board of Directors. As always, if there are any questions/concerns or suggestions, please feel free to contact me directly. Thank you.

Respectfully Submitted,

Peter N. Kozura
Executive Director
Pete.kozura@ilswim.org
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To: Board of Directors
Fr: Pete Kozura
Re: Report for October 9 Meeting

Championship Meets – Attached please find the financial reports for the winter and summer Championship Meets. Received information from all but two hosts. Championship meet host agreements to be sent to all 2012 short course hosts by end of Oct.

Financial Breakdown report related to Championship Meet being held in WI also attached but incomplete pending additional financial information from meet host.

Operating Reserve Policy – attached with new verbiage and year-end figures included for Board approval.

Discover Card OME rebates sent to participating clubs. Five clubs received rebates.

Social network – ongoing; will announce contest for clubs who get 25 swimmers to “like” ISI Facebook. Objective is to increase visibility and interaction on site.

Rules and Regulations webconference to take place Sat., Oct 1 at 10:00 am to explain/discuss pending legislation and committee recommendations.

Banquet – awards (plaques) to be presented to athletes who have achieved 2012 Olympic Trials “cuts”. Ongoing, will produce same for athletes who achieve cuts in the months leading up to Trials.

Coaches Education Grants Recap (attached): 2011-10 clubs participated, 2010-17 clubs participated and 2009-13 clubs participated

Sponsorships – follow-ups to: Motorola (initial year to include goods in kind (radios)); Walgreens, Greater Than, initial discussions with Speedo for renewal after 2012; The Swim Team Store; Hilton and Athletico.

With Northwest Designs to begin logo process early for winter Regionals, Age Group and Senior Champs.

2011 CHAMPIONSHIP MEET FINANCIAL SUMMARIES

Winter Regionals

| | BSC | GA | HFSC | LWSA | SUSA |
|---------------------|--------------|--------------|--------------|--------------|--------------|
| Total Income | \$30,556.54 | \$ 28,582.00 | \$ 26,251.00 | \$ 30,638.25 | \$ 11,313.99 |
| Total Expenses | \$ 6,296.59 | \$ 5,106.00 | \$ 11,649.00 | \$ 7,296.00 | \$ 2,454.45 |
| Total Profit (Loss) | \$ 24,259.95 | \$ 23,476.00 | \$ 14,602.00 | \$ 23,342.25 | \$ 8,859.54 |
| Gross Profit Margin | 79% | 82% | 56% | 76% | 78% |

Winter Championships

| | Senior Champs (LFSC) | Age Group Champs (WSO & UIC) |
|---------------------|-----------------------------|---|
| Total Income | \$ 40,905.00 | \$50,663.46 |
| Total Expenses | \$ 19,560.00 | \$15,348.78 |
| Total Profit (Loss) | \$ 21,345.00 | \$35,314.68 |
| Gross Profit Margin | 52% | 70% |

Summer Regionals

| | DLTA | LWSA | MDWY |
|---------------------|-------------|--------------|-------------|
| Total Income | | \$ 19,454.00 | \$21,300.00 |
| Total Expenses | | \$ 5,380.00 | \$13,700.00 |
| Total Profit (Loss) | | \$7,600.00 | \$7,600.00 |
| Gross Profit Margin | | 39% | 36% |

Summer Championships

| | Senior Champs (PAC) | Age Group Champs (ACAD) |
|---------------------|----------------------------|--------------------------------|
| Total Income | \$42,203.73 | |
| Total Expenses | \$16,965.26 | |
| Total Profit (Loss) | \$25,238.47 | |
| Gross Profit Margin | 60% | |



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FINANCIAL BREAKDOWN RELATED TO HOLDING CHAMPIONSHIP MEET IN WI

Costs incurred by ISI:

| | |
|--|--------------------|
| Lost Sponsorship Revenue (Inability of The Swim Team Store to sell at meet due to Kiefer exclusivity with venue) | \$2,200.00 |
| Hotel/Expenses (Additional expenses for Referee, Admin Ref, webcast crew, staff) | approx. \$3,300.00 |
| Lost Surcharge Revenue (4% charge from OME) | \$141.60 |

Additional Surcharges incurred by clubs (3% WI surcharge): \$2,538.00

Costs incurred/lost by Host Club:

| | |
|---|-------------------------|
| Lost accrual revenues from The Swim Team Store (Figure based on past sales at Age Group Meets) | approx. \$2,050.00 |
| Concession Revenues (This figure fluctuates based on whether club solicits donations from local restaurants and/or from club members) | from \$2,000 to \$4,500 |

Additional Revenues from Four Day Format (will be able to estimate once financial report from Age Group Meet is submitted)

Misc.

While hotel room rates were \$99 at The Radisson, many coaches, families, etc, had to stay at other area hotels. The pricing varied at these properties with Wed and Thursday nights being less expensive and Friday and Saturday being more expensive. This is in part due to nature of hotel business in this area. Because of Six Flags and other area destinations weekends are prime time which accounts for rate differential. I heard rates at other properties from \$129 to upwards of \$150.



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Funded Board-Designated Operating Reserve

I. Philosophy

The establishment and maintenance of a funded Board-Designated Operating Reserve is a high priority. This will enable Illinois Swimming to support strategic business practices and to:

- Manage cash flow interruptions.
- Minimize the need for working capital borrowing.
- Meet commitments, obligations or other contingencies.
- Generate investment income.

II. Policy

The purpose of this policy is to establish and maintain a funded Board-Designated Operating Reserve, unencumbered and uncommitted, at a level relative to the annual program funding and the costs of operating and maintaining the organization.

The Operating Reserve is intended to serve a dynamic role and is available to be utilized as needed rather than being static, devoted only to generating interest income.

III. Definitions

- **Board-Designated Operating Reserve** – Amounts reported in the Unrestricted Net Assets section of the balance sheet and identified as Board-Designated Operating Reserve.
- **Costs of Operating and Maintaining the Organization** – Illinois Swimming's net expenses for Program Services and Administration as reflected by the approved annual budget.
- **Funded Board-Designated Operating Reserve** – A fund consisting of liquid assets and investments. Liquid assets are those that may be converted to cash quickly and easily. It is not required that Board-Designated Operating Reserve be physically segregated in a separate bank or investment account although Illinois Swimming may decide to do so.

IV. Strategies and Procedures

- A. Board-Designated Operating Reserve shall be accounted for separate and apart from Undesignated Operating Funds.
- B. The Investment Committee will have the responsibility for developing and recommending policies and guidelines for the investment of the Operating Reserve assets and the Board of Directors will approve such policies and guidelines.
- C. The Operating Reserve goal will be to achieve and maintain at least six months of Program Funding and Operating Costs as defined in Section III.

V. Sources

Assets for the **Board-Designated Operating Reserve** accounts will come from the retained earnings of the organization.

VI. Uses

- A. Internal line of credit for use to financially operate the organization.
- B. Funds to meet unfunded and unexpected organization needs.
- C. Funds for emergency and emerging needs of subsidiaries.
- D. Funds to make up a deficiency in budgeted revenue, either in results or collection experience.

VII. Governance

Depletion of the Operating Reserve will be evidenced by a negative balance in Undesignated Operating Funds. The procedure for approving use of the Operating Reserve Funds will be as follows:

- 1. As projected in the budget as approved by the House of Delegates.
- 2. By approval of the Board of Directors to fund unusual expenditures out of reserves.
- 3. By extraordinary expenses or loss of revenue and (or) investment losses. In this case, the following procedure will be followed:
 - I. Treasurer will inform the General Chair and Executive Director.
 - II. Treasurer will inform the Board of Directors at its next scheduled meeting.

If the Operating Reserve is and has been less than 75% of the targeted reserve level for two consecutive years, the Board of Directors, in the absence of any extraordinary circumstances, will adopt an operational budget that includes a projected surplus sufficient to rebuild the Operating Reserve Fund to its targeted reserve level over the following two years.

VIII. Maintenance

The status of the funded **Board-Designated Operating Reserve** will be calculated at the end of each fiscal year based upon audited financial results.

Operating Reserve Ratio Calculation

The calculation formula will be based upon amounts defined in Section III as follows:
Unrestricted, Board-Designated Operating Reserve as of 8/31 = [Budgeted Annual Operating Budget, defined as Total Admin Expenses (\$317,117) less BOD Discretionary, BOR expenses and Convention (\$34,527) less Interest Income (\$8,155) = \$269,435] x 6/12 = \$134,718

Example: \$134,718 = \$269,435 (see Annual Operating Budget defined above) X 6/12

The adequacy of the Board-Designated Operating Reserve will be determined as follows:

| | <u>Example</u> |
|---|-------------------------|
| Total Equity/Net Assets | \$835,429 |
| Less: Equity in Athlete Endowment Fund | <u>(498,140)</u> |
| Available Unrestricted Equity/Net Assets | 337,289 |
| Less Board-Designated Funds for Specific Purpose | -0- |
| Less Board-Designated Operating Reserve (see also note below) | <u>(134,718)</u> |
| Undesignated Operating Funds | <u>\$202,571</u> |

Note: covered by \$256,262 in cash-equivalent liquid investments at JP Morgan as of 8/31/11

The Operating Reserve Ratio Calculation will be presented to the Treasurer following approval of the financial audit results by the Audit Committee. The Treasurer will consider the adequacy of the Operating Reserve amount and will recommend any changes as deemed necessary.

IX. Policy Review

This policy will be reviewed every four years by the Treasurer or sooner if conditions warrant. Any changes thereto will be approved by the Board of Directors.

2009 Coaches Education Grant Recipients

B R Ryall Swim Club
Bradley-Bourbonnais Swim Club
Chicago Wolfpack Aquatic Club Dundee Dolphins
Iguanas Swim Club
Lake Forest Swim Club
Northside Aquatics Club
Oak Forest Swim Association
Richards Area Swim Club
Sullivan Blue Dolphins Swim Team
The Oak Park Swimmers
WAVES Bloomington-Normal YMCA
Westmont Swim Club

2010 Coaches Education Grant Recipients

Lake Forest Swim Club
TOPS YMCA Swim Team
Sullivan Blue Dolphins
Lattof YMCA Neptune Swim Team
McGaw YMCA Swim Team
Blue Devil Swim Club
Bradley Bourbonnais Swim Club
Northside Aquatics Club
Iguanas Swim Club
Des Plaines River Racers Swim Team
Northwest Aquatics
Sterling Stingray Swim Club
Burbank Swim Assoc
Richards Area Swim Club
Joliet YMCA Jets
Midway Aquatics Club
Hornet Swim Club

2011 Coaches Education Grant Recipients

Bradley Bourbonnais Swim Club
Redbird Swim Club
Chicago Wolfpack Swim Club
Midway Aquatics Club
Lake Forest Swim Club
Olympia Country Swimmers
Joliet Y Jets
Joliet Park District Jr Tides
Lattof YMCA Neptunes
Northside Aquatics Club



To: Board of Directors
Fr: Pete Kozura
Re: Report for August 31 Meeting

Championship Meets – financial reports received from all short course hosts. Financial report templates sent to all long course hosts, intent is to have all reports by HOD. Good sampling of meet surveys from both short course and long course from, officials, coaches and meet hosts. 2012 Long Course Summer Regional bids were received from: Chicago Wolfpack Aquatics Club; Lincoln-Way Swim Association; Midway Aquatics Club and Northside Aquatics Club. 2012 Long Course Senior Champ bids were received from: Champaign County YMCA; Midway Aquatics and Lake Forest Swim Club. 2012 Long Course Age Group Championship Meet bid received from: Blue Devil Swim Club co-hosted by Academy Bullets Swim Club.

USAS Convention – Still some attendees who have not booked their airfares, please do so ASAP. Room lists, updated schedule with attendees at various workshops listed will be distributed and discussed at meeting.

Coaches Clinic/Banquet – working with Doug Lennox to finalize details for Dick Shoulberg to conduct Coaches Clinic to be held prior to our HOD meeting (10:00 to Noon) and to be keynote speaker at our Athlete Recognition Banquet that same evening. Dick has agreed and is working on travel arrangements.

Sponsorships – continued conversations with existing partners for renewals. New marketing materials have been completed. New proposals submitted to: Motorola, Walgreens and Greater Than Sports Drink. Follow ups and additional new solicitations ongoing.

Additional Items:

Working with Speedo to obtain an athlete for the joint ISI/Indiana Swimming Senior Mens Camp to be held at The Nat 9/23-9/25.

W/Scott Myers at World Sport/Chicago to meet with Illinois Sports Facilities Authority executive team.

Social network – Facebook and Twitter pages were created and are up and running. During Age Group Champ meet our P.R. liaison was able to capture an inventory of content which will be posted incrementally. Working with sponsors to provide prizes for contest program.

W/Jeff LeVant and Doug Lennox regarding Operating Reserve Policy. Draft will be distributed at meeting with final doc available once we can capture some year-end dollar figures.

Working on Discover OME rebates. Deadline date and notice was email blasted to coaches and will submit for rebates first week of Sept.

Working on a Financial Breakdown related to Championship Meet being held in WI. Awaiting several final expenses. Will have Draft copy available for distribution at meeting.



To: Executive Committee
Fr: Pete Kozura
Re: Report for July 13 Meeting

Championship Meets – Ongoing preparations for Senior Championships, Summer Regional Championships, Age Group Championships and Central Zones. Financial reports outstanding from 2 short course Championship Meets, still pursuing. Resolution to The Swim Team Store/Kiefer conflict at Age Group Championship Meet – ISI to forego \$2,200 of the final sponsorship payment (Aug 31) from The Swim Team Store, along with several email blasts on behalf of TSTS.

USAS Convention – Registrations submitted, hotel rooms reserved, suggest all attending to reserve air fares as soon as possible.

Open Water – will not conduct open water events (Chicago Park District and Big Shoulders) this year. Will work towards holding those and/or other open water meets in 2012 to be in compliance with new USA-S open water rules.

Sponsorships/Partnerships - Conversations regarding renewals ongoing with partners whose agreements end this year. Continued pursuit of new partners. New marketing packet produced and being utilized.



To: Board of Directors
Fr: Pete Kozura
Re: Report for June 15 Meeting

Championship Meets – financial reports outstanding from 3 meets, still pursuing. On site meeting at Rec Plex with Bill Schalz conducted. Follow up with Kiefer about vendor situation at facility. Meet Packets posted on ISI website. Central Zones (Team Illinois) merchandise being ordered and logistics for distribution discussed and finalized with The Swim Team Store.

USAS Convention – Registrations submitted, hotel rooms reserved, suggest all attending to reserve air fares as soon as possible.

USA Swimming/Navy Seals Fitness Challenge - Three events were conducted with over 120 athletes participating. Hope to reinstitute program in the fall.

Rules and Regs Meeting held 6/1 to review Rule Book. Suggest that we reprint rule book again in 2012 based on number of edits.

Open Water – Date is Aug 13 which would allow H.S. girls to participate. Will conduct event as “fun swim”, without sanction, not timed and are entertaining ideas for relays (possibly have relay include coach or other adult). Also working with “Big Shoulders” and Y2K for possible event in conjunction with their event just like last year (Sept 10).

Championship Meet reviews with sponsors/partners. Conversations ongoing with partners whose agreements end this year and continued pursuit of new partners. New marketing packet in the process of being produced.

Resubmittal of LEAP 2 program completed and awarded. Will begin application process for Leap 3 status.

Don Drumm and Carolyn Lambert awards – missing a few years but with the help of Todd Capen and others have been able to fill in the gaps for most years. Missing a few years for Carolyn Lambert (Senior) award and will continue to research. Missing 2001 Short Course for Don Drumm (Age Group) award.



