

ELMHURST SWIM TEAM 19th ANNUAL A-B MEET

DECEMBER 11,12,13, 2009

SANCTION: Sanctioned by United States of America Swimming and Illinois Swimming, Inc.
Sanction # ILS09-1211

LOCATION: The meet will utilize the Aquatic Center at York High School, 355 W. St. Charles Road, Elmhurst, Illinois. The Aquatic Center is on the northwest corner of the building. Parking and drop-off area is located in the front of the school and there will be signs to direct you where to enter for the meet. There will be no drop-off area in the back of the school by the pool. These doors will be locked.

FACILITY: This meet will be fully computerized using the Hy-Tek CommLink system. The pool is a 52Yard, six lane facility with a stainless steel bulkhead fixed at 25 yards for each pool. There are permanent parafite starting blocks (14' water depth at the starting end and 6' water depth at the turn end of the racing course.) Keifer lane lines exist between lanes and between the outside lane and the pool edge. Timing is with a fully automatic Colorado Timing System with button backup. Warm-up pool is 3 ½' to 6' water depth.

MEET DIRECTORS: Doug Kellerstrass,

ENTRY CHAIRMAN: Dave Davis 355 W. St. Charles, Elmhurst, IL. 60126
630-617-2481 ddavis@elmhurst205.org

MEET REFEREE: Doug Kellerstrass,

RULES, TIMES, ELIGIBILITY: All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. Only USA registered swimmers are eligible. Entries listed "Registration applied for" will not be accepted. Age for this meet shall be the swimmers age as of December 11, 2009. USA registration forms can be obtained from Illinois Swimming, Inc. 3166 S. River Rd. Suite 30 Des Plaines, Il. 60018. Phone: 847-824-1596

Fax: 847-824-1726 E-Mail: ilswimoffice@sbcglobal.net

Coaches must be current USA Swimming member coaches to be allowed on deck and must continuously display their current USA coach member registration card at all times while on deck.

Swimmers shall be limited to THREE (3) events per day plus relays. Relay swimmers must be entered in at least one individual event. DECK ENTRIES WILL NOT BE PERMITTED.

POSITIVE CHECK-IN: This meet is a positive check-in meet. All swimmers must check-in to each session. Check-in station will be located in pool area hallway, by the locker rooms. Check-in will close for each session 30 minutes after the start of warm-ups for that session. All swimmers who do not check-in for a session will be scratched for that session. Swimmers must physically present themselves at the check-in station to be checked in.

Illinois Swimming Inc. time standards will be used. Time for "Senior" events will be the 13-14 age group standards. All events will be deck seeded times finals. A-B events will be seeded and swam together but scored and awarded separately. The host team reserves the right to limit events 111 & 112 (Senior 500 Yard Fr) to 13 & over swimmers only, and events 211 & 212 (Senior 200 Yard IM) to the fastest THREE (3) heats. Due to the order of events the 11 & 12 age groups will be limited to either the 50 or 100 Yard back, fly, and breast. This will allow ample time for swimmers to get to the bullpen between races. Please do not enter 11-12 swimmers in the same stroke at both distances.

ENTRY FEES: \$2.00 per swimmer for ISI surcharge
 \$3.00 per individual event
 \$7.00 per relay

A surcharge of \$2.00 per swimmer has been instituted by ISI. Make checks payable to ELMHURST SWIM TEAM.

ENTRY DEADLINE AND PROCEDURES: Entries will not be accepted until Saturday November 7, 2009 and will be accepted until the maximum time limit, subject to the 4 hour/10 hour rule is reached. Entries received thereafter will be returned immediately. If you desire verification of entries received, include a self-addressed postcard with your entries.

ENTRIES MUST BE MAILED IN, OR EMAILED(HY-TEK FILE) - NO HAND DELIVERED ENTRIES WILL BE ACCEPTED. OVERNIGHT, PRIORITY, REGULAR MAIL, ECT. IS ACCEPTABLE.

SCHEDULE: Friday warm-ups will begin at 5:00 pm. The meet will begin at 6:00 pm. Saturday and Sunday morning warm-ups will begin at 7:00 am. The meet will begin at 8:00 am. Afternoon warm-ups will begin at Noon in the West pool. The afternoon session will begin at 1:00 pm or as soon thereafter as is possible. The building will be open at 6:30 am on Saturday and Sunday. No swimmers will be allowed in the building before this time.

