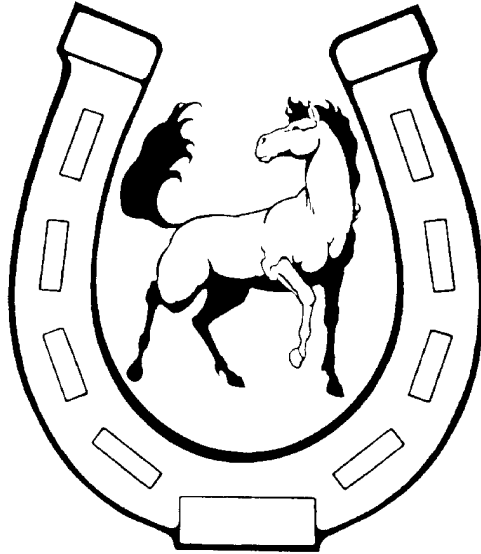


Barrington Swim Club
Fourteenth Annual
WINTER CLASSIC
January 25th, 26th & 27th 2008



Barrington Swim Club
Barrington, Illinois

Held under the sanction of USA Swimming
SANCTION NO. ILS08- 0119

Entries accepted:
Friday, December 21st, 2007, 8:00am

Entry Deadline:
Monday, January 14th, 2008

Barrington Swim Club
28th Annual Mustang Classic
January 25th, 26th & 27th 2008

Sanction: Sanctioned by USA Swimming Inc. and Illinois Swimming Inc.
Sanction Number ILS08- 0119

Meet Director Dawn Emrath 675 Bent Ridge Lane Barrington, IL 60010 (847) 842-9848 dawne@swimbsc.org	Entry Chairperson Alissa Kojima 9144 Jasmine Way Fox River Grove, IL 60021 (847) 809-9550 bscentries@swimbsc.org	Safety Chairperson Peter Mori Meet Referee Ann Widdowson annw@swimbsc.org
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Format: Timed Finals
Positive check in for all sessions.

Friday PM (Session 1)

Warm Ups	5:00pm
Meet Start	6:00pm
Positive check in will close at	5:15pm

Saturday and Sunday AM (Session 2 and 4)

Warm Ups	7:15am
Meet Start	8:15am
Positive check in will close at	7:30am

Saturday and Sunday PM (Session 3 and 5)

Warm Ups	12:00pm
Meet Start	1:00pm
Positive check in will close at	12:15pm

Sunday PM (Session 6)

Session 6 will immediately follow session 5.
There will be a separate positive check in for the mile announced during session 5.

Location: Barrington High School Natatorium
616 W. Main Street
Barrington, IL 60010
(847) 842-3261
On Lake-Cook Road (Main Street in Barrington), third light west of Rt. 59 (Hough Street in Barrington).

Facility: The Barrington High School indoor pool has ten lanes, twenty-five yards, with 29" permanent starting blocks and non-turbulent lane markers. Seating capacity for 600 spectators. Fully automatic Colorado timing system with touch pads and a 10-lane Myriad electronic scoreboard. The pool depth is greater than 72 inches and conforms to USA standards.

Rules and Safety: All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced.

Eligibility: All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed as “Registration applied for” will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 3166 South River Road Suite 30 Des Plaines, IL 60018 or 847-824-1596. A swimmer’s age as of January 25th, 2008 will determine their age for the meet.

USA Swimming Inc.

Membership: Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club’s responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

Coaches: All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

Entry Deadline: Please note that all entries are due no later than Monday, January 14th, 2008 and that no entries will be accepted before 8:00 a.m. Friday, December 21st, 2007. Hand deliveries will only be accepted from a nationally recognized courier service or the U.S. Postal Service. E-Mail entries will be accepted with proper confirming documents and payment within 48 hours.

Entries: Event entries are limited as follows: 12 and under are limited to **four** events per day; 13 and over are limited to **three** events per day. The event entry restrictions do not apply to relays and the 1650 yards. Relay swimmers must be entered in at least one individual event. Current registration number, age, first name, middle initial, and last name must appear on all entry blanks.

The Summary of Fees statement must be completed and the Release form signed for all entries. This must be received within 48 hours of submission of e-mail entries. Failure to do so shall be sufficient grounds for refusal of the entry.

BSC will be using Hytek Meet Manager for Windows. Entries must be submitted by electronic mail using the appropriate BSC order of events. A print out of the entry must accompany the submission. Entries with 5 or less swimmers can be submitted on the enclosed entry form or copy.

Entry Fees: The entry fee is \$3.00 for each individual event and \$7.00 for each relay entry. Entry fees must accompany entries. A surcharge of \$2.00 per swimmer has been instituted by ISI. Make checks payable to Barrington Swim Club.

Entry Limitations: Deck entries will not be permitted.

The following events have additional limitation that only three (3) fastest heats based on times submitted for entry will swim:

Fri Evening	Sun Morning	Sun Evening
400 IM	500 Freestyle	1650 Freestyle
500 Free		
200 Breaststroke		

A listing of the psych sheet showing eligible swimmers will be posted on our website at <http://swimbsc.org>.

The host team reserves the right to swim additional heats if time allows. Any entries which are cut by the host club will not be refunded. The host club also reserves the right to swim a heat or heats comprised of its own swimmers after the cut has been made.

Entry Verification: If you desire verification of entries received, include a stamped self-addressed postal card with your entries.

Events: In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

Positive Check In: All sessions will use positive check in. Check in will close 45 minutes prior to the start of each session. Failure to check in will result in the swimmer being scratched from all events for that session. Late arrivals may be accommodated if there are open lanes available in the slower heats.