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2012 USAS Convention Recap

Tuesday, Sept 13 and Wednesday, Sept 14

USA Swimming Board of Directors – Bill Schalz and Michael Lawrence, our two representative members on the USA Swimming Board of Directors may offer more detail in their respective reports. Among some of the agenda items: 2012 Budget Review; Capital Contribution to USSIC (United States Sports Insurance Company); Updated Operating Reserve Policy; Investment Update; shifting of Swim-a-Thon from USA to Foundation; new branding initiative for Foundation “Saving Lives/Building Champions”; Golden Goggles will feature Swimming through the decades, highlighting great swimmers from past; Athlete Partnership Program; Presentation from Praesidium regarding Athlete Protection Education Program which began Sept 15; Demonstration of Deck Pass-new initiative which is an online award program for swimmers; iHigh, which is a program that will allow clubs to webcast their respective meets; Open Water discussion centered on sanction process and independent safety monitors.

Wednesday, Sept 14

LSC Development Committee – focus on LEAP Program

Improving LSC effectiveness is one of five major priorities of 2009-2012 Business Plan. The goal is to have LSCs become more effective and efficient in providing programs and services to the athletes, coaches, officials and clubs in their area.

Key strategies include evaluating and redefining LSC roles, responsibilities and priorities and recognizing top-performing LSCs.

The LEAP assessment tool provides a roadmap to LSC effectiveness and success in four key areas:

- Business and Organizational Success
- Volunteer Development
- Club and Coach Development
- Athlete Development

LEAP is divided into three levels with LEAP Level 1 required of all LSC's once per quad. The intent of LEAP Level 1 is:

- To help LSC's self evaluate
- Be sure that LSCs are meeting all requirements outlined in rules, bylaws, etc.

- Be a reminder of what LSCs need to do and provide so that important items don't fall through the cracks with changes in leadership.

LEAP Levels 2 and 3 are voluntary and intended to recognize achievement in various programming and service efforts and encourage all LSCs to take on programming and services that would provide enhanced services to athletes, members and volunteers.

Club Development Committee - membership statistics for athletes, coaches, officials were discussed as well as retention rates (12 and under retention rate is 58%; 13 and over rate is 87%); Officials total approx. 12,000 down 300 from 2010; Coaches totals 13,973 up almost 2,000 primarily P/T. There are 29 clubs with 500 plus members, 181 with 251-500. Discussion followed regarding Coaches Education and whether this should be a USA Swimming mandated item vs individual club responsibility.

Thursday, Sept 15

Make a Splash Workshop-over 1 million kids to date have participated in Make a Splash learn to swim programs nationally, Local Partner programs exist in all but three or four states. Illinois Swimming was lauded for contributing to our Local Partners with a grant last year.

Governance Committee-discussion of committee's current legislative recommendations; review of committee responsibilities which included: look at the governance structure of both the USA HOD and USA BOD, look at voting structure of the HOD in the future, communication within committees, reporting process of committees and changing or amending responsibilities as they are written in Policy Manual.

Athlete Welfare Educational Presentation-presentation of the athlete protection educational component by Praesidium which began on Sept 15. This is now a requirement for all non-athlete members (coaches, officials, etc).

Get Parliamentary Skills-workshop conducted to provide information about Roberts Rules of Orders and procedures that take place during the legislative discussions/voting at HOD meeting.

Central Zones meetings (one meeting on Thursday, another on Friday)-will defer to others for additional information. Team Illinois will be competing in the Central Zones meet to be held at RecPlex, Pleasant Prairie, WI Aug 3-5. Speedo Sectionals will also be held at RecPlex, March 9-11, Speedo Long Course Sectionals to be held in Iowa City, July 18-22. Central Zone Director election held- Dave Anderson from Schroeder Y, WI elected to fill Bill Schalz' position who has term limited this position.

Friday, Sept 16

LSC General Chairs Meeting- breakout groups with focus on three areas: LSC By-Laws; Strategic Planning and LEAP. The strategic planning segment focused on the fact that USA helps by providing LSC's with consultants to work on business operations and strategic plans, by-laws focused on need to have in place and compliance from legal standpoints so that LSC can be granted not-for-profit status under the USA umbrella.

LSC Leadership Workshop – topics included: Organization life cycle, Mission Statement, General Chair job descriptions, leadership qualities, crime insurance policy, consent agendas, whistleblower policy, legal responsibilities of a nonprofit board and crisis management.

USA Swimming Foundation Luncheon – attended with Bob Welch, speakers were Ryan Lochte, Peter VanderKaay and U.S, Olympic Coach Greg Troy emceed by Rowdy Gaines.

Central Zone meeting (see above for recap)

Sports Drink Workshop-conducted by a representative from ASADA. A good representation of athletes were at this workshop. Discussion centered primarily on energy drinks and the hazards thereof. While these drinks may not necessarily be banned or have ingredients that would be considered banned substances, there is a general health concern of utilizing these drinks (kidneys, liver, etc). General message from this workshop to athletes was – beware, read labels, and even then there are so many other names for products such as caffeine and others.

House of Delegates- Memorial presentation for members of the USA Swimming community that passed away during 2010-2011; Report from President-Bruce Stratton, presentations to life members and other awards.

Saturday, Sept 17

House of Delegates- membership report, new legislation, OIOC elections, reports from USSIC, USA Swimming Foundation Budget, Rules and Regulations and State of the Sport report from USA Swimming Executive Director, Chuck Wielgus. Rules and Regulations (as adopted) packet is available as a handout at ISI HOD registration table.

General Chair HOD Report

As 2011 draws to a close, we begin to focus more and more on the penultimate quadrennial event, of Olympic and the trials from which the USA team is chosen. Illinois Swimming will recognize our trial qualifiers later this evening at the Athlete recognition Banquette along with the top athletes for our championship meets and both the long and short course season. I want to take this time to thank Pam, Debbie for all the hard work in making the banquette happen, it is greatly appreciated!

From the reports presented today you can see that we continue to strive to help our coaches, clubs and athletes, thru camps, events and financial support, achieve excellence in swimming as noted in the LSC mission statement. Some the examples of these achievements in addition to our ever growing list of Olympic Trial Qualifiers, include:

Illinois Swimming Athletes Olivia Smoliga, Reed Malone and Danny Thomson representing the United States in the World Junior Swimming Championships held in Lima, Peru.

Kevin Cordes (Fox Valley Swim Team), Conor Dwyer (Lake Forest Swim Club), Matt Elliott (Peoria Area Water Wizards), Reed Malone (New Trier Swim Club), Sean Mathews (NASA Wildcat Aquatics) Danny Thomson (Hinsdale Swim Club) at Senior Nationals all with finishes in the top 20.

Junior National top 20 finishers, Matt Conway (Blue Devil Swim Club) Max Grodecki (New Trier Swim Club), Connie Hsu (Wheaton Swim Club), Daniel Le (Blue Devil Swim Club), Sean Lehane (Academy Bullets Swim Club), Jack Mangan (New Trier Swim Club, Meaghan Popp (St Charles Swim Team), Mimi Schneider (Academy Bullets Swim Club), Clayton Smith (YWCA Flying Fish), Evan Swenson (Naas Wildcat Aquatics).

Central Zones Combined Team Championship (4 times in a row)

Congratulations to all of our athletes on a job well done!

On the business side we are also following the mission statement. The 2012 budget is included for adoption and ratification by the HOD. This budget, thru the hard work and diligence of the committee chairs, is balanced, without restricting growth or development. The 2011 budget ended with a surplus and we will be presenting our recommendations for how of this should be applied along with the budget for approval today.

It should be noted that Peter has diligently worked to obtain sponsors to help offset budget items and as shown in the 2011 financial report he obtained \$70K plus in sponsorship dollars, and even more if we include the in-kind donations, such as banquette items (significant reduction in cost to just over \$12). For 2012 he has projected an even greater amount of \$85K which was a significant amount to help provide a balanced budget without raising any cost of membership. Great Job Peter!

Along the Athlete Protection side of the house all non athlete members are required to pass an on line education component, which must be completed by all non athlete members by December 31. 2011. In addition to this, rules changes were adopted regarding athlete protection and this will be covered further in other reports and by Bob Kizer and/or Dave Stephens.

As you can see we have accomplished much, but we can always improve. Remember the Board of Directors is elected by you the members. Please keep send your thoughts and comments on our performance as we are always trying to improve.

Respectfully Submitted

Bob Welch

United States Aquatic Sports Convention

Jacksonville, FL

This year Illinois Swimming had one of the largest delegations we have taken that I can remember. This allowed us to have participants in almost every committee meeting and workshop, which is important towards the better understanding of what is happening in our sport and the direction USA swimming might be moving in.

I was fortunate enough to attend the Board of Directors meeting, on Tuesday and learned about Deck Pass which is the rebranded My USA Swimming account people had, with an award system where swimmers can earn patches. In addition the new athlete protection education component was reviewed and released, as in mandatory for all non athlete members to complete by Dec 31, 2011. (Takes about 1 hour) I attended meetings with the other LSC general chairs where we discussed topics of concern to all LSC and also had an opportunity to meet Frank Busch, National Team Director,

LSC development committee (Jane Grosser Member) which covered the LSC Evaluation & Achievement Program, Make A Splash (recognized our LSC for generous contribution), Governance Committee in which Jim Woods Past President USA Swimming and Bruce Stratton Current President USA Swimming spoke about the needs of OIOC (Olympic International Operating Committee, Rules Committee) coordinator should have a voice on the Board of Directors and also on the role of the National Team Director in appointing members to the steering committee.

During the Central Meetings we again got to meet the National Team Director and decision where made on format and locations of upcoming zone meets after presentation of bids by the host cities. At the House of Delegates meeting we passed some significant legislative items regarding athlete protection and open water sanction and safety. Others items were passed that will affect sanctioning and wording on meet packets, bullying, inappropriate sexual conduct, sexual misconduct which will be communicated to all clubs in a separate mailing in the near future.

In addition to the convention items it was also a time for our LSC board of Directors to spend time together, for almost an entire week focused on a sport that we are all passionate about. Many discussions were held, across many topics and some of these will be adopted into the future plans of the LSC.

Regards,

Bob Welch



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ILLINOIS SWIMMING HOUSE OF DELEGATES

SENIOR VICE-CHAIR REPORT, 10/9/2011

2011 Senior Championship: Many thanks to Karl and the Patriot Aquatic Club organization for their continued efforts in hosting outstanding Championship level meets. All sessions ran according to the time lines and were all "A" only sessions. Once again our meets run professionally due to our office personal and outstanding Officials.

2012 Senior Championship Time Standards: Time standards are in your packet and are pending HOD approval.

2012 SC Senior Championships: Westmont Swim Club is our meet host with the location at UIC. Date of the Championship is March 1-4, 2012. The meet will be conducted in SC Yards.

2012 LC Senior Championships: The SR Committee received three bids from HEAT, LFSC, and Midway Aquatics. The SR Committee and IL BOD recommend Midway Aquatics @ University of Chicago. Pending HOD approval.

Sectionals/JR Nationals/ Nationals: Important information and dates are covered in the US Swimming Convention Reports.

2011-2013 Senior Camps: 2011 Illinois/Indiana Swimming Olympic Developmental Challenge held September 23-25, 2011 was a great success. Illinois & Indiana Swimming combined resources and brought together forty-six athletes (20 IL), six coaches, and two managers. Athletes were broken down into three major training groups Sprinters, Stroke, and Mid-Distance / Distance. Each coach contribute an article for the binder and gave a presentation. Todd did the hard work and brought it all together! Also, many thanks to US Swimming for sponsoring the event by sending Rick Bishop. Rick was very motivational and elevated the educational component of the event. Two time Olympian Mark Gangloff gave the event an additional boost with his insight and willingness to spend time with the athlete and coaches. As advertised Mark trained with the athletes and worked with them in the pool. He is awesome! Many thanks to our staff members Matt Rowe, Chris Bertana, and Todd Capen for their time and efforts, they are truly professionals! Indiana Swimming was a perfect partner for the project. Lead by Tony Young, he and their coaching staff were energetic and well prepared every day!

2012 Illinois/Wisconsin Olympic Developmental Challenge. Illinois Swimming this time will be joining Wisconsin Swimming to hold a camp for our Women athletes. The format will mirror our Men's Camp held with Indiana. You can view the Men's Camp itinerary and cover letter on the ISI website under "SENIOR". We are targeting the weekend of January 6-8, 2012. Application and details will be posted by November 1, 2011.

2013 Senior Camp: We plan to return to the Olympic Training Center on May 2-5, 2013. Our application has been submitted, many thanks to Pam.

Illinois Hall of Fame: Information has been brought forward by the Sr Committee along with a proposal from the International Hall of Fame to the BOD.

2011-2012 Club Support and Preparatory Program: Reminder, Illinois Swimming will sponsor an additional preparatory meet this coming year. Coach/athlete can add one additionally supported meet of their choosing in either the SC, or LC season. Information details and forms can be located on the ISI website.

Submitted by, Dave Krotiak

UNITED STATES AQUATIC / SWIMMING CONVENTION

JACKSONVILLE, FL. / September 12-18, 2011

Senior Development / Steering Committee: Both SR & JR National Meets have grown to approximately 1,800 athletes each. Without any changes the number of venues would be very limited and unsustainable. This past summer two 50 meter pools were used for prelim competitions and time trials. In addition three 25 yard pools were used for warm-ups and cool downs. With direction from Frank Busch and the Steering Committee both meets will be down sized to 1,000 athletes at LC Nationals/US Open, and 1,200 athletes at LC JR Nationals. Time standards for the 2012 LC US Open will mirror the Olympic Trials. At the time there is very little consideration to split LC JR Nationals into two – three sites. Time standards (LC) will be adjusted starting in 2012 with more dramatic adjustments in 2013. This will have a ripple with other meets such as Sectionals, SR Zones, and possibly our State Meet.

National Meets: Senior National's title will be changed to National Championships. ONLY LC TIMES WILL BE ACCEPTED FOR "LC NATIONALS/US OPEN MEETS" the same as Olympic Trials. Finals will remain A/B/C. However, the "C" Final will be 18 & Under. 18 & Under's making the A/B Final may not drop down into the "C" Final. If the "C" Final is not filled with 18 & U athletes it will then be filled with 19 year olds, then 20 year olds, etc. You must be a US citizen to compete in Finals. The increasing age at Nationals is a concern in regards to the development of our young national level athletes. The move to an 18 & U "C" Final, and maintaining the two bonus events will provide a better opportunity. Always check the meet information for "bonus" time standards, NO "bonus" events for 19 & Older. All National JR Teams and US National Camps will be chosen off of Nationals only. This coming LC US Open, and Jr Nationals will be held in Indianapolis.

Camps: Frank Busch stated, there will be additional US Swimming sponsored camps held at the Olympic Training Center, another move to help develop our best 18 & Unders. This is in addition to the National Select Camp. The target group is individual champions and their coaches selected from JR Nationals. Consideration and a formula to include athletes and coaches from Nationals is being worked on. In addition the Jr National Team Champion will also be provided a special opportunity just for their Team.

Jack Roach reported there will be an April Camp at the OTC for National JR Team members that didn't go to Peru. Direct lines of camp progressions will become more transparent in the future. LSC Camps will no longer receive funding from the USOC. World Cup Teams need to include LSC funding.

Grand Prix Meets: All meets 2011/2012 will be conducted in LC.

