



Patriot Aquatic Club

SPEEDO Prelim-Final Invitational

January 13-15, 2012

Sanctioned by USA Swimming & Illinois Swimming
Sanction No. ILS12-0106

LOCATION Adlai E. Stevenson High School (see attached map)
1 Stevenson Dr.
Lincolnshire, IL 60069

FACILITY Patriot Aquatic Center. 2 separate 8-lane 25-yard competition pools, each with its own Colorado 6000 timing system and an 8-lane scoreboard. Water depth at the start end of the south pool is 4 feet and 14 feet in the north pool. There is seating for approximately 900 spectators.

Co-Meet Directors	Entry Chair / Safety Coordinator	Meet Referee
Karl Milkereit & Chrissie Popper	Greg Hartman	Tim Falconer

Entries

Patriot Aquatic Club
Prelim-Final Meet Entry
1 Stevenson Drive
Lincolnshire, IL 60069
(847) 415-4000 x4260
patriotaquatic@gmail.com

Session	Warmup Start	Check-in Closes	Meet Start
Friday PM (Distance Event, 11 and over)	5:00 PM	5:30 PM	6:00 PM
Saturday & Sunday AM (Prelims, 11 and Over)	7:00 AM	7:30 AM	8:00 AM
Saturday & Sunday Afternoon (10 & Under Timed Finals)	12:00 PM	12:30 PM	1:00 PM
Saturday & Sunday Finals *denotes an approximation	4:30 PM	N/A	5:30 PM

Be sure that your entry is filled out completely and that all forms accompany your entry (team summary, volunteer assistance, signed release form, etc). Incomplete entries will be sufficient cause for refusal of entry.

ELIGIBILITY

Swimmer's age as of January 13, 2012 will determine his or her age for the entire meet. Only USA Swimming registered athletes are eligible. All swimmers must be registered prior to competing. Entries listed as "Registration applied for" will not be accepted.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRIES

Swimmers may enter up to 3 prelim-final events per day (excluding relays). 10 & Unders may enter 4 events per day. Entry times should be in Short Course Yards. Teams must submit their entry in a Commlink file, zipped in an email. A printed report including full name, USA number, event numbers, and entry times of all swimmers must be included with the entry. This report will serve as your official entry form, and the final judgment on any entry disputes. Relay entries, and a signed release with fee summary (and volunteer / officials forms) must accompany the entry.

EMAIL ENTRIES

The following guidelines must be followed for e-mail entries.

1. Official entry forms and all entry fees and swimmer surcharges are due within 72 hours of receipt of entry.
2. E-mail entries must be in the form of a Commlink or SDIF file. You must "zip" the file so that it arrives to the entry chair intact.
3. Your club's entire entry must be sent in one email. Please do not flood us with several emails which compose one single team entry.

The host club accepts no responsibility for receipt or quality of transmission.

DECK ENTRIES

Deck entries will be accepted prior to the close of Positive Check-In. The Meet Director and Entry Chair are the only individuals who may process a deck entry. A processing fee of \$15.00 will be charged for each deck entry in addition to the \$3.00 entry fee. These fees will need to be paid before the entry will be accepted. The fee must be paid in cash.

ENTRY FEES

\$4.50 per prelim-final entry
\$3.00 per timed final entry (Friday night events & 10 & Under events)
\$7.00 per relay entry
\$2.00 surcharge per swimmer entered
Make all checks out to *Patriot Aquatic Club*, with one check per club.

ENTRY DEADLINE

Entries must be sent to the Entry Chair. They will not be accepted before 8:00 am (CST) on December 19th, 2011 and will not be accepted after 11:59 pm (CST) January 4th, 2012. Entries MUST be sent initially by electronic mail. Teams not accepted into the meet will be notified within 48 hours of the entry deadline, preferably via email or fax. Some of the factors that may increase your chances of having your entry accepted include:

- **Your entry is complete and is received on time. (Please note that this meet fills quickly, so it is important to have your entry in at 8am on Dec. 19th.)**
- **Your entry is balanced across age groups and gender.**
- **Ability to assist with volunteer officials and timers.**
- **Geographic Diversity**

FORMAT The meet will be conducted in a Preliminary-Finals format except for all Friday night events and 10 & Under events. There will be consolation and championship finals, for ages 11-12, 13-14 both boys and girls, and 15-Over girls. 15-Over boys will have championship finals only. The host club reserves the right to modify the # of finals heats based on number of swimmers entered.

