



## ISI “Catch the Spirit” Camp - Application for Athletes

I am applying for (check \*ONE only): \*Note: you may apply for one camp only per season.

\_\_\_ “Feel the Power”      \_\_\_ “A Cut Above”      \_\_\_ Springfield Camp

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_ Male \_\_\_ Female      Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

USA Swimming ID \_\_\_\_\_ Club Name \_\_\_\_\_

Club Coach \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

### **“Feel the Power” Camp \*Power Point Scores: (please follow these directions and attach printout)**

Log on to [usaswimming.org](http://usaswimming.org). On the left side of the home page under USA Swimming tools click “my USA Swimming”. Scroll down to the middle of the page to: **“Click here” to create an account and learn more. If you’ve already created an account, “log in here”**. Once you have created an account and logged in, go to “Times/Time Standards” under USA Swimming tools. Click on “Individual Times”, type in the swimmer’s name, and select the most recent competition year. Under optional Parameters please select “Show only the fastest time by event”. You may choose all events or one specific course, but be sure to print out the page with the times and power point scores. Attach the printout to this application Please contact USA Swimming if you have any questions or problems regarding the website.

\*Please note that for the “Feel the Power” Camp you must provide your Power Point Score for a 50 of each stroke if you are age 9-11, and for a 100 of each stroke if you are age 12-14.

### **“A Cut Above” Camp Best Times: (please note if these times are in yards or meters)**

<u>Event</u>	<u>Time</u>	<u>Course</u>	<u>Event</u>	<u>Time</u>	<u>Course</u>
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____



ILLINOIS  
SWIMMING

## ISI "Catch the Spirit" Camp - Application for Athletes Cover Page

Return your application to:  
Illinois Swimming, Inc.  
3166 S. River Road Suite 30  
Des Plaines, IL 60018

### **Application Deadlines:**

#### **"Feel the Power" Camp – Monday, October 22, 2007**

Camp date is Sunday, October 28, 2007. The application criterion is a combined Power Point score of at least 400 using 50's of each stroke for 9-11 yr olds and 100's of each stroke for 12-14 yr olds. You may not apply to this camp if you have an individual Age Group Championship qualifying time in your current age group from the 2007 short course or 2007 long course season.

#### **"A Cut Above" Camp – Monday, October 8, 2007**

Camp date is Saturday, October 13, 2007. The application criterion is an individual Age Group Championship qualifying time in your current age group from the 2007 short course or 2007 long course season.

#### **Springfield Combination Camp – Monday, October 8, 2007**

Camp date is Sunday, October 14, 2007. The Springfield camp will accept a combination of "Feel the Power" and "A Cut Above" applicants. The criterion is the same as indicated above for whichever level you apply. Please indicate the level for which you are applying:

\_\_\_\_\_ Feel the Power      **OR**      \_\_\_\_\_ A Cut Above

After the application deadlines the Age Group Committee will select the camp participants. Accepted swimmers will receive a packet of information in the mail. The list of selected camp participants will also be posted on the Illinois Swimming website on the Age Group page.