

# WEST CHICAGO SHARKS

## 2008 Polar Bear Classic

FRIDAY, SATURDAY, and SUNDAY, January 11, 12, 13 2008

Meet Director: Fred Dunn, Ph: (630) 408-0175  
Email: meetdirector@wcsharks.org

Entry Chairman: Cindy Neacy, Ph (630) 406-1948  
441 Shabbona Tr., Batavia, IL 60510

**SANCTIONS: Sanctioned by United States Swimming and Illinois Swimming, Inc.  
SANCTION No. ILS08-0109**

All USA Swimming and ISI swimming rules and ISI Safety rules will be strictly enforced.

**LOCATION:** West Chicago Community High School District #94 Pool, 326 Joliet St., West Chicago, Illinois; one mile north of Rt. 38. The school is a no-smoking facility. Likewise, there is no smoking allowed on the grounds.

**POOL:** The West Chicago High School District #94 Pool is a 25-yard six lane pool with starting blocks at one end (depth at blocks: 7'-0"), non-turbulent lane lines, Daktronics horn start system and General Display Devices Swimtime II timing system with six-lane read-out board. Spectator seating for 400.

### SCHEDULE:

Friday 1:	Warm-ups: 5:00 - 5:45 PM First Splash: 6:00 PM Positive check-in closes at <b>5:20 PM</b>
Saturday 2:	Warm-ups: 7:00 - 7:45 AM First Splash: 8:00 AM Positive check-in closes at <b>7:20 AM</b>
Saturday 3:	Warm-ups: Immediately following session 2, not before Noon First Splash: not before 1:00 PM Positive check-in closes at <b>12:20 PM</b>
Saturday 4:	Warm-ups: Immediately following session 3 First Splash: not before 4:00 PM Positive check-in closes at <b>2:20 PM</b>
Sunday 5:	Warm-ups: 7:00 - 7:45 AM First Splash: 8:00 AM Positive check-in closes at <b>7:20 AM</b>
Sunday 6:	Warm-ups: Immediately following session 5, not before Noon First Splash: not before 1:00 PM Positive check-in closes at <b>12:20 PM</b>
Sunday 7:	Warm-ups: Immediately following session 6 First Splash: not before 4:00 PM Positive check-in closes at <b>2:20 PM</b>

**ENTRIES:** All entries shall comply with the current 2008 U.S.A Swimming, Inc. and Illinois Swimming, Inc. rules. Current 2008 registration numbers, age, first name, middle initial, and last name must appear on all entry blanks. Only U.S.A Swimming registered swimmers are eligible. No swimmer's entry will be accepted unless he/she is registered or has been duly certified in accordance with the U.S.A Swimming Code and Rule Book of 2008. Entries listed "registration applied for" will not be accepted. Age for this meet shall be the swimmer's age as of January 11, 2008. Entry's will be accepted from swimmers with disabilities. The pool facility's meet or surpass all accessibility requirements as listed on page 3 of Illinois Swimming Inc's, current meet directors manual. Illinois registration applications may be obtained from Illinois Swimming, Inc.

**STARTS:** The FINA start procedures will be applied (no re-call rope and whistle commands).

**SEEDING:** Submit swimmers' best times to assure proper seeding. Swimmers will be seeded from slowest to fastest. All non-conforming times will be seeded last in rank order.

**LIMITATIONS:** *Friday: Swimmers may enter only one event for their age group.* Saturday and Sunday: Swimmers are limited to four (4) individual events and one (1) relay events, each day. All sessions: Events may be combined. Relay swimmers must be entered in at least one individual event. Deck entries will not be permitted.

**ENTRY FEES:** Individual events are \$3.00 each. Relay events are \$7.00 per event. A surcharge of \$2.00 per swimmer has been instituted by ISI, Inc. for the Athlete Travel Reimbursement Fund. Make checks payable to the West Chicago Sharks.

**DEADLINE:** Initial entries will be accepted beginning December 7, 2007 at 10:00am. Hand delivered, phoned or faxed entries will NOT be accepted. E-mail entries are accepted as a method of entering this meet. You may also use US Post Office, Fed Ex or any other overnight or courier service. If using e-mail, please e-mail your zipped files beginning at 10:00 am, Central Standard Time on Friday, December 7, 2007 to [meetdirector@wcsharks.org](mailto:meetdirector@wcsharks.org). A completed and signed Entry Summary Sheet, provided in this packet, and payment in full must be received by the Entry Chair within 72 hours of receipt of your e-mailed entry. An entry is not complete until all necessary paperwork including Entry Summary Sheet, Volunteer Sheet, Summary of Fees Report and check for entry fees made payable to West Chicago Sharks Swim Team are received. Entries that are expressed mail should be delivered with no signature required. If you desire verification of entries received, include an e-mail address or a self-addressed postal card with your entries. Entries must be received by December 28, 2007. **All updates to your team's entries (times and new/deleted swimmers) will be accepted via email to [meetdirector@wcsharks.org](mailto:meetdirector@wcsharks.org) 10 days before the meet** DECK ENTRIES WILL NOT BE ACCEPTED.

