

2011 BNSC Spring Invitational
Hosted by Bloomington Normal Swim Club
April 15 – 17, 2011
(short course yards)

Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.
Sanction Number: ILS 0429-11

MEET DIRECTOR	ENTRY CHAIRPERSON	SAFETY CHAIRPERSON	MEET REFEREE
Paul Murphy	Stewart Waltner	Paul Murphy	Rome Yount
2005 Tracey Dr. #3	914 Parmon Rd.	2005 Tracey Dr. #3	rbyount@comcast.net
Bloomington, IL 61704	Bloomington, IL 61701	Bloomington, IL 61704	
swimdownhill@aol.com	bnscc.meetentry@gmail.com		

FORMAT: All events are Timed Finals and will finish into the touch-pads . We will utilize positive check-in. Swimmers **MUST Check-in for all events in each session they wish to swim.** Swimmers failing to check-in, but wishing to swim, will only be swum if open lanes are available.

Friday evening: (Session 1)

Warm-ups are from 4:30-5:15pm. Lane assignments will be posted and available in the coaches' packets. **Positive check-in** closes at 4:45 pm. **Meet Starts** at 5:30pm.

Saturday and Sunday morning sessions: (Sessions 2 & 4)

Warm-ups are from 7:00- 8:00am. Lane assignments will be in coaches' packets and posted on the pool deck. **Positive check-in** closes at 7:45 am. **Meet starts** at 8:30 am.

Saturday and Sunday afternoon sessions: (Sessions 3 & 5)

Warm-ups begin no sooner than 12:00 pm or immediately after the last event of the morning session and will last 60 minutes. Lane assignments will be in coaches' packets and posted on the pool deck. First event will start one hour after the morning session, but not before 1:15 pm. **Positive check-in** closes at 12:30 pm or the beginning of the second warm-up session.

LOCATION: **Illinois State University – Horton Pool.**

Directions to Horton Pool – From I-55, take exit 165, U.S. 51-South Main St., south to College Ave. From I-39, exit at I-55 east, and the first exit is 165. From I-74, follow I-55 North to exit 165. From the airport, turn left on Empire (Rt. 9) for approximately two miles, right on Veteran's Parkway for approximately four miles, left on College Ave., for approximately six miles. Make a right on the road just past Redbird Arena. Horton Pool will be on the right side at the west end of Horton Field House, north of Redbird Arena. **Parking** is available free of charge north of the pool and to the west of the outdoor track. Free parking is provided in the parking lot northwest of Horton Pool.

NOTE: Metered parking is **not** recommended, as ISU will ticket vehicles occupying spaces with expired meters. BNSC will not be held responsible nor mitigate any such fines.

FACILITY: 6-lane, 25 yard pool with Competitor non-turbulent lane markers, Colorado Timing equipment, starting blocks on one end. Spectator seating is limited to approximately 400 in the bleacher section. Water depth at starting end of pool is 4 feet and 12 feet at turn end.

BULL PEN: 10 & Under swimmers must report to the Bull Pen prior to their races. Swimmers should report to the Bull Pen as their event is announced and remain seated until they are escorted to the pool.

RULES & SAFETY:

All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. Spectators are not allowed on the pool deck. Warm up procedures are attached.

**TIMES,
ELIGIBILITY,
ENTRY LIMITS**

All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 Touhy Ave, Suite 245, Des Plaines, IL 60018. Phone: (847) 824-1596 or FAX (847) 824-1726 or www.ilswim.org

Age as of Friday, April 15 will determine swimmer's age for the entire meet. Swimmers are limited to four (4) individual events per day on Saturday and Sunday and two (2) on Friday.

Entries for the 400 IM are limited to the top 30. Friday's 200 FR entries are limited to the top 36 swimmers in each age group. Entries for the 500 FR will be limited to the top 24 in each age group. The host team reserves the right to swim additional heats if time allows. Entry fees will be refunded for any events entered but not swum because of being bumped.

Fly-over starts will be used for all events.