SCRATCHES The 30-minute scratch rule will apply. This means a swimmer must announce his/her intentions within 30 minutes of the announcement and posting of preliminary results of his/her event. Scratches will be taken at a designated location on deck. Failure to scratch from finals will result in a disqualification for the remainder of the meet.

SIGN-IN: **All swimmers MUST sign in at the check-in table, located in the D lot entrance lobby 30 minutes prior to the start of the session.**
Failure to sign in will result in the swimmer being scratched for the day.

Any swimmer who signs in and subsequently fails to show for his or her event for prelims (“No Show”) will be scratched from his or her next event.

RULES & SAFETY All current USA Swimming and ISI Rules and Regulations apply. All ISI and USA Swimming safety rules will be strictly enforced.

USA SWIMMING MEMBERSHIP Insurance regulations require that all swimmers, coaches, judges, starters, and referees be a current member of USA Swimming, Inc. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming, Inc. may not participate in the meet nor be on the pool deck. Be sure to display your credentials in order to gain access to the pool deck.

SWIMMERS WITH DISABILITIES In accordance with USA Swimming Rules, Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee with specific requests.

AWARDS Ribbons will be awarded for 1st - 16th place in each individual event, and 1st - 3rd in relay events (for 12 & unders only). Additionally, the top two high-point finishers in each age group (8 & U, 9-10, 11-12, 13-14, 15 & Over) will receive trophies, and the top three high-point teams will receive team trophies (the host club is excluded from receiving a trophy). Note: 8 & Unders are eligible to compete in certain 10 & U events, but may only score points towards the high point trophy in the designated 8 & Under events.

SCORING The 1650 will not be scored. Relays will receive double points, as all other events will be scored as follows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

CLERK	The host club reserves the right to assign 10 & Under events to a clerk of the course.
SEEDING	All events will be seeded slowest to fastest, with the exception of the 1650, which will be swum fastest to slowest, alternating girls and boys. Prelim-Final events will be circle-seeded in the preliminary session for the three final heats. Be sure to enter your times in Short Course Yards (SCY) to ensure that you are properly seeded.
RELAYS	Swimmers competing in relays must be entered in at least one individual event. Relay cards will be distributed within coaches' packets at the start of the meet. Please fill out and return relay cards within one hour after the start of the session. The fastest heat of designated relays will swim in the finals session. Teams WILL NOT have the option to declare "AM Swim" for relays that they do not wish to swim with finals.
STARTS	At the meet referee's discretion, fly-over starts may be implemented in order to ensure that each session is completed in a timely manner.
LIMITATIONS	The host club reserves the right to limit the number of heats swum for any distance greater than or equal to 200y in order to ensure completion of the session within a 4-hour time frame. Any entries which are cut by the host club will be refunded. The host club also reserves the right to run one heat comprised of its own swimmers in events that have been limited.
CONCESSIONS	Food and beverage will be available. Food may be eaten in the glass commons, the area behind the starting end of the pool with a glass wall that permits viewing of the meet. NO FOOD OR DRINK WILL BE ALLOWED IN THE POOL STANDS OR ON THE POOL DECK. No smoking is allowed anywhere on the high school campus by state law.
PARKING & ADMISSIONS	Participants and spectators are requested to park in the "D" Lot. There will be an admissions charge for all spectators 15 and older.
RESULTS	Final results will be emailed to all participating clubs following the meet. Live results will be available on the PAC website is patriotaquaticclub.org .