Sectionals: LC Sectional Finals A/B/C will mirror our National/US Open Championships for the same reasons. The March Speedo Sectional Meet hosted by Lake Forest Swim Club, at the RecPlex, Kenosha, WI, March 9-11, 2012 will be conducted in LC. Sites have been established for 2012-2013 with dates pending approval. Sites are listed below

SC 2012: LFSC/Pleasant Prairie @ RecPlex, Kenosha, WI, 3/9-11/2012

LC 2012: University of Iowa, Iowa City, IA, (dates pending 7/19-22/2012)

SC 2013: Waukesha Express @ Waukesha, WI

LC 2013: University of Minnesota @ Minneapolis, MN

Central Zone Diversity Select Camp: To be held in Oklahoma City, Oklahoma, on June 7-10, 2012. Each LSC will be represented by two athletes, one LSC Coach, and one LSC Diversity Chair/Coordinator. The deadline for submitting our participants is March 15, 2012.

Club Development: The Committee and the attendees were split down the middle regarding mandatory education/continue education for coaches. Some members suggested continuing education requirements would add to professionalism, increase salaries, force swim team BOD to provide a line item on their budgets. The other side stated educational protocol, motivation, and opportunities should be driven by the Head Coach and supported by the BOD. This is supported by John Leonard (ASCA). John stated education should be inspired and not forced. There are many different avenues to learning; conventions, well established clinics, free online clinics, online clinic libraries, and good old dvds. Mandatory education might also affect very small clubs that have smaller budgets and have a hard time hiring help, usually teenagers.

Have an awesome day, Dave Krotiak

Illinois Swimming Senior Vice-Chair



AGE GROUP VICE-CHAIR REPORT HOD – Oct. 9th, 2011



2011 LC Championship Meets Recap: Thank you to all the championship meet host clubs (Delta Aquatics, Lincoln-Way Swim Association, Midway Aquatic Club, and Academy Bullets Swim Club), all meet volunteers, all IL Swimming officials, and more for putting together another great championship meet series for all our athletes. Congratulations to Team Illinois Swimmers and Coaches for another 14 & Under Zone Championships! The Age Group Committee would also like to thank all the coaches who contacted committee members with suggestions on how we can improve the overall experience for all involved with Illinois Swimming.

2012 LC Regional Championships: The Age Group Committee received 5 bids for the 2012 LC Regional Championship Meet; Chicago Wolfpack Aquatic Club at University of Illinois Chicago Natatorium, Delta Aquatics at Oswego East High School, Lincoln-Way Swim Association at Lincoln-Way Central High School, Midway Aquatic Club at University of Chicago and Northside Aquatics Club at Northside College Prep High School. Midway Aquatic Club withdrew their bid when they were awarded the recommendation of the Senior Committee to host the 2012 LC Senior Championship Meet. *The bids being recommended to the House of Delegates for the 2012 LC Regional Championships are Chicago Wolfpack Aquatic Club, Delta Aquatics, Lincoln-Way Swim Association and Northside Aquatics Club.* The Age Group Committee feels with the growth in participation of the LC Regional Championship that a fourth site is in need, which is why we suggesting 4 sites instead of the usual 3 sites awarded the past two years. Team assignments will be available at the Spring 2012 HOD Meeting.

2012 LC Age Group Championships: The Age Group Committee received 1 bid to host the 2012 LC Age Group Championship Meet a co-host bid from Blue Devil Swim Club and Academy Bullets Swim Club. This bid is for a four day meet format, at the Pleasant Prairie Aquatic Center, Pleasant Prairie, WI. *This is the bid being recommended to the House of Delegates for the 2012 LC Age Group Championships.*

2012 SC Regional Championship Meets: The host clubs and sites for the 2012 SC Regional Championships are Fox Valley Swim Team at Neuqua Valley High School, Glenbrook Aquatics at Glenbrook North High School, Hickory Willow Swim Association at Stagg High School, Lincoln-Way Swim Association at Lincoln Way East High School, Scout Aquatics at Lake Forest High School and Springfield USA Swimming at Eisenhower Pool, February 24th thru 26th, 2012. Team assignments are available with this report and will be posted to the ISI web site after the Fall 2011 HOD. Meet information will be made available on the Illinois Swimming web site soon after the Fall 2011 HOD.

2012 SC Age Group Championships: The host club for the 2012 SC Age Group Championships is Palatine Park District at the University of Illinois – Chicago Natatorium, March 9th thru 11th, 2012. Meet information will be made available on the Illinois Swimming web site soon after the Fall 2011 HOD.

SC Age Group Championships Event Proposal:

A new format for the SC Age Group Championship Meet has been brought to the Age Group Committee from Jeremy Meserole (NTSC). After looking at the Event Order the Age Group Committee is bringing this event order to the HOD for their consideration.

Suggested Changes to the SC Age Group Championship Meet Format –

- 3 ¼ day format
- Thursday would include 13-14 1000 Free
- Eliminate 1650 Free from format
- Relays at the end of the AM Sessions
- 10 & Unders compete in a 3 day format
- 10 & Under Relays would be held on Saturday and Sunday

New Time Standards: Proposed 2011-2012 Age Group Time Standards are included with this report. All Time Standards that have changed have been highlighted.

Illinois Swimming Coaches Wanted for Camps and Zone Staff: Illinois Swimming is always in need of Coaches who are interested in participating on the LSC Level. A great way to get involved is either with our Great Camp system or with the Team Illinois Staff. Please contact the Age Group Chair if you would like to be a member of this year's coaching staff for any of our camps or Team Illinois Zone Staff.



AGE GROUP VICE-CHAIR REPORT HOD – Oct. 9th, 2011



USASC (United States Aquatic Sports Convention):

Thank you for the opportunity to represent Illinois Swimming at the 2011 United States Aquatic Sports Convention; it is always a great experience to see our organization operate on a National Level.

Information from the 2011 Convention

- Age Group Development included discussion of LSC safety and warm-up procedures at meets, different meet formats and length of meets, retention of athletes after an Olympic year, USA Swimming and Long Term Development of Athletes, Distance Swimming Progression and IMXtreme Challenge Meets (Indianapolis, IN).
- Central Zone Information; August 3, 4 & 5, 2012 14 & Under Zone Championship Meet, Illinois Swimming will attend the meet held in Pleasant Prairie, WI at the Pleasant Prairie Aquatic Center. August 3-5, 2012 Senior Zone Championship Meet will be held in Lawrence, KS.
- Open Water Swimming Seminar included information on Meet application, Dr. Miller discussing Health issuer with open water swimming and Ohio Swimming Safety Plan for Open Water Competition.
- Observations on Swimming with Russell Mark.

Submitted by:
Jon Cabel
Age Group Vice-Chair
jcabel@stcswim.com



Illinois Swimming 2011-2012 Time Standards



| GIRLS | | | | | | 10&Under | BOYS | | | | | |
|----------|----------|----------|----------|----------|----------|----------------|----------|----------|----------|----------|----------|----------|
| LCM | | SCM | | SCY | | | SCY | | SCM | | LCM | |
| CHMP | REG | CHMP | REG | CHMP | REG | CHMP | REG | CHMP | REG | CHMP | REG | |
| 34.79 | 38.29 | 33.49 | 36.79 | 30.19 | 33.19 | 50 Free | 30.19 | 33.19 | 33.49 | 36.79 | 34.89 | 38.39 |
| 1:17.59 | 1:25.39 | 1:14.79 | 1:22.29 | 1:07.39 | 1:14.09 | 100 Free | 1:06.59 | 1:13.29 | 1:13.89 | 1:21.29 | 1:18.29 | 1:26.09 |
| 2:49.89 | 3:06.89 | 2:44.49 | 3:00.99 | 2:28.19 | 2:42.09 | 200 Free | 2:27.79 | 2:42.59 | 2:44.09 | 3:00.49 | 2:51.89 | 3:09.09 |
| 5:49.29 | 7:42.09 | 5:39.79 | 7:26.79 | 6:28.29 | 8:30.49 | 400/500 Free | 6:28.29 | 8:25.49 | 5:39.79 | 7:22.69 | 5:49.29 | 7:38.49 |
| 41.69 | 45.89 | 39.89 | 43.89 | 35.89 | 39.49 | 50 Back | 35.99 | 39.59 | 39.99 | 43.99 | 42.09 | 46.29 |
| 1:30.19 | 1:39.19 | 1:25.59 | 1:34.19 | 1:17.09 | 1:24.79 | 100 Back | 1:17.79 | 1:25.59 | 1:26.39 | 1:34.99 | 1:31.49 | 1:40.59 |
| 46.89 | 51.59 | 44.49 | 48.89 | 40.09 | 44.09 | 50 Breast | 41.09 | 45.19 | 45.59 | 50.19 | 48.59 | 53.49 |
| 1:42.89 | 1:53.19 | 1:37.49 | 1:47.19 | 1:27.79 | 1:36.59 | 100 Breast | 1:30.59 | 1:39.69 | 1:40.59 | 1:50.69 | 1:46.79 | 1:57.49 |
| 39.39 | 43.29 | 37.79 | 41.59 | 34.09 | 37.49 | 50 Fly | 34.29 | 37.69 | 38.09 | 41.89 | 40.49 | 44.49 |
| 1:34.29 | 1:43.69 | 1:28.79 | 1:37.69 | 1:19.99 | 1:27.99 | 100 Fly | 1:21.49 | 1:29.59 | 1:30.49 | 1:39.49 | 1:38.09 | 1:47.89 |
| | | 1:25.79 | 1:34.39 | 1:17.29 | 1:24.99 | 100 IM | 1:17.99 | 1:25.79 | 1:26.59 | 1:35.29 | | |
| 3:13.89 | 3:33.29 | 3:05.69 | 3:24.29 | 2:47.29 | 3:03.99 | 200 IM | 2:49.69 | 3:06.69 | 3:08.39 | 3:27.19 | 3:17.69 | 3:37.49 |
| 2:30.29 | | 2:22.59 | | 2:08.49 | | 200 Free Relay | 2:10.59 | | 2:24.99 | | 2:35.59 | |
| 2:50.99 | | 2:41.19 | | 2:25.19 | | 200 Med. Relay | 2:28.29 | | 2:44.59 | | 2:57.89 | |
| LCM | | SCM | | SCY | | 11/12 | SCY | | SCM | | LCM | |
| CHMP | REG | CHMP | REG | CHMP | REG | | CHMP | REG | CHMP | REG | CHMP | REG |
| 31.19 | 34.29 | 30.29 | 33.29 | 27.19 | 29.99 | 50 Free | 26.89 | 29.59 | 29.89 | 32.89 | 31.09 | 34.19 |
| 1:08.09 | 1:14.89 | 1:05.69 | 1:12.29 | 59.19 | 1:05.09 | 100 Free | 58.79 | 1:04.69 | 1:05.29 | 1:11.79 | 1:08.59 | 1:15.49 |
| 2:28.59 | 2:43.49 | 2:23.69 | 2:38.09 | 2:09.49 | 2:22.39 | 200 Free | 2:09.29 | 2:22.19 | 2:23.49 | 2:37.79 | 2:30.39 | 2:45.39 |
| 5:15.59 | 5:47.19 | 5:04.39 | 5:34.79 | 5:47.89 | 6:22.69 | 400/500 Free | 5:49.79 | 6:24.79 | 5:06.19 | 5:36.79 | 5:21.59 | 5:53.79 |
| 36.69 | 40.39 | 35.09 | 38.59 | 31.59 | 34.79 | 50 Back | 31.49 | 34.59 | 34.99 | 38.49 | 37.09 | 40.79 |
| 1:18.99 | 1:26.89 | 1:14.89 | 1:22.39 | 1:07.49 | 1:14.19 | 100 Back | 1:07.79 | 1:14.59 | 1:15.29 | 1:22.79 | 1:20.29 | 1:28.29 |
| 2:46.69 | 3:30.79 | 2:40.29 | 3:22.49 | 2:24.39 | 3:03.29 | 200 Back | 2:27.59 | 2:59.39 | 2:43.79 | 3:18.29 | 2:49.09 | 3:30.29 |
| 41.39 | 45.49 | 39.19 | 43.09 | 35.29 | 38.79 | 50 Breast | 35.69 | 39.29 | 39.59 | 43.59 | 42.19 | 46.39 |
| 1:30.59 | 1:39.69 | 1:25.49 | 1:33.99 | 1:16.99 | 1:24.69 | 100 Breast | 1:18.19 | 1:25.99 | 1:26.79 | 1:35.49 | 1:33.29 | 1:42.59 |
| 3:10.09 | 3:57.59 | 3:03.79 | 3:49.09 | 2:45.59 | 3:27.29 | 200 Breast | 2:53.19 | 3:21.79 | 3:12.19 | 3:42.99 | 3:18.69 | 3:54.69 |
| 34.29 | 37.69 | 33.29 | 36.59 | 29.99 | 32.99 | 50 Fly | 29.99 | 32.99 | 33.29 | 36.59 | 34.79 | 38.29 |
| 1:19.09 | 1:26.99 | 1:14.79 | 1:22.29 | 1:07.39 | 1:14.09 | 100 Fly | 1:08.09 | 1:14.89 | 1:15.59 | 1:23.19 | 1:20.99 | 1:29.09 |
| 2:53.59 | 3:33.09 | 2:51.59 | 3:25.89 | 2:34.59 | 3:06.29 | 200 Fly | 2:45.89 | 3:04.69 | 3:04.19 | 3:24.09 | 3:06.29 | 3:30.99 |
| | | 1:15.59 | 1:23.19 | 1:08.09 | 1:14.89 | 100 IM | 1:08.59 | 1:15.49 | 1:16.09 | 1:23.69 | | |
| 2:49.09 | 3:05.99 | 2:42.39 | 2:58.59 | 2:26.29 | 2:40.89 | 200 IM | 2:28.09 | 2:42.89 | 2:44.39 | 3:00.79 | 2:52.29 | 3:09.49 |
| | 7:32.09 | | 7:15.79 | | 6:34.39 | 400 IM | | 6:27.29 | | 7:07.99 | | 7:28.29 |
| 4:47.99 | | 4:34.69 | | 4:07.49 | | 400 Free Relay | 4:12.99 | | 4:40.79 | | 5:00.29 | |
| 5:24.99 | | 5:08.59 | | 4:37.99 | | 400 Med. Relay | 4:44.99 | | 5:16.29 | | 5:43.59 | |
| LCM | | SCM | | SCY | | 13/14 | SCY | | SCM | | LCM | |
| CHMP | REG | CHMP | REG | CHMP | REG | | CHMP | REG | CHMP | REG | CHMP | REG |
| 29.89 | 32.89 | 28.69 | 31.59 | 25.89 | 28.49 | 50 Free | 24.19 | 26.59 | 26.89 | 29.59 | 28.29 | 31.09 |
| 1:04.59 | 1:11.09 | 1:02.39 | 1:08.59 | 56.19 | 1:01.79 | 100 Free | 52.79 | 58.09 | 58.59 | 1:04.49 | 1:01.59 | 1:07.79 |
| 2:20.49 | 2:34.49 | 2:14.69 | 2:28.19 | 2:01.39 | 2:13.49 | 200 Free | 1:55.49 | 2:06.99 | 2:08.19 | 2:20.99 | 2:15.39 | 2:28.89 |
| 4:57.49 | 5:27.19 | 4:46.29 | 5:14.89 | 5:27.19 | 5:59.89 | 400/500 Free | 5:15.29 | 5:46.79 | 4:35.89 | 5:03.49 | 4:50.39 | 5:19.39 |
| 10:23.79 | 11:26.19 | 9:59.99 | 10:59.99 | 11:25.69 | 12:34.29 | 800/1000 Free | 11:08.19 | 12:14.99 | 9:44.69 | 10:43.19 | 10:11.99 | 11:13.19 |
| 19:44.99 | 21:43.49 | 19:15.09 | 21:10.59 | 19:08.19 | 21:02.99 | 1500/1650 Free | 18:38.29 | 20:30.09 | 18:44.99 | 20:37.49 | 19:21.99 | 21:18.19 |
| 1:14.79 | 1:22.29 | 1:10.49 | 1:17.49 | 1:03.49 | 1:09.79 | 100 Back | 1:00.59 | 1:06.69 | 1:07.29 | 1:13.99 | 1:11.99 | 1:19.19 |
| 2:41.09 | 2:57.19 | 2:32.79 | 2:48.09 | 2:17.69 | 2:31.49 | 200 Back | 2:12.59 | 2:25.89 | 2:27.19 | 2:41.89 | 2:35.39 | 2:50.89 |
| 1:25.39 | 1:33.89 | 1:20.49 | 1:28.49 | 1:12.49 | 1:19.69 | 100 Breast | 1:09.09 | 1:15.99 | 1:16.69 | 1:24.39 | 1:22.69 | 1:30.99 |
| 3:04.09 | 3:22.49 | 2:55.39 | 3:12.89 | 2:37.99 | 2:53.79 | 200 Breast | 2:31.69 | 2:46.89 | 2:48.39 | 3:05.19 | 3:00.19 | 3:18.19 |
| 1:13.29 | 1:20.59 | 1:09.89 | 1:16.89 | 1:02.99 | 1:09.29 | 100 Fly | 59.59 | 1:05.59 | 1:06.09 | 1:12.69 | 1:10.69 | 1:17.79 |
| 2:48.19 | 3:04.99 | 2:39.49 | 2:56.39 | 2:23.69 | 2:38.09 | 200 Fly | 2:18.09 | 2:31.89 | 2:33.29 | 2:48.59 | 2:45.69 | 3:02.29 |
| 2:40.39 | 2:56.39 | 2:33.59 | 2:48.99 | 2:18.39 | 2:32.19 | 200 IM | 2:11.89 | 2:25.09 | 2:26.39 | 2:40.99 | 2:34.99 | 2:50.49 |
| 5:42.09 | 6:16.29 | 5:28.29 | 6:01.09 | 4:55.79 | 5:25.39 | 400 IM | 4:45.79 | 5:14.39 | 5:17.19 | 5:48.89 | 5:33.79 | 6:07.19 |
| 4:28.89 | | 4:16.19 | | 3:50.79 | | 400 Free Relay | 3:41.49 | | 4:05.89 | | 4:20.69 | |
| 9:46.89 | | 9:20.29 | | 8:24.79 | | 800 Free Relay | 8:09.19 | | 9:02.99 | | 9:32.29 | |
| 5:02.79 | | 4:45.19 | | 4:16.89 | | 400 Med. Relay | 4:06.69 | | 4:33.79 | | 5:00.79 | |
| LCM | | SCM | | SCY | | Senior | SCY | | SCM | | LCM | |
| CHMP | REG | CHMP | REG | CHMP | REG | | CHMP | REG | CHMP | REG | CHMP | REG |
| 29.29 | 32.19 | 28.09 | 30.89 | 25.29 | 27.79 | 50 Free | 22.69 | 24.99 | 25.19 | 27.69 | 26.69 | 29.39 |
| 1:03.59 | 1:09.99 | 1:00.79 | 1:06.89 | 54.79 | 1:00.29 | 100 Free | 49.29 | 54.19 | 54.69 | 1:00.19 | 57.59 | 1:03.39 |
| 2:17.09 | 2:30.79 | 2:11.89 | 2:25.09 | 1:58.79 | 2:10.69 | 200 Free | 1:48.59 | 1:59.49 | 2:00.49 | 2:12.49 | 2:06.59 | 2:19.29 |
| 4:50.69 | 5:19.79 | 4:37.79 | 5:05.59 | 5:17.49 | 5:49.19 | 400/500 Free | 4:57.09 | 5:26.79 | 4:19.99 | 4:45.99 | 4:33.89 | 5:01.29 |
| 10:08.09 | 11:08.89 | 9:50.29 | 10:49.29 | 11:14.59 | 12:22.09 | 800/1000 Free | 10:39.99 | 11:56.09 | 9:10.59 | 10:26.59 | 9:26.79 | 10:23.49 |
| 19:16.99 | 21:12.69 | 18:56.79 | 20:50.49 | 18:49.99 | 20:42.99 | 1500/1650 Free | 17:51.99 | 19:39.19 | 17:58.39 | 19:46.19 | 18:15.99 | 20:05.59 |
| 1:12.99 | 1:20.29 | 1:09.09 | 1:15.99 | 1:02.29 | 1:08.49 | 100 Back | 57.19 | 1:02.89 | 1:03.49 | 1:09.79 | 1:08.59 | 1:15.49 |
| 2:38.69 | 2:54.59 | 2:29.29 | 2:44.19 | 2:14.49 | 2:27.89 | 200 Back | 2:05.89 | 2:18.49 | 2:19.69 | 2:33.69 | 2:29.19 | 2:44.09 |
| 1:23.49 | 1:31.79 | 1:19.19 | 1:27.09 | 1:11.29 | 1:18.39 | 100 Breast | 1:04.69 | 1:11.19 | 1:11.79 | 1:18.99 | 1:16.59 | 1:24.29 |
| 3:00.69 | 3:18.79 | 2:52.59 | 3:09.89 | 2:35.49 | 2:50.99 | 200 Breast | 2:24.29 | 2:38.69 | 2:40.19 | 2:56.19 | 2:50.09 | 3:07.09 |
| 1:11.19 | 1:18.29 | 1:08.39 | 1:15.19 | 1:01.59 | 1:07.79 | 100 Fly | 55.29 | 1:00.79 | 1:01.39 | 1:07.49 | 1:04.59 | 1:11.09 |
| 2:39.99 | 2:55.99 | 2:34.99 | 2:50.49 | 2:20.29 | 2:34.29 | 200 Fly | 2:09.59 | 2:22.59 | 2:23.79 | 2:38.19 | 2:33.89 | 2:49.29 |
| 2:37.19 | 2:52.89 | 2:28.99 | 2:43.89 | 2:14.19 | 2:27.59 | 200 IM | 2:03.69 | 2:16.09 | 2:17.29 | 2:30.99 | 2:26.79 | 2:41.49 |
| 5:38.79 | 6:12.69 | 5:22.09 | 5:54.29 | 4:50.19 | 5:19.19 | 400 IM | 4:32.29 | 4:59.49 | 5:02.19 | 5:32.39 | 5:16.19 | 5:47.79 |
| 4:23.99 | | 4:09.29 | | 3:44.59 | | 400 Free Relay | 3:23.09 | | 3:45.39 | | 3:58.59 | |
| 9:29.99 | | 9:02.69 | | 8:08.89 | | 800 Free Relay | 7:31.49 | | 8:21.19 | | 8:54.79 | |
| 4:55.99 | | 4:34.69 | | 4:07.49 | | 400 Med. Relay | 3:44.19 | | 4:08.89 | | 4:33.89 | |