AWARDS: Awards will be given for the first through sixth place for "A", "B", "C" categories for individual events and first through third place for relay events. AWARDS WILL BE AVAILABLE TO COACHES ONLY AT THE CONCLUSION OF THE MEET.

UPGRADING PROCEDURES: Coaches will be able to update times through 12/8/08

RESULTS: One copy of the final results will be mailed to any team represented by five (5) or more swimmers. Others may order final results at the meet for a \$7.50 fee. Sign-up will be at the admission desk following each session.

CONCESSIONS: A wide variety of food concessions will be available throughout the meet. T-shirts and other mementos and swim equipment will also be available.

TIMERS & OFFICIALS: We welcome and request all teams assistance in timing and officiating the meet. Timers & Officials may register with the Meet Director by sending the enclosed form with their team registration. Timers & Officials will receive free admission. Also, officials who work will receive lunch on each day.

GENERAL NOTES: Only swimmers, meet officials, timers, and USA registered coaches are allowed on the pool deck.

ELMHURST SWIM TEAM
19th ANNUAL A-B MEET
DECEMBER 11, 12, 13, 2008
SANCTION # ILSO

SCHEDULE OF EVENTS

PLEASE NOTE: Swimmers shall be limited to three (3) events per day plus relays. Swimmers must swim at least one individual event in order to be eligible for relays. Swimmers may not participate in more than one session per day.

SESSION # 1

FRIDAY EVENING, DEC. 11, 2009

WARM-UPS: 5:00 PM

STARTING: 6:00 PM

| <u>GIRLS</u> | <u>EVENT</u> | <u>BOYS</u> |
|--------------|-----------------------|-------------|
| 01 | 10 & Under 200 Y Free | 02 |
| 03 | 11-12 200 Y Free | 04 |
| 05 | Senior 200 Y Free | 06 |
| 07 | 10 & Under 200 Y IM | 08 |
| 09 | 11-12 200 Y IM | 10 |
| 11 | Senior 500 Y Free** | 12 |

** 13 & over only allowed in this event

SESSION # 2

SATURDAY MORNING, DEC. 12, 2009

BUILDING OPENS: 6:30 AM

WARM-UPS: 7:00 AM

STARTING: 8:00 AM

| <u>GIRLS</u> | <u>EVENT</u> | <u>BOYS</u> |
|--------------|---------------------------|-------------|
| 101 | 10 & Under 50 Y Free | 102 |
| 103 | Senior 100 Y Free | 104 |
| 105 | 10 & Under 50 Y Back | 106 |
| 107 | Senior 100 Y Back | 108 |
| 109 | 10 & Under 50 Y Fly | 110 |
| 111 | Senior 200 Y IM** | 112 |
| 113 | 10 & Under 200 Y R-Medley | 114 |
| 115 | Senior 200 Y R-Medley | 116 |

** Host team reserves the right to limit to the fastest three (3) heats.

SESSION # 3

SATURDAY AFTERNOON, DEC. 12, 2009

WARM-UPS: NOT BEFORE NOON

STARTING: NOT BEFORE 1:00 PM

| GIRLS | EVENT | BOYS |
|-------|--------------------------|------|
| 201 | 11-12 100 Y Free | 202 |
| 203 | 8 & Under 25 Y Free | 204 |
| 205 | 11-12 50 Y Back** | 206 |
| 207 | 11-12 100 Y Back** | 208 |
| 209 | 8 & Under 25 Y Back | 210 |
| 211 | 11-12 50 Y Fly** | 212 |
| 213 | 11-12 100 Y Fly** | 214 |
| 215 | 8 & Under 100 Y IM | 216 |
| 217 | 11-12 200 Y R-Medley | 218 |
| 219 | 8 & Under 100 Y R-Medley | 220 |

** May only choose one, 50 or 100

SESSION # 4

SUNDAY MORNING, DEC. 13, 2009

BUILDING OPENS: 6:30 AM

WARM-UPS: 7:00 AM

STARTING: 8:00 AM

| GIRLS | EVENT | BOYS |
|-------|-------------------------|------|
| 301 | 10 & Under 100 Y Free | 302 |
| 303 | Senior 100 Y Breast | 304 |
| 305 | 10 & Under 50 Y Breast | 306 |
| 307 | Senior 50 Y Free | 308 |
| 309 | 10 & Under 100 Y IM | 310 |
| 311 | Senior 100 Y Fly | 312 |
| 313 | 10 & Under 200 Y R-Free | 314 |
| 315 | Senior 200 Y R-Free | 316 |