**FORMS:** Entries should be submitted on a CD-ROM disk using "Hytek" software; for details contact the entry chairperson. A printout of the disk's data should also be provided along with the disk, to allow a cross-check for I.S.I numbers, ages, etc. If not on a computer disk, entries must be submitted on the enclosed meet entry form. Entry forms must be LEGIBLE and completed in full. Also, the **original** of the enclosed Summary of Fees and Release Form signed by the coach, parent, or club representative must accompany **all** entries, along with your check. Failure to comply with any of these requirements is sufficient cause to reject those entries. If you desire verification of entries received and/or accepted, include a stamped self-addressed postal card with your entries.

**CHECK-IN:** This meet is a "positive check-in" meet. That is, each swimmer will be asked to stop at the check-in desk upon entering the pool and confirm their presence. If a swimmer has not checked-in at the desk, he/she will be scratched from their events for that day. Swimmers need to check-in each day if they are entered in multiple sessions. **Positive check-in is according to schedule on page 1.**

**AWARDS:** In lieu of awards, all participants will receive a sports gift.

**RESULTS:** Results will be posted as the meet progresses. One copy of the results will be provided to all teams represented by five (5) swimmers or more. Individuals may purchase a copy of the final results for \$10.00 by contacting [meetdirector@wcsharks.org](mailto:meetdirector@wcsharks.org).

**COACHES:** Coaches must be current USA Swimming coaches to be allowed on deck and must continuously display their USA Swimming coaching membership card at all times.

**SECURITY:** No one will be allowed on deck except USA swimmers, coaches, meet officials and meet workers.

**PARENT WORKERS/OFFICIALS:** There will be a need for Officials and Timers. Anyone willing to help should fill in the information requested on the VOLUNTEER sheet. **Any team with more than six (6) swimmers in a session may have an assigned lane to time for that session. Lane timer assignments for teams will be emailed prior to the meet, posted and announced. Free admission for volunteer timers for the number assigned per team.**

**CONCESSIONS:** Food and beverages will be available for sale. **NO FOOD or DRINK (only WATER) IS ALLOWED IN THE FIELD HOUSE.** Cooler storage is provided in the Concessions area. A hospitality room is provided for coaches and officials on deck. There is absolutely no smoking allowed on the school grounds or in the buildings.

**ADMISSIONS:** Friday evening session: \$2.00 for adults, no charge for children under age 16; Saturday and Sunday \$4.00 per adult, no charge for children under age 16. Psyche sheets covering all sessions are \$6.00. *Wrist bands will be issued at the admissions table. All spectators must display this wrist band during the meet. Reluctance to adhere with this policy may be grounds for ejection of the spectator and his/her respective team.*

**HOTELS INFO:** Accommodations are available at nearby hotels. Check out our web site or contact the meet directors for more detailed info.

## SAFETY REQUIREMENTS

### A. WARM-UP PROCEDURES

The 50 minute warm session will be divided into 2 sub-sessions allowing a more productive warmup for the swimmers. Assignments will be made and sent out to the coaches at least one week prior to the meet with their assignments.

	Warmup Lane Assignments-1st half					Warmup Lane Assignments-2nd half				
	FRI	SAT AM	SAT PM	SUN AM	SUN PM	FRI	SAT AM	SAT PM	SUN AM	SUN PM
<b>Lane</b>	5:00-5:25	7:00-7:25	12:00-12:25	7:00-7:25	12:00-12:25	5:25-5:50	7:25-7:50	12:25-12:50	7:25-7:50	12:25-12:50
<b>1</b>										
<b>2</b>										
<b>3</b>										
<b>4</b>			TBA	One	Week	Prior	To	Meet		
<b>5</b>										
<b>6</b>										

### B. SAFETY GUIDELINES

#### 1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

#### 2. Host Team Responsibilities

- a. Marshaling
  - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
  - 2) Marshals shall be current members of USA Swimming.
  - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
- d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

#### 3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.

The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

## SUMMARY OF FEES WEST CHICAGO SHARKS

### 2008 Polar Bear Classic

FRIDAY, SATURDAY, and SUNDAY, January 11, 12, 13 2008

**SANCTION No. USA ILS08-0109**

Complete this form and mail along with entry forms and check payable to:

West Chicago Sharks  
c/o Cindy Neacy, Ph (630) 406-1948  
441 Shabbona Tr., Batavia, IL 60510

# of Entries	_____ @ \$3.00 =	\$ _____
Total Swimmers (ISI Surcharge)	_____ @ \$2.00 =	\$ _____
# of Relay Entries	_____ @ \$7.00 =	\$ _____
<b>Total Fees</b>		<b>\$ _____</b>

Name of Club \_\_\_\_\_

Club Code (for Scoring) \_\_\_\_\_ USS Affiliation \_\_\_\_\_

Complete Mailing Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

EMAIL Address: \_\_\_\_\_

Name & Phone of Contact Person: \_\_\_\_\_

Names of Coaches in Attendance: \_\_\_\_\_

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may accrue against United States Swimming, Inc., Illinois Swimming, Inc., West Chicago Sharks, Inc. West Chicago Community High School District #94, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said Meet, as a representative of my Club. "I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming."