2012 Winter Regional Championship Team Assignments



| <i>FOX Regional</i> |
|---------------------|
| <i>AA</i> |
| <i>BLFN</i> |
| <i>BRRY</i> |
| <i>BTS</i> |
| <i>DCST</i> |
| <i>DLTA</i> |
| <i>FAST</i> |
| <i>FOX</i> |
| <i>MAVS</i> |
| <i>NAPY</i> |
| <i>RMSC</i> |
| <i>SSSC</i> |
| <i>ULT</i> |
| <i>WCS</i> |
| <i>WHTN</i> |
| <i>WSCS</i> |
| <i>WWAC</i> |

| <i>GA Regional</i> |
|--------------------|
| <i>BEST</i> |
| <i>BSC</i> |
| <i>COHO</i> |
| <i>DPRC</i> |
| <i>DUND</i> |
| <i>ECST</i> |
| <i>EGRC</i> |
| <i>ELY</i> |
| <i>EST</i> |
| <i>FAST</i> |
| <i>GA</i> |
| <i>GTAC</i> |
| <i>MCY</i> |
| <i>MMAC</i> |
| <i>PALA</i> |
| <i>PPD</i> |
| <i>SCST</i> |
| <i>SPD</i> |
| <i>WDST</i> |

| <i>HWSA Regional</i> |
|----------------------|
| <i>BSA</i> |
| <i>CLSC</i> |
| <i>CPD</i> |
| <i>CSSC</i> |
| <i>CWAC</i> |
| <i>GILS</i> |
| <i>HOSC</i> |
| <i>HSC</i> |
| <i>HWSA</i> |
| <i>IGSC</i> |
| <i>KAST</i> |
| <i>KNAC</i> |
| <i>LACS</i> |
| <i>LU</i> |
| <i>LYON</i> |
| <i>MDWY</i> |
| <i>OFSA</i> |
| <i>OLSA</i> |
| <i>PASS</i> |
| <i>POSA</i> |
| <i>RASC</i> |
| <i>TOPS</i> |
| <i>Y2K</i> |

| <i>LWSA Regional</i> |
|----------------------|
| <i>ACAD</i> |
| <i>BBSC</i> |
| <i>BOLT</i> |
| <i>CHMP</i> |
| <i>EMSC</i> |
| <i>ERSC</i> |
| <i>EXPR</i> |
| <i>HFSC</i> |
| <i>HTSW</i> |
| <i>JAMS</i> |
| <i>JETS</i> |
| <i>JPD</i> |
| <i>LHSC</i> |
| <i>LPD</i> |
| <i>LWSA</i> |
| <i>MBLM</i> |
| <i>NAC</i> |
| <i>RBSC</i> |
| <i>TPT</i> |
| <i>UICA</i> |
| <i>WEST</i> |

| <i>SCT Regional</i> |
|---------------------|
| <i>BDSC</i> |
| <i>BLUE</i> |
| <i>CATS</i> |
| <i>ERSC</i> |
| <i>HPAC</i> |
| <i>LATT</i> |
| <i>LEAN</i> |
| <i>LFSC</i> |
| <i>MMSC</i> |
| <i>MYST</i> |
| <i>NASA</i> |
| <i>NTSC</i> |
| <i>NU</i> |
| <i>OLPH</i> |
| <i>PAC</i> |
| <i>SCT</i> |
| <i>SWAQ</i> |
| <i>WILD</i> |
| <i>WSO</i> |
| <i>YWFF</i> |

| <i>SUSA Regional</i> |
|----------------------|
| <i>BNSC</i> |
| <i>BNY</i> |
| <i>CIA</i> |
| <i>DDST</i> |
| <i>DOCS</i> |
| <i>DSC</i> |
| <i>HEAT</i> |
| <i>JAXY</i> |
| <i>LYNX</i> |
| <i>MARL</i> |
| <i>MSSC</i> |
| <i>OCS</i> |
| <i>PAWW</i> |
| <i>RED</i> |
| <i>RIOS</i> |
| <i>SBD</i> |
| <i>SPY</i> |
| <i>SST</i> |
| <i>SUSA</i> |



Coaches Representative Report Fall HOD October 9, 2011

Athlete Protection Education

All current coaches and Non Athlete members are now required to take the Athlete Protection Education course before December 31, 2011. It is located on the USA Swimming website on the Athlete Protection page. All new coaches must take this before they are allowed to register.

<http://usaswimming.org/DesktopDefault.aspx?TabId=1960&Alias=Rainbow&Lang=en-US>

Certifications

Coaches, please be sure to check your CPR, First aid, Safety and Background credentials to be sure to be up to date before registering.

Racing Start Certification

A reminder that all Coaches must conduct a Racing Start certification for your athletes. This is especially true for newer members of your team. Failure to do so could jeopardize the Club and Coach Insurance coverage. Forms are located on the Risk Management page of the USA Swimming site.

<http://www.usaswimming.org/DesktopDefault.aspx?TabId=1622&Alias=Rainbow&Lang=en>

Camps

If any Coaches are interested in working any of the Age group Camps, please contact the Age group committee and Fill out the Form on The Illinois swimming website in the Forms section. We are always looking for new Coaches to help out with these important pieces of our Age group development.

Deck Pass

A new program has been developed and still being developed) from USa Swimming called Deck Pass. It is a way for coaches to award swimmers patches through the USA swimming website. This is similar to getting patches in years past for time standards. Coaches can modify the patches to suit the qualities and achievements that they want to award their swimmers. This looks to be a great incentive program. Log onto USA swimming to get started



A Local Swim Committee of USA Swimming

PROGRAM OPS

Board of Directors / HOD Report

October 9, 2010

Please refer to previous BOD reports for activities during 2011.

Accomplishments and initiatives being planned for 2011-12:

Diversity and Disability

- ∩ Please see the Disability Committee Report for further information. In conjunction with USA Swimming initiatives and Marilyn Wieland and Jennifer Durrant-Matos (co-Disability Chairs), we will continue to identify opportunities for participation and develop/expand disability programs for ISI.
- ∩ Please see the Diversity Committee Report for update on activities. In conjunction with USA Swimming initiatives and Kiki Hernandez (Diversity Chair), we will continue to identify opportunities for participation and develop/expand diversity programs for ISI.

Officials

- ∩ Please refer to the Officials Committee Report for Retention and Recruitment rates of ISI Officials. We will continue to work with the Officials Committee to facilitate communication and promote the value of volunteering as an official for our athletes and sport.
- ∩ We are now implementing the Athlete Protection Education requirements for ISI Officials during the 2012 registration process.
- ∩ We will continue to create visibility and encourage our officials to participate in N2 & N3 Certification Programs and support opportunities for advancement of our officials through mentoring, evaluation and experience at Zone, Sectional, Grand Prix and National Championship Meets.

Championship Meets

- ∩ Support the Age Group/Senior Committees, ISI staff and Host Clubs in organizing and executing our 2012 Short and Long Course ISI Championship Meets.
- ∩ In collaboration with Pete Kozura, continue to expand implementation of ISI Championship Meet Evaluation forms for feedback to assess meet organization, overall performance and to identify areas for improvement. Responses, when compiled, will be reported by Pete to the BOD.

Other Operational Opportunities

- ∩ Participate on the ISI Rules and Regulations Committee. Review and propose ISI Rule changes and housekeeping items to be adopted at the Fall 2011 HOD. Assist to incorporate the approved changes into the preparation of an update ISI Rulebook.
- ∩ Continue to review pre-meet recon session reports for adherence to 12&under 4-hour rule and proactively communicated with host teams and Meet Referees to mitigate concerns if planned timelines are longer than 4 hours.
- ∩ Continue to work with Pam in streamlining and communicating our Meet Sanctioning process.
- ∩ In collaboration with Pam and Bob Kizer, explore and develop a proposed standard Meet Information Packet template that could provide consistency and clarity for all common requirements & procedures with flexibility for individual team considerations.

Respectfully submitted,

Steve Mitchell

Vice Chair



Officials Committee
House of Delegates Report
Fall 2011

Officials Training Sessions continue in the fall, early 2012 and spring. Thanks to our host teams, clinicians, and training coordinators!

2011 is a not a recertification year but all officials will need to complete the Athlete Protection training prior to being certified for 2012. However all officials who met their meet requirement (and CEU requirement for Referees) have been updated for 2012 in OTS and are able to print their USA membership cards.

