



2008 CATS Spring Pentathlon

Sunday, April 27, 2008

Sanctioned by USA Swimming & Illinois Swimming, Inc.

Sanction #: ILL08-0430

LOCATION

Vernon Hills High School
145 Lakeview
Vernon Hills, IL 60061

FACILITY

Vernon Hills HS Pool. 8 lane 25 yard competition pool with non-turbulent lane lines and Colorado System 5 timing system. Water depth at the start end is 4 feet and 7 feet at the turn end. A separate three lane, 20-yard diving well is available for warm-up and warm-down. There is seating for approximately 400 spectators.

MEET DIRECTOR(S)

Brian Brown

SAFETY COORDINATOR

Jeff Arce

MEET REFEREE

Bob Welch

ENTRY CHAIRPERSON

Brian Brown
872 S. Plum Grove Rd #206
Palatine, IL 60067
708-267-1783 phone
bbbrown618@comcast.net email

FORMAT

Timed finals with positive check-in. Check-in sheets will be posted prior to the start of warm-ups, and will be removed 30 minutes prior to the start of the session. If you are not checked-in, you will be scratched from that session. Heat sheets with lane assignments will be posted in the pool area as soon as all scratches have been completed.

<u>Sessions</u>	<u>Warm-up Start</u>	<u>Check-In Closes</u>	<u>Meet Start</u>
Sunday AM (10&U/11-12)	7:00am	7:30am	8:00am
Sunday PM (8&U/Open)	12:00noon*	12:30pm*	1:00pm*

*denotes an approximation



Be sure your entry is filled out completely and that all forms accompany the entry (team summary, volunteer assistance, signed release form, etc.).

Incomplete entries will be sufficient cause for refusal of entry.

ELIGIBILITY

Swimmer's age as of April 27, 2008 will determine his or her age for the entire meet. Only USA Swimming registered athletes are eligible. All swimmers must be registered prior to competing. Entries listed as "registration applied for" will not be accepted.

ENTRIES

Swimmers may enter up to five (5) events, not including relays. Entry times should be in Short Course Yards (SCY). **100 Yard Relay entries for 9 & older age groups should be entered at 200 Yard Relay times.** The preferred method of entry is email. Teams must submit their entry in a zipped file via email. A printed SDIF report including full name, USA number, event numbers, and entry times of all swimmers must be included with the entry. This report will serve as the official entry form. Individual entries and a signed release with fee summary must accompany the entry. 13-14 and Senior events will be swum together and scored separately.

EMAIL ENTRIES

The following guidelines must be followed for email entries:

1. Official entry forms and all entry fees and swimmer surcharges are due within 72 hours or receipt of entry.
2. Email entries must be zipped so that it arrives to the entry chair intact.
3. The club's entire entry must be sent in one email. Please do not flood the entry chair with several emails which compose one single team entry.

ENTRY FEES

\$3.00 per individual entry
\$7.00 per relay entry
\$2.00 surcharge for each swimmer entered per ISI requirements. Make checks payable to CATS Aquatic Team.
\$25.00 Facility Fee per team

ENTRY DEADLINE

All entries must be sent to the Entry Chair. Entries will not be accepted prior to Thursday, April 10, 2008, at 8:00am CST and will not be accepted after 11:59pm, on Thursday, April 24, 2008.

RULES & SAFETY

All current USA Swimming and ISI Rules & Regulations apply.
All USA Swimming and ISI safety rules will be strictly enforced.

USA SWIMMING MEMBERSHIP

Insurance regulations require that all swimmers, coaches, judges, starters, and referees be a current member of USA Swimming, Inc.



It is each club's responsibility to register their swimmers, coaches and officials. Swimmers, coaches, and officials who are not current members of USA Swimming, Inc. may not participate in the meet nor be on the pool deck. Be sure to display your credentials in order to gain access to the pool deck.

SWIMMERS WITH DISABILITIES

In accordance with USA Swimming Rules, Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee with specific requests.

AWARDS / SCORING

Individual events will be scored 1-16. Ribbons will be awarded 1st to 16th place for 14 & Under age groups in all individual events. Being a Pentathlon format, Individual High Point awards will be given for all age groups.

CLERK of COURSE

The host club reserves the right to assign 10 & Under events to the Clerk of the Course.

SEEDING

All events will be seeded slowest to fastest. Be sure all entry times are in Short Course Yard (SCY) to ensure that swimmers are properly seeded. 13-14 and Senior events will be swum together as "Open" and scored separately.

STARTS

At the Meet Referee's discretion, fly-over starts may be implemented in order to ensure each session is completed in a timely manner.

LIMITATIONS

The host club reserves the right to limit events, heats or distance in order to ensure completion of the session with the 4-hour time rule guideline. Any entries which are cut by the host club will be refunded.

CONCESSIONS

Food and beverage will be available. No smoking is allowed anywhere on the campus by state law.

ADMISSION

Adult admission will be \$5.00 for the day. Admission will be waived for any adults who volunteer to time during the session.

HEAT SHEETS

Psych sheets may be available online at www.cats-aquatics.com on the Friday prior to the meet. Heat sheets will be available for \$4.00 per session.

PARKING

There are two parking lots available for the meet. Participants may park in either the East or West parking lots. Simply follow the posted signs to the pool and commons area. Security will monitor both parking lots.



ORDER OF EVENTS

**SESSION 1 - SUNDAY
WARM-UPS 7:00 AM
MEET STARTS 8:00 AM**

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1	10 & U 50 Free	2
3	11-12 50 Free	4
5	10 & U 50 Breast	6
7	11-12 50 Breast	8
9	10 & U 50 Back	10
11	11-12 50 Back	12
13	10 & U 50 Fly	14
15	11-12 50 Fly	16
17	10 & U 100 IM	18
19	11-12 100 IM	20
21	10 & U 100 Free Relay	22
23	11-12 100 Free Relay	24

**SESSION 2 – SUNDAY
WARM-UPS IMMEDIATELY AFTER
AM SESSION, BUT NOT BEFORE 12:00 NOON.
MEET STARTS 1 HOUR AFTER BEGINNING OF WARM-UPS**

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
25	8 & U 25 Free	26
27	Open 100 Free	28
29	8 & U 25 Breast	30
31	Open 100 Breast	32
33	8 & U 25 Back	34
35	Open 100 Back	36
37	8 & U 25 Fly	38
39	Open 100 Fly	40
41	8 & U 100 IM	42
43	Open 200 IM	44
45	8 & U 100 Free Relay	46
47	Open 100 Free Relay	48

Reminder: All Senior events will be scored 13-14 and Senior.



**CATS Spring Pentathlon
Hosted by CATS Aquatic Team
Sunday, April 27, 2008
Timer/Official Form**

Mail Entries, Summary Sheet, and Volunteer Form to:

Brian Brown

872 S. Plum Grove Rd. #206

Palatine, IL 60067

708-267-1783 phone

bbrown618@comcast.net email

Club Official Coordinator: _____

Phone: _____ **Email:** _____

Officials Attending the Meet:

Name	Level	AM/PM
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Club Timer Coordinator: _____

Phone: _____ **Email:** _____

All teams need to provide two (2) timers per session. Please schedule your timers and have them ready to attend the timer meeting prior to the start of each session.