SESSION # 5

SUNDAY AFTERNOON, DEC. 13, 2009

WARM-UPS: NOT BEFORE NOON

STARTING: NOT BEFORE 1:00 PM

| GIRLS | EVENT | BOYS |
|-------|------------------------|------|
| 401 | 8 & Under 50 Y Free | 402 |
| 403 | 11-12 50 Y Breast | 404 |
| 405 | 11-12 100 Y Breast | 406 |
| 407 | 8 & Under 25 Y Breast | 408 |
| 409 | 11-12 50 Y Free | 410 |
| 411 | 8 & Under 25 Y Fly | 412 |
| 413 | 11-12 100 Y IM | 414 |
| 415 | 8 & Under 100 Y R-Free | 416 |
| 417 | 11-12 200 Y R-Free | 418 |

(Use this form, or create your own form containing the same information)

NOTE: Swimmers are limited to three (3) individual events per day plus relays. Swimmers must swim at least one individual event in order to be eligible for relays. Swimmers may not participate in more than one session per day.

TEAM NAME _____

INDIVIDUAL EVENTS

Swimmer information

Name _____ Age _____ Sex _____ USA# _____

(First, Middle Initial, Last) (Years) (M or F)

List events/descriptions/Seed Times

EVENT # DISTANCT (YDS)/STROKE _____ SEED TIME (SC YDS)

RELAY EVENTS

Swimmer information

Name 1 _____ age _____ sex _____ USA # _____
2 _____ age _____ sex _____ USA # _____
3 _____ age _____ sex _____ USA # _____
4 _____ age _____ sex _____ USA # _____

Complete this form and mail with your age group entry forms (or Hy-Tek commlink disk) and your check payable to: Elmhurst Swim Team

Mail to: Elmhurst Swim Team c/o Dave Davis, York High School, 355 W. St. Charles, Elmhurst, IL. 60126. Phone (630) 617-2481.

SUMMARY OF FEES

| | | | | | |
|---------------|-------|---------------|-------|-------------------|-------|
| 8 & under | _____ | # of Entries | _____ | @\$3.00 each = \$ | _____ |
| 10 & under | _____ | # of Entries | _____ | @\$3.00 each = \$ | _____ |
| 11-12 | _____ | # of Entries | _____ | @\$3.00 each = \$ | _____ |
| Senior | _____ | # of Entries | _____ | @\$3.00 each = \$ | _____ |
| Relays | _____ | # of Entries | _____ | @\$7.00 each = \$ | _____ |
| ISI surcharge | _____ | # of swimmers | _____ | @\$2.00 each = \$ | _____ |

Name of club _____

Club Initial code (for heat sheet listing) _____

Club Association (LSC Le. ISI) _____

Name(s) of coaches attending meet _____

Mailing address _____

City, State, Zip _____

Contact Person _____

Home Phone _____ Business _____

RELEASE FORM

In consideration of the acceptance of this entry, I intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby cosign, waive and release any and all right and claims for damages which may occur against United States Swimming Inc., Elmhurst Swim Team, inc., Unit School Dist. 205, their representatives, directors, officers, Employees or successors for any and all injuries suffered by me or any contestant or representative in said meet, as representative of my club. I attest that all athletes included in this entry and participating in the sanctioned/approved event are duly registered as current athlete members of USA Swimming.

Signature _____ Title _____

Date _____

(Coach, representative or parent)

THIS SIGNED RELEASE AND YOUR CHECK MUST ACCOMPANY ENTRY OR ENTRY WILL NOT BE ACCEPTED.

We request the assistance of each team of 5 or more swimmers to provide timers and officials for the meet. We are requesting 2 timers and 1 official per session. These volunteers should report to the volunteer table at the deck at start of their session. Admission will not be charged.

Officials who work two sessions on the same day will receive lunch. Officials should indicate their current level of certification. Please indicate if you are available.

Session #1 – Friday Evening Dec. 11th

Session #2 – Saturday Morning Dec. 12th

Session #3 – Saturday Afternoon Dec. 12th

Session #4 – Sunday Morning Dec. 13th

Session #5 – Sunday Afternoon Dec. 13th

TEAM NAME _____

Volunteer Name, Job (timer, judge, starter, ect.) _____ Session #(s)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Return this form with your entry, or mail to: Dave Davis (630) 617-2481

Your assistance is greatly appreciated.

York High School
355 W. St. Charles Rd.
Elmhurst, IL 60126