



Session I:  
 Open Water Schedule for  
**Swimmers Ages 13 & Over**

6:30 AM: Registration & Check-In  
**7:00 – 7:30 AM: Warm-Up**  
**7:30–7:45 AM: Participant Clinic**  
**8:00 AM: First Race Begins**  
 Awards will be presented after the completion of the 13 & over races.

Session II:  
 Open Water Schedule for  
**Swimmers Ages 12 & Under**

8:00 AM: Registration & Check-In  
**8:30 – 9:00 AM: Warm-Up**  
**9:00– 9:15 AM: Participant Clinic**  
**9:30 AM: First Race Begins**  
 Awards will be presented after the completion of the 12 & under races.