In order to continue to increase the number of nationally certified officials within the LSC. It is planned to request OQM status for some LSC prelim-final meets in addition to our state championships. We have an external evaluator scheduled to attend Spring Senior Championships

Officials Statistics

Certification and Champ Meet Participation

| | Fall 2011 | Fall 2010 | Change |
|--------------------------------------|------------------|------------------|---------------|
| Stroke and Turn Officials | 216 | 258 | -42 |
| Administrative Judges | 79 | 82 | -3 |
| Starters | 110 | 90 | 20 |
| Referees | 134 | 120 | 14 |
| National Certifications | 76 | 66 | 10 |
| Total Officials | 539 | 550 | -11 |
| LC Senior Champ Officials | 51 | 55 | -4 |
| LC Age Group Champs Officials | 70 | 70 | 0 |
| LC Regional Champs Officials | 110 | 87 | 23 |

Club Statistics

| | Fall 2011 | Fall 2010 | Change |
|--|------------------|------------------|---------------|
| Top Club | Mavs (22) | St Charles (20) | |
| Clubs with 10 or more officials | 17 | 21 | -4 |
| Clubs with 7-9 officials | 14 | 14 | 0 |
| Clubs with 5-6 officials | 11 | 9 | 2 |
| Clubs with 3-4 officials | 19 | 17 | 2 |
| Clubs with 2 officials | 6 | 12 | -6 |
| Clubs with 1 official | 21 | 11 | 10 |
| Total Clubs with officials | 90 | 84 | 6 |
| Unattached officials | 17 | 17 | 0 |
| | | | |

There is still a decreasing trend in IL officials, but more officials are moving to the higher levels. This indicates a need to focus on additional recruitment for new officials. With the introduction of new positions on the committee to be a focus for regional area responsibility, one of their roles will be to encourage new parents.

It is unclear whether the cost of becoming a new official is a deterrent. Although some clubs do reimburse officials fees this is not consistent within the LSC.

Club List sorted Alphabetically Club

List sorted Descending # Officials

| | | | |
|------|----|------|----|
| AA | 5 | LWSA | 7 |
| ACAD | 8 | LYON | 8 |
| BBSC | 4 | MAVS | 22 |
| BDSC | 10 | MBLM | 3 |
| BEST | 7 | MCY | 1 |
| BLFN | 2 | MMSC | 13 |
| BNSC | 11 | MSSC | 1 |
| BNY | 11 | MYST | 2 |
| BRRY | 8 | NAC | 6 |
| BSC | 9 | NAPY | 1 |
| BTS | 1 | NASA | 1 |
| CATS | 9 | NTSC | 11 |
| CHMP | 3 | NWA | 1 |
| COHO | 13 | OCS | 1 |
| CSAT | 1 | OFSA | 3 |
| CSSC | 1 | PAC | 4 |
| CWAC | 3 | PALA | 7 |
| DCST | 9 | PAWW | 12 |
| DDST | 1 | POSA | 6 |
| DLTA | 9 | PPD | 15 |
| DOCS | 1 | RASC | 5 |
| DPRC | 4 | RED | 5 |
| DSC | 1 | RMSC | 3 |
| DUND | 1 | SBD | 3 |
| ECST | 5 | SCST | 19 |
| EGSC | 4 | SCT | 8 |
| EST | 10 | SPY | 1 |
| EXPR | 5 | SSSC | 1 |
| FOX | 16 | SST | 3 |
| GA | 4 | SUSA | 7 |
| GILS | 3 | SWAQ | 1 |
| GTAC | 1 | TOPS | 4 |
| HEAT | 14 | TPT | 1 |
| HFSC | 8 | ULT | 4 |
| HOSC | 10 | UN | 17 |
| HPAC | 1 | WCS | 18 |
| HSC | 5 | WDST | 4 |
| HWSA | 14 | WEST | 13 |
| IGSC | 1 | WHTN | 4 |
| JETS | 5 | WILD | 11 |
| KNAC | 5 | WSCS | 4 |
| LATT | 1 | WSO | 2 |
| LEAN | 2 | WWAC | 5 |
| LFSC | 3 | Y2K | 2 |
| LHSC | 7 | YWFF | 11 |

| | | | |
|------|----|------|---|
| MAVS | 22 | DPRC | 4 |
| SCST | 19 | EGSC | 4 |
| WCS | 18 | GA | 4 |
| UN | 17 | PAC | 4 |
| FOX | 16 | TOPS | 4 |
| PPD | 15 | ULT | 4 |
| HEAT | 14 | WDST | 4 |
| HWSA | 14 | WHTN | 4 |
| COHO | 13 | WSCS | 4 |
| MMSC | 13 | CHMP | 3 |
| WEST | 13 | CWAC | 3 |
| PAWW | 12 | GILS | 3 |
| BNSC | 11 | LFSC | 3 |
| BNY | 11 | MBLM | 3 |
| NTSC | 11 | OFSA | 3 |
| WILD | 11 | RMSC | 3 |
| YWFF | 11 | SBD | 3 |
| BDSC | 10 | SST | 3 |
| EST | 10 | BLFN | 2 |
| HOSC | 10 | LEAN | 2 |
| BSC | 9 | LPD | 2 |
| CATS | 9 | MYST | 2 |
| DCST | 9 | WSO | 2 |
| DLTA | 9 | Y2K | 2 |
| ACAD | 8 | BTS | 1 |
| BRRY | 8 | CSAT | 1 |
| HFSC | 8 | CSSC | 1 |
| LYON | 8 | DDST | 1 |
| SCT | 8 | DOCS | 1 |
| BEST | 7 | DSC | 1 |
| LHSC | 7 | DUND | 1 |
| LWSA | 7 | GTAC | 1 |
| PALA | 7 | HPAC | 1 |
| SUSA | 7 | IGSC | 1 |
| NAC | 6 | LATT | 1 |
| POSA | 6 | MCY | 1 |
| AA | 5 | MSSC | 1 |
| ECST | 5 | NAPY | 1 |
| EXPR | 5 | NASA | 1 |
| HSC | 5 | NWA | 1 |
| JETS | 5 | OCS | 1 |
| KNAC | 5 | SPY | 1 |
| RASC | 5 | SSSC | 1 |
| RED | 5 | SWAQ | 1 |
| WWAC | 5 | TPT | 1 |

LPD 2

BBSC 4

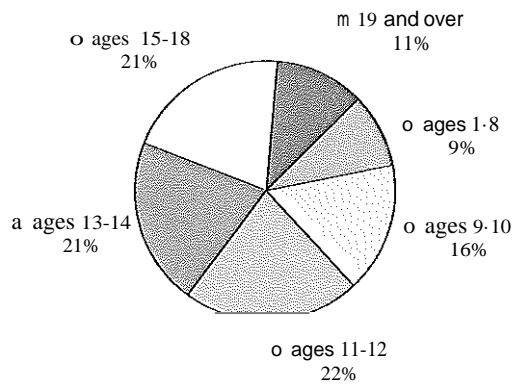
USA SWIMMING 1ST QTR ACCIDENT STATS BY LSC AS OF MARCH 31,2011

| Age | Sex | LSC | Where Occurred | When Occurred | How Occurred |
|-----|-----|-----|----------------|---------------|--|
| 21 | M | IL | GYM | PRAC/DRYLAND | COACH RETRIEVING BALL FROM BLEACHER;SLIPPED AND LANDED ON FEET;SWOLLEN ANKLES,TROUBLE STANDING |
| 14 | M | IL | INWATER | MEET/COMP | JAMMED ELBOW/ARM WHEN FINISHING 50 FREE RACE; |
| 13 | F | IL | INWATER | MEET/COMP | DURING BACKSTROKE RACE,FELT RIGHT SHOULDER POP AND FELT PAIN;DID NOT FINISH RACE;IMMOBILIZED |
| 9 | F | IL | LOCKER ROOM | MEET/COMP | SLIPPED ON WET FLOOR,CUT CHIN AND RECEIVED 5 STITCHES |
| 59 | F | IL | STAIRS | MEET/COMP | SLIPPED WHEN WALKING DOWN STAIRS;SWOLLEN,HAIRLINE FRACTURE AND TORN LIGAMENTS ON LEG |
| 9 | M | IL | BLEACHERS | MEET/COMP | FINGER GOT CAUGHT IN HAND RAILING;SMALL SCRAPE AND REDNESS ON LEFT HAND |
| 12 | M | IL | BLEACHERS | MEET/COMP | CAUGHT FOOT IN ROPE HANGING FROM BLEACHER HANDRAIL;RT KNEE INJURED ON CONCRETE |
| 39 | M | IL | BLEACHERS | MEET/COMP | OFFICIAL WAS SITTING ON BLEACHERS AND SUPPED;SCRAPE ON LEG |
| 9 | F | IL | BLEACHERS | PRAC/WATER | TRIPPED WHILE WALKING IN STANDS;BRUISED RIGHT KNEE |
| 13 | F | IL | GYM | PRAC/DRYLAND | WHILE PLAYING WALL BALL,ANOTHER ATHLETE'S ARM CAME DOWN ON HER FACE,RESULTING IN BLOODY NOSE |
| 16 | F | IL | HALLWAY | MEET/WARMUP | FELL ON WET FLOOR ON WAY TO WARM UP;ICED LEG |
| 12 | M | IL | IN WATER | MEET/COMP | WATER GRIPPING PREVIOUSLY INJURED TOE NAIL |
| 10 | M | IL | IN WATER | MEET/COMP | SLIPPED WHILE CLIMBING OUT OF POOL AFTER RACE,SCRAPED RIGHT SIDE OF NECK ON GUTIER;ABRASION |
| 12 | M | IL | IN WATER | MEET/COMP | REINJURED TORN BIG TOE NAIL ON LEFT FOOT; WATER GRIPPING UNDER NAIL |
| 16 | M | IL | IN WATER | MEET/COMP | HIT RIGHT HEEL ON GUTIER DURING A FLIP TURN;BRUISED,ICED |
| 12 | M | IL | IN WATER | MEET/WARMUP | DOVE TOO DEEPLY AND HIT HEAD ON BOTTOM OF POOL |
| 13 | F | IL | IN WATER | MEET/WARMUP | HIT HEAD ON WALL WHILE SWIMMING BREASTSTROKE;ICE |
| 15 | F | IL | IN WATER | PRAC/WATER | HIT FACE ON WALL DURING BACKSTROKE FINISH;CUT NOSE AND SORE TEETH |
| 15 | F | IL | LOCKER ROOM | MEET/COMP | SLIPPED ON LOCKER ROOM FLOOR;HIT HEAD,RIGHT HIP AND ARM ON CONCRETE;ICE |
| 15 | F | IL | LOCKER ROOM | PRAC/WATER | SLIPPED IN LOCKER ROOM;SCRAPED LEFT SHOULDER AGAINST LOCKER;RED,ABRASION |
| 10 | F | IL | ON BLOCKS | MEET/COMP | SUPPED EXITING POOL; SCRAPED RIGHT INNER ARM ON BLOCK |
| 9 | F | IL | ON BLOCKS | MEET/COMP | SLIPPED ON BLOCKS,RESULTING IN ABRASION AND CONTUSION OF RIGHT INNER ARM |
| 11 | F | IL | ON BLOCKS | MEET/COMP | FOOT SUPPED OFF BLOCK,SCRAPING LEFT SHIN |
| 17 | F | IL | ON BLOCKS | MEET/COMP | WHILE EXITING POOL,CUT FRONT LOWER LEG ON WALL |
| 13 | F | IL | ON BLOCKS | PRAC/WATER | SLIPPED GRIPPING UP ON BLOCKS;THREE SCRAPES ON FOOT,SHIN AND KNEE |
| 8 | M | IL | deck | MEET/COMP | STUNG BY WASP |