Scoring: Point distribution is as follows: 11,9,8,7,6,5,4,3,2,1. Relay points 1st – 3rd are as follows: 22, 18, 16.

Seeding: All events will be timed finals from slowest to fastest, with the exception of the 1650 Freestyle events. These events will be swum fastest to slowest. Short course yard times should be submitted for entry purposes.

Relay Events: Relay cards will be issued at each session and must be returned to the clerk of course 45 minutes prior to the start of the relay events.

Awards: Custom medals will be awarded for swimmers places 1-8. Ribbons will be awarded for swimmers places 9-16. Relays

will be awarded custom medals for places 1-3. Team trophies will be awarded 1-3rd place based on points.

Admissions: \$3.00 per person (non-swimmer) over 12 years old.
\$6.00 per psyche sheet for all sessions.

Volunteers: All teams will be required to provide timers based on number of entries. All swimmers in Session 6 must provide their own timer. If the swimmer wishes to use a counter for events that are 500 yards and longer they must provide their own volunteer to count the lengths.

Concessions: Food and beverages will be served in the Giddy Up Café, located in the viewing gallery.

Vendors will be selling swimwear and accessories.

Meet Results: Results will be posted on the club web site: <http://swimbsc.org>.

Order of Events

January 25th, 2008 SESSION 1		
Women	Event	Men
1	Open 400 IM	2
3	11-12 200 IM	4
5	10 & Under 200 IM	6
7	Open 200 Breast	8
9	9-10 200 Free	10
11	11-12 200 Free	12
13	13 & Over 500 Free	14

January 26th, 2008 SESSION 2		
Women	Event	Men
15	11-12 100 IM	16
17	9-10 100 IM	18
19	11-12 50 Breast	20
21	9-10 50 Breast	22
23	11-12 100 Free	24
25	9-10 100 Free	26
27	11-12 50 Back	28
29	9-10 50 Back	30
31	11-12 50 Fly	32
33	9-10 50 Fly	34
35	12 & Under 400 Free Relay	36
37	10 & Under 200 Free Relay	38

January 26th, 2008 SESSION 3		
Women	Event	Men
39	8 & Under 50 Free	40
41	13 & Over 100 Back	42
43	8 & Under 100 Free Relay	44
45	13 & Over 400 Free Relay	46
47	8 & Under 25 Back	48
49	13 & Over 100 Free	50
51	8 & Under 50 Fly	52
53	13 & Over 100 Fly	54
55	8 & Under 25 Breast	56
57	13 & Over 200 IM	58

January 27th, 2008 SESSION 4		
Women	Event	Men
59	11-12 100 Back	60
61	9-10 100 Back	62
63	11-12 100 Breast	64
65	9-10 100 Breast	66
67	11-12 50 Free	68
69	9-10 50 Free	70
71	11-12 100 Fly	72
73	9-10 100 Fly	74
75	12 & Under 400 Medley Relay	76
77	10 & Under 200 Medley Relay	78
79	12 & Under 500 Free	80

January 27th, 2008 SESSION 5		
Women	Event	Men
81	8 & Under 100 IM	82
83	13 & Over 200 Free	84
85	8 & Under 100 Medley Relay	86
87	13 & Over 400 Medley Relay	88
89	8 & Under 25 Fly	90
91	13 & Over 200 Fly	92
93	8 & Under 25 Free	94
95	13 & Over 100 Breast	96
97	8 & Under 50 Back	98
99	13 & Over 50 Free	100
101	8 & Under 50 Breast	102
103	13 & Over 200 Back	104
	January 27th, 2008 SESSION 6	
105	Mixed Open 1650 Free	

Barrington Swim Club
0119
Winter Classic

USA Sanction No. ILS# ILS08-

January 25th, 26th & 27th, 2008

**COMPLETE THIS FORM AND MAIL WITH ENTRY FORM AND YOUR
CHECK PAYABLE TO:**

Barrington Swim Club
c/o Alissa Kojima
9144 Jasmine Way
Fox River Grove, IL 60021

SUMMARY OF FEES

	Number of Entries	Cost per Entry	Total
8 & Under		\$3.00	
9-10		\$3.00	
11-12		\$3.00	
13 & Over		\$3.00	
Total # of entries		\$3.00	
Total # of swimmers (ISI surcharge)		\$2.00	
Total # of relays		\$7.00	
TOTAL FEES -->			

Name of Club or unattached: _____

Club Code for Heat Sheet: _____

Complete Mailing Address: _____

Phone _____ Town _____ State _____ Zip _____

Name(s) of coaches attending meet: _____

In consideration of acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., the Barrington Swim Club, the Barrington High School and School District 220, their representatives, Directors, Officers, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming.

SIGNATURE (Coach, club representative, or parent)

Name _____ Title _____ Date _____

This signed release and your check for the full and correct amount must accompany entry or entry will not be accepted. Entries must be received no later than 12:01am CST, Monday, January 14th, 2008.

CONTROLLED MEET WARM-UP AND SAFETY GUIDELINES

A. WARM-UP PROCEDURES

1. **General Warm-up** (first 30-45 minutes)
 - a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
 - b. No sprinting or pace work allowed during this general warm-up session.
 - c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
2. **Specific Warm-up** (last 30-45 minutes)
 - a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING**.
 - b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
 - c. **General Warm-up Lanes** - **NO DIVING**. Circle swim only.
 - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

Pool Lane Use		
Push/Pace	Diving	General Warm Up
1&10	3&9	2,4,5,6,7,8

B. SAFETY GUIDELINES

1. **Coaches Responsibilities**
 - a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
2. **Host Team Responsibilities**
 - a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
 - b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
 - c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
 - d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
 - e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
3. **Miscellaneous:**
 - a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
 - b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
 - d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
 - e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