USA SWIMMING, INC

MEMBERSHIP: Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

COACHES: All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

OFFICIALS: BNSC will need the help of your USA Swimming officials. Please send a list of officials from your team planning to work the meet by E-mailing Lyn Landon by Wednesday, March 30 with their intentions or questions. There will also be an officials meeting 1 hour prior to the start of each session in the pool office located behind the scoring table.

Lyn Landon: LAN65J@comcast.net

ENTRY

DEADLINE: **Entry deadline is April 5, 2011. This is a closed meet; all invited teams are guaranteed entry. Deck entries will be accepted by permission of the Meet Director, Paul Murphy.**

ENTRIES: All entries will comply with current USA Swimming and ISI Rules and Regulations. **An emailed Hy-Tek .cl2 file and zip back up is the preferred method for entry.** Swimmer entry report summary, meet summary sheet/release form and check must be received within 5 business days of the emailed entries. A Meet Manager file for your entries will be available on our web site for you to download. Entries not following this requirement will be returned.

Please mail your check and meet summary sheet/release form to:

**Stewart Waltner
914 Parmon Rd.
Bloomington, IL 61701
bnscc.meetentry@gmail.com**

Hand entries must be written legibly and include swimmer's first and last name with middle initial, date of birth, whole USA Swimming registration number, team affiliation, event numbers to swim with description and seed times. Checks should be made payable to BNSC. If you desire verification of entries received, a valid email address will be required. Entries will be limited to session hour limits. The time lines will be enforced. Team entries will not be split.

**CLERK OF
COURSE:**

The Clerk of Course will be open during each session. Please follow the positive check-in deadlines. **Early notification of scratches is encouraged and appreciated.** Submit foreseen scratches to: bnscc.meetentry@gmail.com

ENTRY FEES: Individual event entry fee is \$3.00. Relay entry fee is \$8.00 per relay. A surcharge of \$2.00 per swimmer has been instituted by ISI. **Deck Entries:** Individual event entry fee is \$5.00. **Entry fees must accompany entries.**

ADMISSION: Admission for each session is \$3.00 per session, or \$5.00 per day, or \$10 for the whole weekend (Friday through Sunday). Children 12 and under are free. Heat sheets for each session will be available for purchase for \$2.00 per session.

CONCESSIONS: Full concessions will be available Saturday and Sunday.

SCORING: Individual Events: 6-5-4-3-2-1
Relays: 12-10-8-6-4-2

AWARDS: Team awards will be awarded for 1st – 5th place.

RELAYS: Relay cards must list the full name of swimmers competing. Relay cards must be returned to the computer table 30 minutes prior to the start of each session. 10 and under, 11-12, 13-14, and 15 and over swimmers will be awarded and scored separately. Swimmers MUST swim relays appropriate for their age.

RESULTS: One copy of the Final Results will be mailed to all teams having five (5) or more entrants. Individuals may order final results for \$10.00. Hy-Tek Meet Manager and Team manager back up files of results will be posted on our website: www.bnswimclub.com

TIMERS: We request all teams entering swimmers to provide four timers for each session in which their team has entered swimmers. There will be a mandatory timers meeting 15 minutes prior to the start of each session in front of the scorer's table.

FRIDAY EVENING EVENTS:

Events 1 and 2: 400 IM limited to top 30 swimmers; 11-12, 13-14, and 15-over swimmers will be awarded and scored separately

Events 3, 4, 5, and 6: 200 FR limited to top 30 swimmers

WARM-UP

PROCEDURE:

The Illinois Swimming (ISI) warm-up procedure will be followed.

GENERAL WARM-UP

- a. **NO DIVING** allowed from the edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
- b. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
- c. **Starts, Push/Pace** are to be done at the end of your general warm-up.

SAFETY GUIDELINES

1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities

- a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
- c. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- d. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

SCHEDULE OF EVENTS
2011 BNSC Spring Invitational
Sanction Number: IL
APRIL 15 – 17, 2011

Friday p.m., Session 1
Meet starts at 5:30 p.m.
Open, 13-14,11-12

Girls		Boys
1	Open 400 IM Top 30	2
3	13-14 200 FR Top 36	4
5	11-12 200 FR Top 36	6
7	13 and over 800 FR Relay	8

Saturday a.m., Session 2
Meet starts at 8:30 a.m.