Patriot Aquatic Club
SPEEDO PRELIM-FINAL INVITATIONAL
STEVENSON HIGH SCHOOL JANUARY 13-15, 2012
ORDER OF EVENTS

Session 1 – Friday Night

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	15 & Over 400 IM	2
3	10 & U 200 IM	4
5	13-14 400 IM	6
7	11-12 200 IM	8
9	15 & Over 500 Free	10
11	10 & U 200 Free	12
13	13-14 500 Free	14
15	11-12 500 Free	16
<u>Session 2 – Friday 1650's</u>		
17	Open 1650 Free	18

Session 3 - Saturday AM Prelims

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
19	15-O 200 Free	20
21	13-14 200 Free	22
23	11-12 200 Free	24
25	15-O 200 Breast	26
27	13-14 200 Breast	28
29	11-12 100 Breast	30
31	15-O 50 Free	32
33	13-14 50 Free	34
35	11-12 50 Free	36
37	15-O 100 Back	38
39	13-14 100 Back	40
41	11-12 50 Back	42
43	15-O 200 Fly	44
45	13-14 200 Fly	46
47	11-12 100 Fly	48
49	13 & O 400 Med Rel	50
51	11-12 400 Med Rel	52

Session 6 – Sunday AM Prelims

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
69	15-O 100 Free	70
71	13-14 100 Free	72
73	11-12 100 Free	74
75	15-O 200 IM	76
77	13-14 200 IM	78
79	11-12 100 IM	80
81	15-O 200 Back	82
83	13-14 200 Back	84
85	11-12 100 Back	86
87	15-O 100 Breast	88
89	13-14 100 Breast	90
91	11-12 50 Breast	92
93	15-O 100 Fly	94
95	13-14 100 Fly	96
97	11-12 50 Fly	98
99	13 & O 400 Fr Rel	100
101	11-12 400 Fr Rel	102

Session 4 – Saturday Afternoon

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
53	10-U 100 Free	54
55	9-10 50 Fly	56
57	10 & U100 Breast	58
59	8 & U 50 Breast	60
61	10 & U 100 Back	62
63	8 & U 50 Back	64
65	10 & U 200 Med Rel	66
67	8 & U 100 Med Rel	68

Session 7 – Sunday Afternoon

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
103	10-U 100 IM	104
105	9-10 50 Breast	106
107	9-10 50 Back	108
109	8 & U 50 Fly	110
111	10-U 100 Fly	112
113	8 & U 50 Free	114
115	9-10 50 Free	116
117	8 & U 100 Fr Rel	118
119	10 & U 200 Fr Rel	120

ORDER OF EVENTS (CONTINUED)

Session 5 – Saturday Finals			Session 8 – Sunday Finals		
<u>Girls</u>	<u>Event</u>	<u>Boys</u>	<u>Girls</u>	<u>Event</u>	<u>Boys</u>
19	15-O 200 Free	20	69	15-O 100 Free	70
21	13-14 200 Free	22	71	13-14 100 Free	72
23	11-12 200 Free	24	73	11-12 100 Free	74
25	15-O 200 Breast	26	75	15-O 200 IM	76
27	13-14 200 Breast	28	77	13-14 200 IM	78
29	11-12 100 Breast	30	79	11-12 100 IM	80
31	15-O 50 Free	32	81	15-O 200 Back	82
33	13-14 50 Free	34	83	13-14 200 Back	84
35	11-12 50 Free	36	85	11-12 100 Back	86
37	15-O 100 Back	38	87	15-O 100 Breast	88
39	13-14 100 Back	40	89	13-14 100 Breast	90
41	11-12 50 Back	42	91	11-12 50 Breast	92
43	15-O 200 Fly	44	93	15-O 100 Fly	94
45	13-14 200 Fly	46	95	13-14 100 Fly	96
47	11-12 100 Fly	48	97	11-12 50 Fly	98
49	13 & O 400 Med Rel	50	99	13 & O 400 Fr Rel	100
51	11-12 400 Med Rel	52	101	11-12 400 Fr Rel	102

Boys ages 15-Over will have championship finals only.