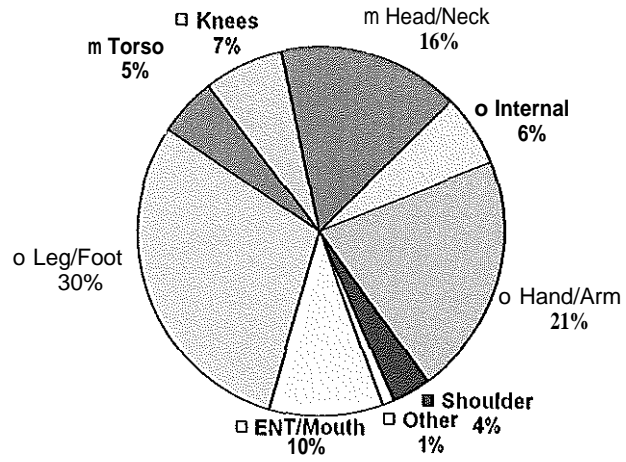
2011 1st Quarter Accident Summary

Based on 408 Incidents Reported
through March 31, 2011

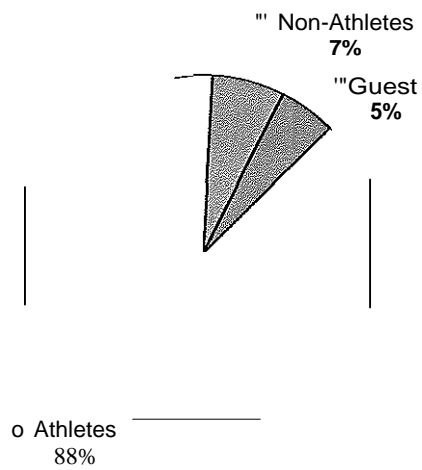
Age Breakdown



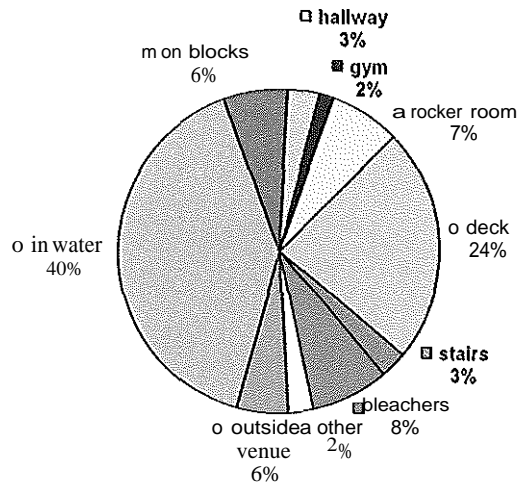
Nature of Injury



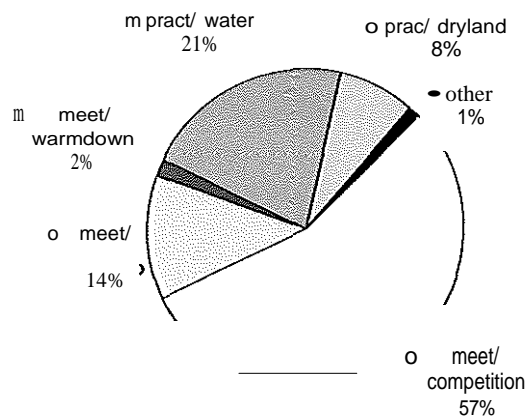
Who was Injured



Where Accident Occurred



When Accidents Occurred



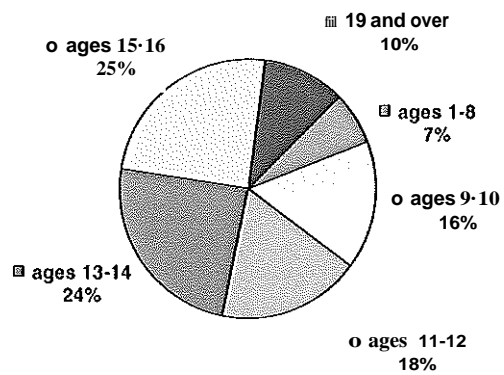
USA SWIMMING 2ND QTRACCIDENT STATS BY LSC AS OF JUNE 3D,2D11

| Age | Sex | LSC | Where Occurred | When Occurred | Nature/Injury | How Occurred |
|-----|-----|-----|----------------|---------------|---------------|--|
| 13 | M | IL | DECK | PRAC/DRYLAND | ENMT | WHILE DOING PULL-UPS,SUPPED FROM BAR ONTO STOMACH AND STRUCK TEETH INTO LOWER UP;SPLIT UP |
| 10 | F | IL | IN WATER | MEET/COMP | ENMT | GOGGLES SLIPPED DURING RACE CAUSING SWIMMER TO SWIM INTO END WALL;SORE NOSE,BLEEDING FROM NOSTRILS |
| 1D | F | IL | DECK | MEET/COMP | HAND/ARM | SUPPED AND FELL ON DECK;CONTUSION TO LEFT ARM |
| 4D | F | IL | DECK | PRAC/WATER | HAND/ARM | PARENT SLIPPED ON DECK WHILE PICKING UP SON,DISLOCATED OR BROKEN LEFT ELBOW |
| 12 | F | IL | STAIRS | MEET/COMP | HAND/ARM | FELL DOWN STAIRS AND BROKE FALL WITH ARM;DID NOT SWIM REST OF EVENTS;ICE |
| 1D | M | IL | DECK | PRAC/WATER | HEAD/NECK | SUPPED ON DECK AND HIT HEAD;CUT ON BACK OF HEAD- TAKEN TO HOSPITAL BY PARAMEDICS |
| 1D | M | IL | DECK | MEET/COMP | HEAD/NECK | SUPPED ON WET DECK AND HIT HEAD;BUMP ON RIGHT SIDE OF HEAD |
| 16 | F | IL | OTHER | OTHER | KNEE | TWISTED LEFT KNEE WHILE SITING DOWN ON BUS AND DISLOCATED LEFT KNEE CAP;ICED |
| 11 | F | IL | IN WATER | MEET/WARMUP | KNEE | LEFT KNEE "POPPED" WHILE CLIMBING OUT OF POOL;CONTINUED PAIN WHEN BENT;ICE |
| 31 | F | IL | OUTSIDE | MEET/COMP | LEG/FOOT | SLIPPED ON HILL OUTSIDE VENUE/PARKING LOT AND FRACTURED RIGHT FIBULA AND TIBIA ABOVE ANKLE |
| 16 | M | IL | GYM | PRAC/DRYLAND | LEG/FOOT | LANDED ON ANKLE DURING JUMP EXERCISE;ICED AND IMMOBILIZED |
| 8 | F | IL | OUTSIDE | PRAC/DRYLAND | LEG/FOOT | TURNED/ROLLED ANKLE WHILE PARTICIPATING IN DRYLAND |
| 12 | F | IL | IN WATER | PRAC/WATER | LEG/FOOT | HIT FOOT ON GUTIER WHILE DOING A FLIP TURN;CUT AND BRUISED FOOT |
| 15 | F | IL | BLEACHERS | MEET/WARMUP | TORSO | SUPPED ON BLUE MAT AND FELL INTO BLEACHER WITH BOTIOM; PAIN IN TAILBONE |

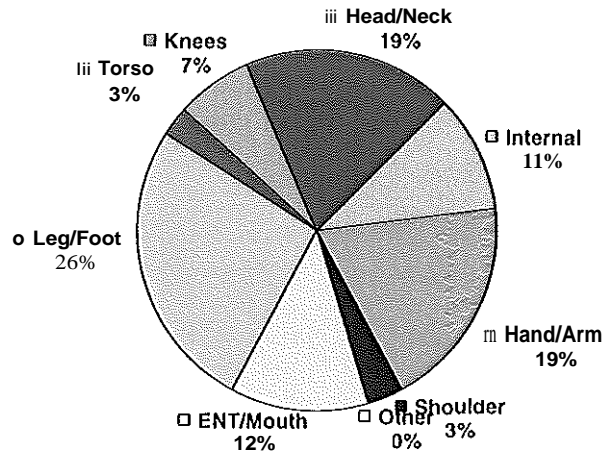
2011 2nd Quarter Accident Summary

Based on 305 Incidents Reported
through June 30, 2011

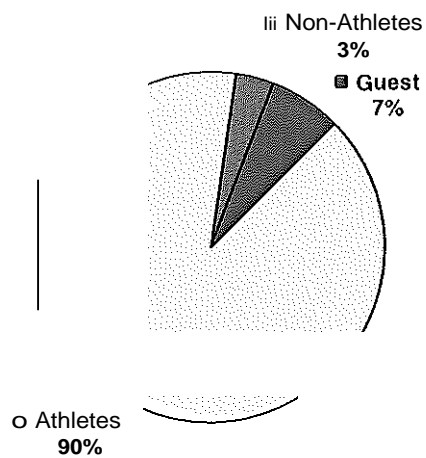
Age Breakdown



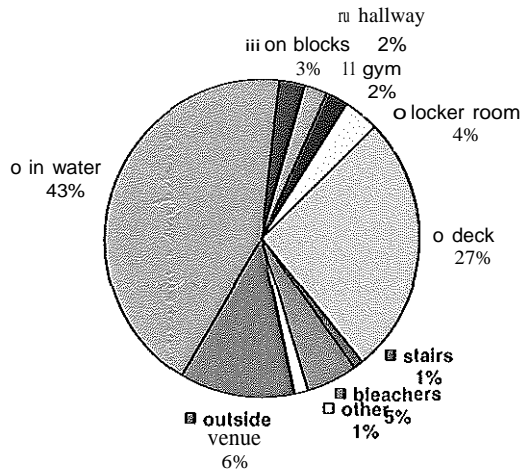
Nature of Injury



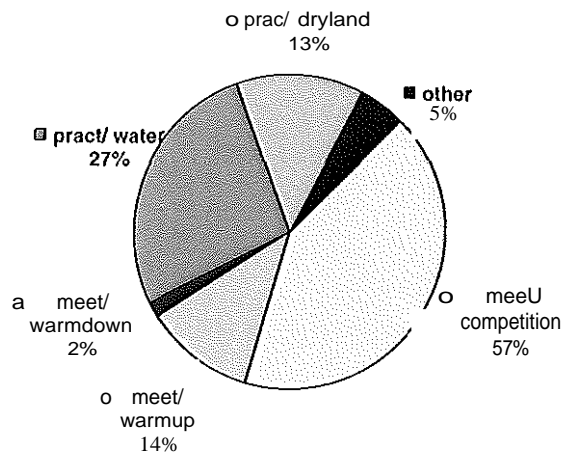
Who was Injured



Where Accident Occurred



When Accidents Occurred



Comparison of 2010 and 2011 Membership Statistics

| | 2010 | 2011 | Inc/Dec | % Inc/Dec |
|-------------------------------------|--------|--------|---------|-----------|
| Athletes: | | | | |
| Year-round Athletes | 17,175 | 17,119 | -56 | -.3% |
| Outreach (included in totals above) | 96 | 151 | 55 | 57.3% |
| Open Water Single Meet Athletes | 17 | 0 | -17 | -100% |
| Clubs: | | | | |
| Year-round Clubs/Organizations | 114 | 115 | 1 | .9% |
| Non-athletes: | 1,469 | 1,403 | -66 | -4.5% |

CONTROLLED MEET WARM-UP and SAFETY GUIDELINES

To be posted at all ISI Sanction/Approved competitions

A. WARM-UP PROCEDURES

1. General Warm-up (first 30-45 minutes)
 - a. NO DIVING allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
 - b. No sprinting or pace work allowed during this general warm-up session.
 - c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
2. Specific Warm-up (last 30-45 minutes)
 - a. Push/Pace Lanes - Push off one or two lengths from starting end. Circle swim only. NO DIVING.
 - b. Diving Lanes - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
 - c. General Warm-up Lanes - NO DIVING. Circle swim only.
 - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

| POOL | LANE USE | | |
|---------|-----------|--------|-----------------|
| | PUSH/PACE | DIVING | GENERAL WARM-UP |
| 6 LANE | 1&6 | 2&5 | 3,4 |
| 8 LANE | 1&8 | 2&7 | 3,4,5,6 |
| 10 LANE | 1&10 | 2&9 | 3,4,5,6,7,8 |

B. SAFETY GUIDELINES

1. Coaches Responsibilities
 - a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
2. Host Team Responsibilities
 - a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
 - b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
 - c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
 - d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
 - e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
3. Miscellaneous:
 - a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
 - b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
 - d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
 - e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

Report to the House of Delegates of Illinois Swimming from the Board of Review

The Illinois Swimming Board of Review continues to be in full compliance with all requirements as set out by USA Swimming and the Amateur Sports Act. We have been fortunate that we have had only two major hearings in the last year both of which were resolved by full hearing of the Board of Review and neither of which were appealed.

We have had some minor flair ups that have been able to be handled by phone conferences and the application of a little bit of common sense and by and large, it would appear that Illinois Swimming has an excellent group of coaches, parents and administrators that are able to resolve difficulties between themselves without resort to the Board of Review. The basis for saying that is the lack of serious hearings as compared to other LSC's of similar size. This is greatly appreciated by all members of the Board of Review and I think makes us look very good in the eyes of USA Swimming since all hearings before the Board of Review have to be reported on to USA Swimming.

I believe there will be another national workshop in the next year. USA Swimming has been having them on alternate years. I have been to two of them and it is my strong suggestion that we have a representative there. I am willing to go but quite frankly would suggest that we send another member so they can benefit from the experience.

As far as budget, I believe we have remained within our budget, although this is difficult to control due to the fact that we never know how many hearings we are going to have to have and how much expense is going to be generated by those hearings. The use of the conference room and staff members has saved us a lot of money and given us a much more formal surrounding to have our hearings which I think is beneficial to all parties. I would state that everyone that has appeared before the Board has conducted themselves in appropriate fashion and that is greatly appreciated. I was able to send letters of recommendation for athletes to two colleges based upon their participation as a member of the Board which I think is significant. I assume that having served on the Illinois Swimming Board of Review is something that would be looked upon favorably by college recruiters and I take great pleasure in sending out those letters, so if your swimmer is asked for serve, this is one of the benefits.

Respectfully submitted:

Drew Schnack, Chairman

USA Swimming Board of Directors Meeting and Central Zone Notes

Submitted by Bill Schalz

Records Report: In the 2011 Long Course season, Ryan Lochte broke the first world record in the “textile suit era”. Four American Records and 45 NAG Long Course records also fell.

BOD Meeting Minutes: The Board of Directors approved the minutes from the May meeting.

Treasurers Report:

- 2012 budget passed as presented. The budget reflects a budget surplus for the 2009-12 quad.
- USSIC is requesting \$1.7 million from USA Swimming to meet the minimum net assets reserve requirement of \$24 million as established during their recent business meeting. Motion passed. The payment to USSIC is in lieu of a premium increase.
- **Operating Reserves policy:** The policy of USA Swimming is to keep six months of reserves on hand at all times. If reserves drop below 75% of the six-month reserve level, budget adjustments would be enacted to grow the reserves to the required level. Current unrestricted reserves are \$16 million. \$13.9 million is required to meet the 6-month requirement.
- Investments thru 6/30 are up 4.26 in 2011 beats benchmark by .22%. Total investments \$17.82 million

Staff Reports

- Ihigh.com is working with USA Swimming to allow clubs/LSC's to stream events live.
- Chuck Wielgus & Mike Unger will meet with NBC, which is interested in expanding more swimming events.
- **National Team**
 - 35 athletes in Athlete Partnership
 - 76 athlete appearances (100%)
- **Athlete Protection update**
 - Athlete protection education/training online program will go live Thursday, September 15. All non-athlete members must complete the course by December 31.
- **Deck Pass:** USA Swimming's new online program designed to harness the power of the internet and social networking is now live. Swimmers can go online, set goals, and receive awards “virtual patches” for achieving goals or milestones. Coaches can go online and award patches to their swimmers. A Deck Pass app will be available for Apple and Android devices this fall.

Motion to Add a fourth Core Objective: A motion will likely come before the House of Delegates to add a fourth core objective to “Build, Promote, Achieve”. The new core objective being proposed is “Protect our members, especially athletes”. The BOD unanimously voted **not** to add this fourth core objective. While athlete protection will always be a priority in USA Swimming, the position of the Board of Directors is that this is a policy statement and is not appropriate as a core objective.

USA Swimming Board of Directors Meeting and Central Zone Notes

Submitted by Bill Schalz

USA Swimming Foundation: *Mission: Saving Lives Building Champions*

- A New website has been created for the foundation and has a tab on USA Swimming website.
- Upcoming events:
 - Lunch with Gregg Troy & Ryan Lochte in conjunction with this convention.
 - Swimming through the decades in LA during Golden Goggles weekend. Top swimmers from past decades have agreed to attend.
- 4 Olympic Trials packages sold at highest level
- **Make a Splash has served 1 million swimmers!**
 - 400 partners in 45 states.
 - 1.5 million dollars in grants.
 - Make a Splash spirit day! Be sure to stop by the Foundation booth for your free blue t-shirt to support Make a Splash!
- **Proposal to move Swim-a-thon to Foundation passed.**
 - Foundation will pay USA Swimming \$120,000 annually from 2012-2016 for administration of the program and to fund club development operations (“Building Champions”).
 - All revenues and expenses will be conducted through the Foundation.
 - Revitalize the program with Foundation branding and cause related marketing, work with Development Division to market to members and provide new on-line platform for giving.
 - As an addition to the existing program, create a “Personal Swim-A-Thon” program where individuals can raise dollars for the foundation without being tied to a team-sponsored event or teams can contribute more than the minimum 5% to help support the mission of the Foundation,
 - Passed pending Foundation approval.

Championship site/dates approved

- AT&T Winter Nationals – Ga.Tech Dec 1-3, 2011
- Speedo SC Juniors – Univ. of Texas, Dec 8-10, (LC Invitational, Dec.11), 2011
- OW Championships – Lake Miromar, FL, April 27-29,2012
- AT&T SC Nationals – Univ. of Texas, Nov.29 – Dec – 1 (LC Invitational Dec 2) 2012
- OW Championships – TBD 2013
- ConocoPhillips LC Nationals/World Champ Trials- Indianapolis, IN July 8-12, 2013
- US Open – Irvine, CA. August 6 – 10, 2013
- Speedo Long Course Juniors – Irvine, CA, August 12-16, 2013
- AT&T SC Nationals – Univ of Tennessee, Dec 5 – 7 (LC Invitational Dec,8) 2013
- Speedo SC Juniors – TBD Dec 12-14, (LC Invitational Dec 15), 2013

USA Swimming Board of Directors Meeting and Central Zone Notes

Submitted by Bill Schalz

CENTRAL ZONE NEWS

Diversity Camp: 2012 Diversity Camp will be in Oklahoma City with Kathy Mendez as Camp Director. Applications for the 2013 site are available. Each LSC is asked to send their Diversity Coordinator, one coach and two athletes. The goal of the camp is to help participants understand inclusiveness in swimming. Each LSC will need to provide transportation costs for their representatives to the camp site plus funding of \$240 to cover lodging, meals, all transportation while at the camp and camp activities.

Athlete Protection: Coaches must go online and watch an educational video and take a test before Dec. 31 or their membership will be revoked. A voluntary Parent/Athlete educational piece will be available as a Webinar in the next several weeks.

Age Group Development: Tony Young discussed the IMXtreme Challenge meets, which will be adding the 15-16 age group. The committee will be comparing and contrasting LSC safety and warm-up procedures. The Age Group Development meetings included hot topics re meet formats and length of meets. Afternoon discussion will include developing distance athletes.

Senior Zone Meet: The Central Zone voted to continue the Senior Zone Meet as long as USA Swimming provides funding for the event. Also, the meet will be changed to a three day format.

2012 Senior Zone Meet: August 3-5; Lawrence, KS Aquahawks.

2013 Senior Zone Meet: Lawrence, KS Aquahawks.

2012 14 & U Meets-August 3-5, 2012 OPEN WATER TBA

Pleasant Prairie, WI: IA, IL, MI, MN, ND, SD, WI

Columbus, IN: AR, IN, LE, MW, MV, OH, OK, OZ

Speedo Champions Series

Spring 2012: March 9-11; Pleasant Prairie, WI

Summer 2012: July 19-22; Iowa City, IA

Elections: Dave Anderson (WI) was elected new Central Zone Director-Coach replacing Bill Schalz (IL) who has completed his second two-year term.