_____ Signature of Coach, Club Rep., or Parent	_____ Title	_____ Date
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**THIS SIGNED RELEASE AND YOUR CHECK MUST ACCOMPANY ENTRY OR ENTRY WILL NOT BE ACCEPTED. ENTRIES MUST BE RECEIVED NO LATER THAN DECEMBER 28, 2007.**

**VOLUNTEERS NEEDED**

# Yes, I can help at the West Chicago Shark Polar Bear Classic

January 11, 12, 13 2008

We will need timers and officials. Each team will likely be asked to supply timers for a specific lane for the whole meet.

Name of Club \_\_\_\_\_

NAME	PHONE or E-mail	JOB (OFFICIAL/TIMER)	SESSION
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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_____	_____	_____	_____

## THANK YOU FOR YOUR HELP!

### WEST CHICAGO SHARKS

### 2008 Polar Bear Classic

January 11, 12, 13 2008

Sanction No. ILS08-0109

#### Friday, January 11 2008

<b>SESSION 1:</b>	Warm-ups start at 5:00 PM	1	10 & U	200 IM	2			
	First splash at 6:00 PM	3	11-12	200 IM	4			
	(only one event per swimmer)	5	13-14/Senior	400 IM	6			
		7	10 & U	200 FREE	8			
GIRLS	AGE GROUP	DISTANCE	STROKE	BOYS	9	11-12	200 FREE	10

11 13-14/Senior 500 FREE 12

**Saturday, January 12 2008**

**SESSION 2:** Warm-ups start at 7:00 AM  
First splash at 8:00 AM

13	10 & U	100 FREE	14
15	11-12	100 FREE	16
17	10 & U	50 BREAST	18
19	11-12	50 BREAST	20
21	10 & U	50 BACK	22
23	11-12	50 BACK	24
25	10 & U	100 FLY	26
27	11-12	100 FLY	28
29	10 & U	200 FREE RELAY	30
31	11-12	200 FREE RELAY	32

**SESSION 3:** Warm-ups start at 12:00PM  
First splash at 1:00 PM

33	8 & U	50 FREE	34
35	13-14/Senior	200 FREE	36
37	8 & U	25 FLY	38
39	13-14/Senior	50 FREE	40
41	8 & U	25 BACK	42
43	13-14/Senior	100 BREAST	44
45	8 & U	100 FREE RELAY	46
47	13-14/Senior	200 FLY	48
49	13-14/Senior	200 BACK	50
51	13-14/Senior	200 FREE RELAY	52

**SESSION 4:** Warm-ups begin immediately following session 3.  
First splash not before 4 PM

Open 1000 FREE 54

**Sunday, January 13 2008**

**SESSION 5:** Warm-ups start at 7:00 AM  
First splash at 8:00 AM

GIRLS	AGE GROUP	DISTANCE	STROKE	BOYS
55	10 & U	100	IM	56
57	11-12	100	IM	58
59	10 & U	100	BREAST	60
61	11-12	100	BREAST	62
63	10 & U	50	FREE	64
65	11-12	50	FREE	66
67	10 & U	50	FLY	68
69	11-12	50	FLY	70
71	10 & U	100	BACK	72
73	11-12	100	BACK	74
75	10 & U	200	MED RELAY	76
77	11-12	200	MED RELAY	78

**SESSION 6:** Warm-ups start at 12:00PM  
First splash at 1:00 PM

79	8 & U	25	FREE	80
81	13-14/Senior	200	IM	82
83	8 & U	25	BREAST	84
85	13-14/Senior	100	FREE	86
87	8 & U	100	IM	88
89	13-14/Senior	100	FLY	90
91	8 & U	100	MED RELAY	92
93	13-14/Senior	100	BACK	94
95	13-14/Senior	200	BREAST	96
97	13-14/Senior	200	MED RELAY	98

**SESSION 7:** Warm-ups begin immediately following session 6.  
First splash not before 4 PM

99 Open 1000 FREE

**Attention:**

- Open events will be scored 13-14 and Senior.
- Session 1, 4, 7 events may be limited to top 4 heats.
- All 1000 yard swimmers must provide their own timers and lap counters.
- Heats for session 4 & 7 will be run fastest to slowest.