Patriot Aquatic Club's Speedo Prelim-Final Invitational
Stevenson High School
January 13-15, 2012

Team summary & Release Form

Complete this form and mail along with your Entry Forms and check (payable to Patriot Aquatic Club) to the Meet Entry Chair, no later than January 4, 2012.

Patriot Aquatic Club
Prelim-Final Meet Entry
1 Stevenson Dr.
Lincolnshire, IL 60069
patriotaquatic@gmail.com

PLEASE ENTER THE EMAIL ADDRESS ACCURATELY

Summary of Fees

Timed Final Entries	No. of Entries	_____	@ \$3.00 ea. =	_____
Prelim-Final Entries	No. of Entries	_____	@ \$4.50 ea. =	_____
Relays	No. of Entries	_____	@ \$7.00 ea. =	_____
Total # of Swimmers		_____	@ \$2.00 ea. =	_____
	Total Meet Fees	_____		

Name of Club: _____

Club Code: _____ LSC: _____

Coaches Attending: _____

Mailing Address: _____

Contact for Entries: _____

Phone: _____ Email: _____

This signed release must accompany entry or entry will not be accepted!

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming Inc., Patriot Aquatic Club, Stevenson High School District No. 125, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said meet, as a representative of my club. I attest that all athletes entered in this meet are currently registered with USA Swimming.

Club Rep. Signature _____ Date _____

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Stevenson High School
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Warm-Up Procedure

A. WARM-UP PROCEDURES

1. General Warm-up

All warm-up lanes will be assigned by team prior to the start of the meet. Teams may warm-up as they please in their lanes during the warm-up period.

B. SAFETY GUIDELINES

1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities

- a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
- d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

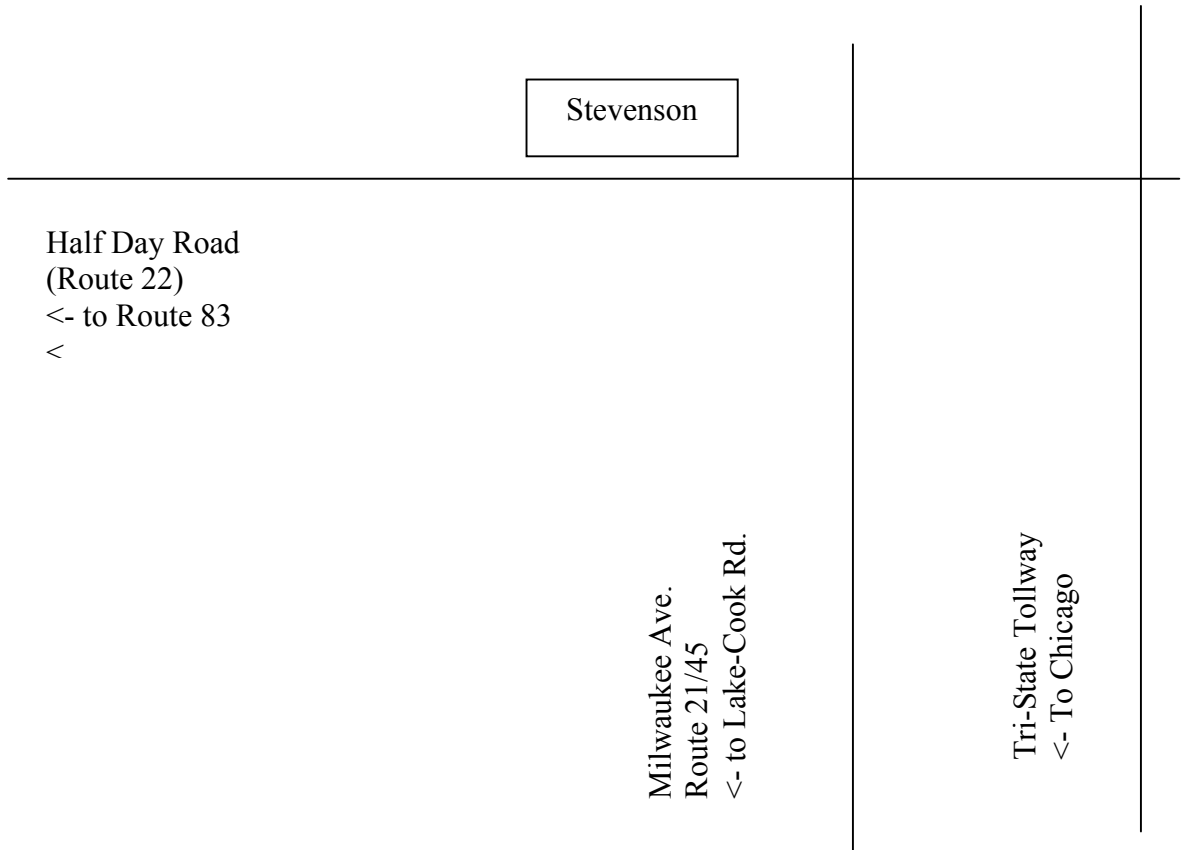
Patriot Aquatic Club's Speedo Prelim-Final Invitational
Stevenson High School
January 13-15, 2012