Orquidea Hernandez
Diversity Chair
2659 W 43rd Street
Chicago IL 60632
cpdswimclub@yahoo.com
(773) 814-9825

To: Bob Welch
Re: Convention Recap

Upon arrival at the 2011 USAS Convention, I met directly with Shaun Anderson, the Sport Diversity Consultant for USA Swimming. We discussed the upcoming Central Zone Diversity Camp to be held in Oklahoma in June of 2012. I received a copy of the application. Both Eastern and Central Zones would like to host these camps on alternating years, due to the success they have had so far. We were informed that the Western Zone will be hosting a Diversity Camp soon, (year TBA) and the Southern Zone is in the process of hosting one as well.

We also discussed Diversity incentives and involving Make A Splash with local communities. It is still the number one priority of Make A Splash and Diversity Committees to promote swimming at all levels within our under-represented populations. We were given some great ideas involving water safety days such as involving local government agencies (i.e. fire department, police department, coast guard and any willing safety enforcing volunteers). Included in these presentations were suggestions on how to budget these events. With the proper promotional support, initiatives like these can cost under \$2000.

On the competitive side, USA Swimming is in full support of the Diversity Swim Meet Circuit. Just to name a few, there will be the Black History Meet in Washington D.C., the MLK Meet in New York City and a big Multicultural meet at Penn State. An entire listing of the diversity meets can be found on the USA Swimming website. Many of these swim meets will be run either by allowing the state to send a single representative team or an open meet where athletes swim for their own club. USA Swimming is also making efforts to ensure that these swim meets have the funding and are able to continue on an annual or biennial basis.

Lastly, the USA Swimming staff is undergoing training modules to make diversity more inclusive rather than quantitative. These training modules include language components, relationship building activities, and communication skills. We hope to see these trainings filtered down to the local LSC educational task-force.

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| R-1 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 9 201.2 CLASSIFIED COMPETITION

Proposed by: Rules & Regulations Committee

Purpose: To conform to current practice and National Standards

Recommendation: *The Rules & Regulations Committee recommends approval.*

1 201.2 CLASSIFIED COMPETITION

2 ~~3~~ 1 Classified meets shall offer events for male and female swimmers in the 10 & under, 11-12 age groups and at least
3 one of the following age categories: 13-14 and/or Senior; 13-14 and 15-18; 13-14 and 15-16 and 17-18 or Senior.

4 ~~The Illinois Time Standards shall be the event qualifying time standards for all classified meets. Time standards~~
5 ~~shall become effective April 1st of year.~~

6 ~~B~~ 2 Minimum qualifying time standards for each class shall be:

7 (1) ~~Class "A": minimum qualifying times;~~

8 (2) ~~Class "B": minimum qualifying times;~~

9 (3) ~~Class "C": no minimum qualifying time;~~

10 (4) ~~Class "Senior": ISI Senior minimum qualifying times.~~

11 A. Current USA Swimming National Age Group Motivational Times.

12 B. Current ISI "Senior" Times as established by the ISI Senior Committee.

13 ~~C~~ ~~the maximum qualifying time standard for each class shall be one hundredth (1/100) of a second slower than the~~
14 ~~next highest class. The "A" class shall have no maximum qualifying time standard.~~

15 ~~D~~ ~~Senior competition shall use the Illinois Time Standards as meet qualifying time standards.~~

16 ~~E~~ 3 The Program Operations Vice-President may approve alternative time standards upon application by the meet
17 host. Such application shall be made prior to the issuance of sanction by Illinois Swimming.

18 A 4 Classified meets ~~competition~~ may be conducted using either single- (e.g., "A", or "B") or multi-class (e.g., "A/B", and
19 or "Senior") formats. ~~F~~ Multi-class meets shall use the minimum time standard corresponding to each class of the
20 meet.

21 ~~2~~ 5 Events for classified meets shall be selected from those in Article 1021 of the USA Swimming Code.

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| R-2 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 10 202.3 CONDITIONS OF SANCTION

Proposed by: Rules & Regulations Committee

Purpose: To ensure standardization in Meet Announcements

Recommendation: *The Rules & Regulations Committee recommends approval.*

29 202.2 CONDITIONS OF SANCTION

30 .1-.5 *No Proposed Changes.*

31 .6 Meet Announcements must comply with the current ISI Policy and Procedures Manual.

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| R-3 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 11 ENTRY BLANKS and MEET INFORMATION – OPEN COMPETITION

Proposed by: Rules & Regulations Committee

Purpose: To conform to current practices

Recommendation: *The Rules & Regulations Committee recommends approval.*

34 203.2 ENTRY BLANKS and MEET ANNOUNCEMENT INFORMATION – OPEN COMPETITION

35 .2 ~~Printing, Distribution, and mailing~~ shall be the sole responsibility of the meet host. All information shall be approved
36 by ISI prior to ~~the printing and~~ distribution.

37 .3 *No Proposed Changes.*

38 .4 All Meet entry and contact meet information shall be posted to the ISI website upon within 72 hours of issuance of
39 sanction.

40 .5-7 *No proposed changes*

41 .8 The Meet Director's (or designee) contact information ~~phone number~~ shall be listed in the Meet Announcement
42 ~~Information.~~

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| R-4 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 12 202.4 ENTRIES

Proposed by: Rules & Regulations Committee

Purpose: Eliminate an existing contradiction in the rules

Recommendation: *The Rules & Regulations Committee recommends approval.*

45 203.4 ENTRIES

46 .3 Entry times for individual and relay events shall:

47 A Be achieved in accordance with USA Swimming rules;

48 B Be submitted to hundredths (1/100th) of a second only. ~~Times submitted in tenths (1/10th) shall have a~~

49 zero added to the 10th recording;

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| R-5 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 13 **203.7 PROGRAM**

Proposed by: **Rules & Regulations Committee**

Purpose: To conform to current practices

Recommendation: *The Rules & Regulations Committee recommends approval.*

52 **203.7 PROGRAM**

53 .1 Women's events shall precede men's events unless noted in the Meet Announcement.

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| R-6 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 15 **204.2 LSC TOP TEN LISTS**

Proposed by: **Rules & Regulations Committee**

Purpose: To conform to current practices

Recommendation: *The Rules & Regulations Committee recommends approval.*

56 **204.2 LSC TOP TEN LISTS**

57 Illinois Swimming, Inc. shall maintain LSC Top 10 lists for Age Group and 15 & Over swimming for short course yard (SCY), -
58 ~~short course meter (SCM)~~, and long course meter (LCM) format for all age groups listed in USA Swimming Article 102.1.

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| R-7 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 16 **206.1 GENERAL**

Proposed by: **Rules & Regulations Committee**

Purpose: To conform to current practices

Recommendation: *The Rules & Regulations Committee recommends approval.*

61 Illinois Swimming shall conduct the following championship meets: spring and summer LSC Championships in both Age
62 Group and Senior class. At least four Regional Championship meets shall be conducted ~~only~~ in the spring.

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| R-8 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 16 **206.2 SENIOR CHAMPIONSHIPS**

Proposed by: Rules & Regulations Committee

Purpose: To clarify meet program responsibility for meet host bidding purposes

Recommendation: *The Rules & Regulations Committee recommends approval.*

67 **206.2 SENIOR CHAMPIONSHIPS**

68 ISI Senior Championships shall be governed by, and program determined by the ISI Senior Committee and conducted by
69 Program Operations. Only properly registered swimmers in good standing and having achieved qualifying times for one or
70 more specific events within the designated qualifying period are eligible for the meet. This meet shall be conducted
71 according to article 204.7 of the USA Swimming Code.

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| R-9 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 17 **206.3 AGE GROUP CHAMPIONSHIPS**

Proposed by: Rules & Regulations Committee

Purpose: To clarify meet program responsibility for meet host bidding purposes

Recommendation: *The Rules & Regulations Committee recommends approval.*

74 **206.3 AGE GROUP CHAMPIONSHIPS**

75 ISI Age Group Championships shall be governed by, and the program determined by the ISI Age Group Committee and
76 conducted by Program Operations. Only properly registered swimmers in good standing and having achieved qualifying
77 times for one or more specific events are eligible for this meet. This meet shall be conducted according to article 205.8 of
78 the USA Swimming code.

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| R-10 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 17 **206.4 REGIONAL CHAMPIONSHIPS**

Proposed by: Rules & Regulations Committee

Purpose: To clarify meet program responsibility for meet host bidding purposes

Recommendation: *The Rules & Regulations Committee recommends approval.*

81 **206.4 REGIONAL CHAMPIONSHIPS**

82 ISI Regional Championships shall be governed by, and program determined by the ISI Age Group Committee and
83 conducted by Program Operations. Only properly registered swimmers in good standing and in conformance with
84 all rules of Illinois Swimming having achieved qualifying times for one or more specific events are eligible for this
85 meet. This meet shall be conducted according to article 204.8 of the USA Swimming code.

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| R-11 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Pages 17-20 206.5 ADMINISTRATIVE CONDUCT FOR ISI LSC CHAMPIONSHIPS

Proposed by: Rules & Regulations Committee

Purpose: To conform to current practices and current USA Swimming Code

Recommendation: *The Rules & Regulations Committee recommends approval.*

- 88 206.5 ADMINISTRATIVE CONDUCT FOR ISI LSC CHAMPIONSHIPS
- 89 .5 Schedule – A minimum of one and one-half hours (90 minutes) must elapse between the end of the last preliminary
90 heat and the start of the first race for finals on any one day. ~~The pool must be available for warm ups during this~~
91 ~~time.~~ The schedule of warm-ups and competition shall be listed in the Meet information Announcement.
- 92 .6-.8 *No Proposed Changes.*
- 93 .9 C The Technical Jury cannot adjudicate judgment decisions which can only be considered by the Meet
94 Referee under USA Swimming Code 102.11 ~~102-13~~.
- 95 .10-.11 *No Proposed Changes*
- 96 .12 B At Age Group Championship Meets, B and A (consolation and championship) final heats will be used for
97 all events except as noted in the meet information. All 10 & Under events shall be conducted as timed
98 final events.
- 99 C At Senior Championship Meets, timed finals will be used as noted in the Meet Announcement information.
100 ~~The 1000 and 1650 yard, 800 and 1500 meter freestyle event, relay events and all 10 & Under events~~
101 ~~shall be conducted as timed final events;~~
- 102 D All relays shall be conducted as timed final events with the fastest seeded heat(s) swimming in the
103 finals session.
- 104 .13 *No Proposed Changes.*
- 105 .14 Final Results – ~~Within two weeks following the event, The meet host shall distribute send gratis copies of the final~~
106 ~~results to attending teams and the coaches registered at the event, the Senior and/or Age Group Vice Chairs, the~~
107 ~~LSC permanent office, the National Top 16 Times Coordinator, or the Records Chair. These copies shall be mailed~~
108 ~~or provided by electronic media (e mail or computer disk)at the recipient's choice. The meet host shall also make~~
109 ~~copies of the results available to others on request at a nominal charge. including split times, the age of each~~
110 swimmer in each event, the competing relay teams with first and last names and ages of relay members, all men's
111 and women's teams listed by point standings, and all combined teams (men and women) listed by point standings.
112 Final results shall be posted to the Illinois Swimming web site within 72 hours of completion of the event.
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| R-12 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 17 **206.5 ADMINISTRATIVE CONDUCT FOR ISI LSC CHAMPIONSHIPS**

Proposed by: Bill Schalz, Past President, Illinois Swimming Inc.

Purpose: To remove requirement that host clubs be fully responsible for providing timers at ISI Championship meets. We now have venues with 10 lanes and possibly 20 lanes for a short course championship and we are offering four-day championship meets. This rule severely limits the number of teams that can cover 10 lanes of championship swimming over a four-day championship and limits the opportunity for smaller clubs to bid on our championship meets.

Recommendation: *The Rules & Regulations Committee makes no recommendation.*

118 **206.5 ADMINISTRATIVE CONDUCT FOR ISI LSC CHAMPIONSHIPS**

119 ~~.7 Meet Host Responsibility for Providing Timers—The Meet Host shall have full responsibility for all~~
120 ~~sessions of the Meet. Meet hosts may request timers from other clubs, but they may not be required of any club.~~

121 .7 Timing Assignments: The meet host shall provide a list of timing assignments made up of teams with swimmers
122 entered in the meet (including the host club) at least 48 hours prior to the start of competition.

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| R-13 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 21 **206.5 ADMINISTRATIVE CONDUCT FOR ISI LSC CHAMPIONSHIPS**

Proposed by: Bill Shalz, Past President, Illinois Swimming, Inc

Purpose: Housekeeping – 206.5.15A is already listed under 206.8.5 (Entry fees shall be \$5.00 per individual event and \$15.00 per relay team.) 206.15B should be moved to 206.8.6 as it pertains to athlete surcharges.

Recommendation: *The Rules & Regulations Committee recommends approval.*

125 **206.5 ADMINISTRATIVE CONDUCT FOR ISI LSC CHAMPIONSHIPS**

126 ~~.15 MEET HELD OUTSIDE THE ILLINOIS LSC~~

127 A For any Championship meet held outside the Illinois LSC, the meet host will be financially responsible to
128 Illinois Swimming all Illinois LSC required fees consistent with Illinois sanctioning rules and regulations as
129 if the meet were hosted in an Illinois venue. (Effective as of 9-1-2011)

130 ~~B For any Championship meet held outside the Illinois LSC, the athlete event fees will not be increased~~
131 ~~beyond the host LSC defined fees, however, the meet host may charge an additional fee not to exceed~~
132 ~~the additional cost charged to the host team by the Illinois LSC.~~

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| R-14 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 21-23 **206.6 PROGRAM**

Proposed by: **Rules & Regulations Committee**

Purpose: To conform to current practice, mirror national rules and conform to other proposed legislation. It is the intent of the committee to address meet format guidelines in the Policy and Procedures Manual.

Recommendation: *The Rules & Regulations Committee recommends approval.*

138 **206.6 PROGRAM**

139 .1-.3 *Eliminate in their entirety.*

140 .4 Time Trials – At all Senior Championship Meets, Time Trials will be conducted on a time available basis for
141 swimmers participating in the meet. These Time Trials shall be held under a separate sanction of ISI and shall
142 conform to the following conditions and format, subject to the time limitations specified in article 206.5 and 206.6 of
143 the Illinois Swimming Code. ~~All events 500 yards/400 meters and under will be offered.~~

144 A *No Proposed Changes*

145 B At any ISI Senior Championship Meet, a swimmer must be entered in the meet with a proven time
146 (individual event or relay) at least one individual event with a proven time to be eligible to participate in
147 Time Trials.

148 ~~E C~~ The entry fee for Time Trials shall be the same as those established for the Senior Championship Meet.

149 C, D, F *Eliminate in their entirety.*

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| R-15 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 24 **206.8 ENTRY FORMS AND OFFICIAL MEET INFORMATION**

Proposed by: **Rules & Regulations Committee**

Purpose: To conform to current practices and National rules

Recommendation: *The Rules & Regulations Committee recommends approval.*

152 **206.8 ENTRY FORMS AND OFFICIAL MEET ANNOUNCEMENT INFORMATION**

153 .1 Entry Forms and Meet Announcements information shall be prepared under the joint direction of the Senior/Age
154 Group Vice-Chairs, Program Operations Vice-Chair and the Meet Directors. ~~Printing and Distribution of official~~
155 Meet Announcement information shall be the responsibility of Illinois Swimming. All information shall be approved
156 by the Senior/Age Group Vice-Chairs prior to ~~printing and~~ distribution.