10 and under,11-12		
9	10 and Under 100 IM	10
11	11-12 200 IM	12
13	10 and under 100 FR	14
15	11-12 100 BK	16
17	10 and under 50 BK	18
19	11-12 50 FLY	20
21	10 and under 50 FLY	22
23	11-12 100 BR	24
25	10 and under 50 BR	26
27	11-12 100 FR	28
29	10 and under 200 Medley Relay	30
31	11-12 200 Medley Relay	32

Saturday p.m., Session 3
Meet starts not before 1:15 p.m.

13-14, Open		
33	13-14 200 IM	34
35	Open 200 IM	36
37	13-14-100 BK	38
39	Open 200 BK	40
41	13-14 50 FR	42
43	Open 100 FR	44
45	13-14 200 FLY	46
47	Open 100 FLY	48
49	13-14 200 BR	50
51	Open 100 BR	52
53	13 and over 200 Medley Relay	54

Sunday a.m., Session 4

Meet starts at 8:30 a.m.

10 and under and 11-12

55	10 and under 50 FR	56
57	11-12 50 FR	58
59	10 and under 100 BK	60
61	11-12 50 BK	62
63	10 and under 100 BR	64
65	11-12 50 BR	66
67	10 and under 100 FLY	68
69	11-12 100 FLY	70
71	10 and under 200 Free Relay	72
73	11-12 200 Free Relay	74

Sunday p.m. session 5

Meet starts not before 1:15 p.m.

13-14, Open

75	13-14 500 FR (top 24)	76
77	Open 500 FR (top 24)	78
79	13-14 200 BK	80
81	Open 100 BK	82
83	13-14 100 FR	84
85	Open 50 FR	86
87	13-14 100 FLY	88
89	Open 200 FLY	90
91	13-14 100 BR	92
93	Open 200 BR	94
95	13 and over 200 FR Relay	96

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Sanctioned by United States Swimming and Illinois Swimming, Inc.
USA Swimming, Inc. Sanction Number: IL

SUMMARY OF FEES AND RELEASE FORM

Please send to: Stewart Waltner
914 Parmon Road
Bloomington, IL 61701

Name of Club:						
USA Swimming, Inc. Affiliation (LSC):				Club Code:		
Name of Coaches attending meet:						
Name of person submitting entry:						
Mailing Address:						
Telephone # (please include) Work:			Home:			
E-mail Address:						
	Number of Swimmers		Number of Entries		Cost Per Swim	Totals
10 & Under				X	\$3.00	
11-12				X	\$3.00	
13-14				X	\$3.00	
Senior/Open				X	\$3.00	
Relays				X	\$8.00	
Total Swimmers					\$2.00	
				Total Fees		

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, hereby consign, waiver, and release any and all rights and claims for damages which may occur against United States Swimming, Inc., Illinois Swimming, Inc., BNSC, ISU, their representatives, employees, directors, officers, or successors, for any and all injuries suffered by me or any contestant or representative in said meet, as a representative of my club.

"I attest that all athletes entered in the meet are duly and currently registered with USA Swimming."

Signature:	Date
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(Coach, Club Representative or Parent – please indicate)

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Team _____ **Club Code** _____ **Coach** _____ **Phone** _____ **E-mail** _____

Age Group: (Please circle one) 10 & Under 11-12 13-14 Open Boys Girls

<i>Last Name, First Name</i>	<i>USS#</i>	<i>Event</i>	<i>Event</i>	<i>Event</i>	<i>Event</i>	<i>Event</i>

_____ Meter Free Relay – Event # _____ _____ Meter Medley Relay – Event # _____

1. _____ 2. _____ 1. _____ 2. _____
 3. _____ 4. _____ 3. _____ 4. _____
 Time: _____ Time: _____

_____ Meter Free Relay – Event # _____ _____ Meter Medley Relay – Event # _____

1. _____ 2. _____ 1. _____ 2. _____
 3. _____ 4. _____ 3. _____ 4. _____
 Time: _____ Time: _____

Total # of Swimmers _____ x \$2.00 = _____
Total # of Events _____ x \$3.00 = _____
Total # of Relays _____ x \$8.00 = _____
Total _____