Map & Directions to the Pool

Stevenson High School
Lincolnshire, IL 60069

Stevenson High School's Aquatic Center is located adjacent to Parking Lot "D".

Stevenson is located on Route 22 (Half-Day Road). It is between Route 83 and the Tri-State Tollway.



Patriot Aquatic Club
 Speedo Prelim-Final Invitational
 January 13-15,2012

Team: _____
 Code: _____
 Contact #: _____

Age Group: _____

Boys / Girls

Name	Age	Event	Event	Event	Event	Event	Event	Event	Event
ID #									
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
10.									
11.									

Relay Event #	Relay Event #	# Swimmers - ISI	_____ x	\$2.00 =	\$ _____
A	A	Srchrg.			
B	B	Total # P/F Events	_____ x	\$4.50 =	\$ _____
C	C	Total # Timed Final Events	_____ x	\$3.00 =	\$ _____
		Total Relay Events	_____ x	\$7.00	\$ _____
		Page Total			\$ _____

Please make additional copies of this page as necessary.

Patriot Aquatic Club's Speedo Prelim-Final Invitational
Stevenson High School
January 13-15, 2012
Hotel Information

Be sure to contact either of the following hotels for a great Stevenson rate! Each hotel is located within minutes of Stevenson High School.



Staybridge Suites Lincolnshire
100 Barclay Boulevard
Lincolnshire, IL 60069
Phone: 847-821-0002
Fax: 847-821-0003

From Stevenson HS: Turn left (east) onto Half Day Rd. from Stevenson Drive. Continue approximately 0.4 miles to Barclay Blvd. Turn right (south) onto Barclay Blvd. from Half Day Road. Staybridge Suites will be on the right.

Total Distance – Less than 1 Mile



SpringHill Suites Chicago Lincolnshire
300 Marriott Drive
Lincolnshire, IL 60069
Phone: 1 847-793-7500
Fax: 1 847-793-0322

From Stevenson HS: Turn left (east) onto Half Day Rd. from Stevenson Drive. Continue approximately 0.5 miles to Milwaukee Avenue. Turn right (south) onto Milwaukee Avenue from Half Day Road. At first stoplight (Marriot Drive) turn right. Follow sign for SpringHill Suites (second driveway) turn left.

Total Distance – Only 1 Mile



Courtyard Chicago Lincolnshire
505 Milwaukee Avenue
Lincolnshire, IL 60069
Phone: 1 847-634-9555
Fax: 1 847-634-8320

From Stevenson HS: Turn left (east) onto Half Day Rd. from Stevenson Drive. Continue approximately 0.5 miles to Milwaukee Avenue. Turn right (south) onto Milwaukee Avenue from Half Day Road. At first stoplight (Marriot Drive) turn left. Follow to sign for Courtyard, (second driveway) turn left.

Total Distance – Only 1 Mile!