157 .2 Entry Forms and Meet Announcements information shall be made available on the ISI website at least 60 days
158 prior to the entry deadline. ~~A printed copy of the meet information shall be available upon request from the ISI~~
159 ~~Permanent Office.~~

160 .3 The Meet Announcement information shall state qualifying times and procedures necessary for proof of entry times. ~~_~~
161 ~~, mailing address, E Mail address and fax number for all entries.~~

162 .4 The Meet Director's (or designee) contact information phone number shall be listed in the Meet Announcement
163 information.

164 .5 Entry fees shall be \$5.00 per individual event and \$15.00 per relay team. A swimmer surcharge of \$2.00 shall be
165 assessed for each swimmer entered in individual events.

166 .6 *Eliminate and renumber below*

167 .6.7 The entry deadline shall be established by the Senior or Age Group Committee (whichever is appropriate). At least
168 10 days prior to the first day of competition. ~~The Senior or Age Group Committee (whichever is appropriate) may~~
169 ~~establish a secondary deadline for entries achieved under certain restrictions. Such restrictions shall be published~~
170 ~~in the meet information.~~

171 .7.8 Proof-of-performance/time shall be submitted prior to acceptance of any entry submitted in accordance with article
172 206.9.7 of the Illinois Swimming Code. Entries submitted without proof-of-time shall not be seeded.

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| R-16 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 24 **206.8 ENTRY FORMS and OFFICIAL MEET INFORMATION**

Proposed by: Bill Schalz, Past President, Illinois Swimming, Inc

Purpose: Housekeeping – 206.5.15B should be moved to 206.8.6 as it pertains to athlete surcharges. Rule has been reworded to more accurately reflect the will of the House.

Recommendation: *The Rules & Regulations Committee recommends approval.*

175 **206.8 ENTRY FORMS and OFFICIAL MEET INFORMATION**

176 .6 A A swimmer surcharge of \$2.00 shall be assessed each swimmer entered in an individual event.

177 B For Championship Meets conducted outside the LSC boundaries and therefore sanctioned by another
178 LSC, any applicable surcharges of the sanctioning LSC will be added to the ISI surcharge and paid by the
179 athlete or their representative submitting the entry.

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| R-17 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 25 **206.9 ENTRIES**

Proposed by: Rules & Regulations Committee

Purpose: To recognize current meet program as 3+ day meet

Recommendation: *The Rules & Regulations Committee makes no recommendation.*

182 **206.8 ENTRIES**

183 .4 At the Senior Championships a swimmer may enter any number of individual events in which he/she has met the
184 qualifying standard. A swimmer may swim no more than 7.6 individual events during the meet. No swimmer shall

185 be permitted to compete in more than three (3) individual events per day.

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| R-18 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Pages 25-26 206.9 ENTRIES

Proposed by: Rules & Regulations Committee

Purpose: To conform to current practices, clarify procedures and penalties and mirror national rules. It is the intent of the committee to address current entry procedures in the Policy and Procedures Manual.

Recommendation: *The Rules & Regulations Committee recommends approval.*

188 ENTRIES

189 .2 The method and procedure for submission of the entry will be stated in the Meet Announcement. Entry forms shall
190 conform exactly to the standard agreed upon by the Senior/Age Group Committees. Meet entries shall be seeded
191 using Hy-Tek Team Manager software. A printed copy of the entry, entry summary form and meet release shall be
192 included in the entry. Meet entries of less than three (3) individuals may be hand written.

193 .3 *Eliminate and renumber below*

194 .5 At the Age Group Championships a swimmer may enter any number of individual events in which he/she has met
195 the qualifying standard. All swimmers, regardless of age, shall be allowed the same number of individual events
196 over the course of the Championship. A swimmer may swim no more than 6 individual events during a three (3)
197 day the meet and no more than 7 individual events during a four (4) day meet. No swimmer entered in the 11-12 or
198 13-14 age group shall be permitted to compete in more than three (3) individual events per day. No swimmer
199 entered in the 10 & under age group shall be permitted to compete in more than four (4) individual events per day.

200 .7 B Be submitted to hundredths of a second (100ths) only. ~~Times submitted in tenths (10ths) shall have a~~
201 ~~zero added to the 10th recording. Proof of time results for each relay must be highlighted and stapled~~
202 ~~together.~~

203 C For all ISI Championship meets, the Senior Championship Meet, entry times shall be achieved on or after
204 the first day of the corresponding championship meet held two years prior. during the following
205 qualification periods:
206 (1) Qualifying times for the Short Course Championships shall be achieved from the first day of the Long
207 Course championship Meet held approximately 18 months prior.
208 (2) Qualifying entry times for the Long Course Championships shall be achieved from the first day of the
209 Short Course Championship Meet held approximately 18 months prior.

210 .8 Entries are acceptable using 25 yard, 25 meter, or 50 meter times. Non-conforming times will be seeded in
211 accordance with the Championship Season [e.g., short course – SCY, LCM, SCM; long course – LCM, SCM, SCY]
212 per Article 207.12.7 of the USA Swimming Code. USA Swimming 207.7.10 (2)

213 .9 The submitted times of all swimmers and relay teams must be listed on the entry form and no changes in submitted
214 times, correction, or changes of events entered ~~or additional entries~~ shall be allowed. Typographical or
215 transcription errors which can be readily verified by acceptable proof-of-time may be corrected prior to the scratch
216 deadline, upon approval of Program Operations.

217 .11 Program Operations ~~The Senior/Age Group Committees~~ reserve the right to challenge any submitted time ~~or entry.~~

218 .12 ~~Late entries or changes will be accepted after the secondary entry deadline, but no later than 24 hours prior to the~~
219 ~~start of competition. Fees for entries submitted after the entry deadline shall be as follows: A \$50 per day fine will~~
220 ~~be assessed for each change. All such fines shall be paid to the host club prior to the start of the meet.~~

221 A Three (3) times the established entry fee per individual event submitted

222 B Three (3) times the established entry fee per relay event submitted

223 C ISI Surcharge is applicable for all new swimmers submitted in an individual event

224 D All such fees shall be paid to the host club prior to the start of competition

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| R-19 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 27 **206.10 QUALIFYING TIME STANDARDS**

Proposed by: **Rules & Regulations Committee**

Purpose: To conform to other changes recommended and simplify language

Recommendation: *The Rules & Regulations Committee recommends approval.*

227 **206.10 QUALIFYING TIME STANDARDS**

228 .1 ~~Qualifying time standards and qualifying period shall be determined by the Senior/Age Group Committees based~~
229 ~~on previous championship meets.~~

230 A-C *Eliminate in their entirety*

231 .2 The Senior/Age Group Vice-Chairs shall present meet qualifying standards and qualifying periods for the following
232 year at the Fall meeting of the House of Delegates.

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| R-20 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Pages 27-28 **206.11 PROOF OF ENTERED TIME**

Proposed by: **Rules & Regulations Committee**

Purpose: To move rules to more appropriate place within the rulebook

Recommendation: *The Rules & Regulations Committee recommends approval.*

235 **206.11 PROOF OF ENTERED TIME**

236 .2 B-E *Move in their entirety to 206.5.9 and re-letter as D-G. Re-letter remaining clauses as needed*

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| R-21 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Pages 17-28 **ARTICLE 206 CHAMPIONSHIPS**

Proposed by: Rules & Regulations Committee

Purpose: To reorder this rule in a more logical progression for ease of understanding and to be consistent with the USA Swimming Code. There is no content change proposed here, merely a renumbering of sections 206.5-206.11

Recommendation: *The Rules & Regulations Committee recommends approval.*

241 **206.5-11**

242 Current order is:

- 243 206.5 ADMINISTRATIVE CONDUCT FOR ISI LSC CHAMPIONSHIPS
- 244 206.6 PROGRAM
- 245 206.7 AWARDS
- 246 206.8 ENTRY FORMS and MEET INFORMATION
- 247 206.9 ENTRIES
- 248 206.10 QUALIFYING TIME STANDARDS
- 249 206.11 PROOF OF TIME

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251 Proposed order is:

- 252 206.5 QUALIFYING TIME STANDARDS
- 253 206.6 PROOF OF TIME
- 254 206.7 ENTRY FORMS and MEET INFORMATION
- 255 206.8 ENTRIES
- 256 206.9 PROGRAM
- 257 206.10 ADMINISTRATIVE CONDUCT FOR ISI LSC CHAMPIONSHIPS
- 258 206.11 AWARDS

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| B-1 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 56 **ARTICLE 607 – DIVISIONS, COMMITTEES AND COORDINATORS**

Proposed by: Rules & Regulations Committee

Purpose: To formally reconstitute the Rules & Regulations Committee and mirror USA Swimming

Recommendation: *The Rules & Regulations Committee recommends approval.*

261 **607.3 MEMBERS AND EX-OFFICIO MEMBERS OF STANDING COMMITTEES**

262 5 Rules & Regulations Committee – The members of the Rules & Regulations committee
263 shall be the Administrative Vice-Chair, who shall serve as Chair, the Program Operations Vice-Chair,
264 the Officials Chair, the Senior Athlete Representative, and five other members to be appointed by the
265 General Chair, one of whom must be an athlete.

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| B-2 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Pages 57 **ARTICLE 607 – DIVISIONS, COMMITTEES AND COORDINATORS**

Proposed by: Rules & Regulations Committee

Purpose: To formally reconstitute the Rules & Regulations Committee and mirror USA Swimming

Recommendation: *The Rules & Regulations Committee recommends approval.*

268 **607.4 DUTIES AND POWERS OF STANDING COMMITTEES AND COORDINATORS**

269 .8 Rules & Regulations Committee – The Rules & Regulations committee is authorized and
270 obligated to hold at least one meeting of its members each year, at a time and place approved by the
271 Committee, for consideration of amendments and interpretations of the Rules & Regulations.

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| R-22 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled |
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Location: Page 8 **ARTICLE ONE INTERPRETATIONS AND AUTHORITIES**

Proposed by: Rules & Regulations Committee

Purpose: To recognize the new Rules & Regulations Committee and mirror national rules

Recommendation: *The Rules & Regulations Committee recommends approval.*

274 **101 INTERPRETIVE AUTHORIES OF ISI RULES**

275 .2 The ISI ~~Rules & Regulations Committee~~ Board of Directors may issue interim interpretations
276 of ISI Rules subject to approval by the ISI House of Delegates at the next regularly
277 scheduled meeting of the House of Delegates.

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| HK- 1 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 10 202.3 CONDITIONS OF SANCTION
Page 10 202.6 REQUIREMENTS FOR APPROVAL

Proposed by: Bob Welch, ISI General Chair

Purpose: Comply with legislation passed at USA Swimming HOD in September 2011

Recommendation:

Effective: Immediately

1 202.3 CONDITIONS OF SANCTION

2 .1-.5 no changes

3 .6 Applicants for sanction of an open water competition shall complete the application approved by USA
4 Swimming. Before an open water competition is sanctioned by the LSC, the LSC sanction officer shall
5 submit the completed sanction packet to USA Swimming for review and approval.

6

7 202.6 REQUIREMENTS FOR APPROVAL

8 .1 Applicants for approval of an open water competition shall complete the application approved by USA
9 Swimming. Before an open water competition is approved by the LSC, the LSC sanction officer shall
10 submit the completed sanction/approval packet to USA Swimming for review and approval.

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| HK- 2 ACTION: Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 10 202.3 CONDITIONS OF SANCTION
Page 10 202.6 REQUIREMENTS FOR APPROVAL

Proposed by: Bob Welch, ISI General Chair

Purpose: Comply with legislation passed at USA Swimming HOD in September 2011

Recommendation:

Effective: January 1, 2012

13 202.3 CONDITIONS OF SANCTION

14 .1-.6 no changes

15 .7 The meet announcement shall include the following statement: Use of audio or visual recording devices,
16 including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

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18 202.6 REQUIREMENTS FOR APPROVAL

19 .2 The meet announcement shall include the following statement: Use of audio or visual recording devices,
20 including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

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| HK- 3 ACTION: | Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 34 602 MEMBERSHIP

Proposed by: Bob Welch, ISI General Chair

Purpose: Comply with legislation passed at USA Swimming HOD in September 2011

Recommendation:

Effective: January 1, 2012

23 Article 602 – Membership

24 602.1 Requirements of Membership – All members of the House of Delegates, Board of Directors, persons with
 25 password access to the USA Swimming database, and any committee, sub-committee or division of
 26 Illinois Swimming, appointed or elected, must hold an individual membership pursuant to the provisions of
 27 this Article, unless otherwise specified by the USA Swimming Board of Directors.

28 Renumber remaining clauses.

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| HK- 4 ACTION: | Adopted | Defeated | Adopted/Amended | Tabled | Postponed | Pulled |
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Location: Page 38 604 HOUSE OF DELEGATES
 Page 43 605 BOARD OF DIRECTORS
 Page 53 607 DIVISIONS, COMMITTEES AND COORDINATORS

Proposed by: Bob Welch, ISI General Chair

Purpose: Comply with legislation passed at USA Swimming HOD in September 2011

Recommendation:

Effective: January 1, 2012

31 604.1 MEMBERS

32 .2 NON-ATHLETE AT-LARGE HOUSE MEMBERS – Up to ten (10) ~~at-large non-athlete~~ members of the
 33 House of Delegates may be appointed ~~as At-Large House Members~~ by the General Chair with the advice
 34 and consent of the Board of Directors. ~~Additionally, a sufficient number of athlete members at-large shall~~
 35 ~~be appointed by the General Chair with the advice and consent of the Board of Directors to constitute at~~
 36 ~~least 20% of the voting membership of the House of Delegates.~~ No further changes.

37 .3 ATHLETE REPRESENTATIVES – Two (2) Athlete Representatives shall be elected, one each year for a
 38 two year term, or until their respective successors are elected. At the time of the election, the Athlete
 39 Representative must (a) be an athlete member in good standing; (b) be at least sixteen (16) years of age
 40 or at least a sophomore in high school; (c) be currently competing, or have competed during the three (3)
 41 immediately preceding years, in the program of swimming conducted by ISI or another LSC; and (d) have
 42 his or her place of permanent residents reside in the Territory and expect to reside therein throughout at
 43 least the first half of the term (other than periods of enrollment in an institution of higher education). No
 44 further changes.

45

46 ARTICLE 605 – BOARD OF DIRECTORS

47 605.1 MEMBERS

48 .8 ~~The~~ Coach Representatives
49 .9 ~~The~~ Athlete Representatives (2)

50

51 ARTICLE 607 – DIVISIONS, COMMITTEES AND COORDINATORS

52 607.3 MEMBERS AND EX-OFFICIO MEMBERS OF STANDING COMMITTEES – Except as otherwise provided
53 in these Bylaws or by the Board of Directors, members of each standing committee shall be appointed by
54 the General Chair with the advice and consent of the respective division Vice-Chairs and the chairs of the
55 committees. Notwithstanding anything herein to the contrary, a sufficient number of athlete members shall
56 be appointed to each committee to constitute at least twenty percent (20%) of the voting membership of
57 such committee. The athlete committee members shall meet the same requirements as those of Athlete
58 Representative set forth in Section 604.1.3. no further changes.

59

60 .1 ATHLETES COMMITTEE – The Athletes Committee shall consist of the Athlete Representatives, the
61 athlete At-Large Board Members and the athlete At-Large House Members. ~~at least three other Athlete~~
62 ~~members. The Senior Athlete Representative or the Athletes Committee shall determine the number of~~
63 ~~additional athlete members.~~ The Senior Athlete Representative shall be the chair of the committe

