



USA SWIMMING COACHES SAFETY CURRICULUM

USA Swimming initiated the Coaches Safety Curriculum in September 1987. USA Swimming coach members are required to show current proof of training in First Aid, Cardiopulmonary Resuscitation (CPR) and Safety Training for Swim Coaches.

Local Swimming Committees (LSCs) enforce these requirements largely through the membership function. Justification for the requirements may be found in legislation passed over the years by the USA Swimming House of Delegates. The following passages are found in the 2005 *Rules and Regulations*:

Article 202.3.3 "...all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming, Inc."

Article 502.4.3 "All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming."

Enforcement in Membership

When individuals apply for coach membership, they must meet all Coaches Safety Curriculum requirements to be registered. They will not be allowed an interim coaching (grace) period.

Enforcement at Meets

Individuals without a current coach membership will not be allowed to participate in any coaching capacity at any LSC/USA Swimming sanctioned competition. This restriction includes being barred from the deck area at all Local Swimming Committee, Zone, Sectional, Junior National, National and International qualifying competitions.

If any individual refuses to comply with these provisions, all athletes on that person's club shall be designated as "Unattached" for the entire competition unless the club has some other USA Swimming coach member present. It shall be the responsibility of the meet referee, or his designee, to enforce these provisions. This "last resort" option of unattaching athletes exists only when the coach does not fulfill the Coaches Safety Curriculum and **refuses** to leave the deck when asked to do so by meet management.

Athletes should not be forced to swim unattached simply because their USA Swimming coach is not able to accompany them to a USA Swimming meet. Instead, in keeping with LSC policy, the athletes should be assigned to another coach, the host team or a designated marshal.

Enforcement at Practice

Failure of a coach to satisfy the Coaches Safety Curriculum requirements will be grounds for termination of coach membership status and loss of insurance coverage.

Clubs that continue to conduct a program with coaches who have failed to satisfy the Coaches Safety Curriculum requirements risk termination of membership and loss of insurance coverage.

Membership Application

All course certificates must be valid on the date of application for membership. Coaches should submit their certificates (or copies, if allowed by LSC policy) of the First Aid, CPR and Safety Training for Swim Coaches courses (front and back) as adequate proof of training. If an LSC Membership Chair doubts the authenticity of a copy, he/she has the right to request access to the original. **It is the responsibility of the coach to renew all safety certificates in a timely manner.**

The First Aid, CPR and STSC expiration dates will appear on the stub of the coach's membership card. The earliest of the expiration dates will also appear in bold letters on the front of the coach membership card. (Example: If CPR expires on May 15, 2006 the following wording will appear on the front of the coach membership card: VALID THROUGH MAY 15, 2006.)

Clubs must have at least one properly registered coach to register as a USA Swimming club. This does not change the fact that **all** club coaches must fulfill the safety requirements. As defined in the rulebook, a club must have at least one coach; group members that do not fulfill this requirement may join only as "organizations."

Coaching Assistants

An athlete member may **assist** a USA Swimming coach. However, it is imperative that the USA Swimming coach member be on deck with the non-coach member and maintain "direct line of sight" at all times. If exercising sole supervisory responsibility, the non-coach member must obtain training and become a USA Swimming coach member.

How to Obtain Certifications

First Aid and CPR

A list of acceptable First Aid and CPR courses is attached. *Taking courses that are not on this list will not be acceptable for coach membership.*

Safety Training for Swim Coaches

Coaches must complete **one** of the following to receive Safety Training for Swim Coaches certification:

1. The full ARC Safety Training for Swim Coaches course (8 hours)
2. ARC Safety Training for Swim Coaches Review Challenge (4 hours)
Any individual, whether or not they hold a current certificate, may participate in the Review Challenge (written exam and in-water skills test only). If the non-certificate holder does not pass the Review Challenge, then he/she will be referred to a full course and will not be allowed to attempt the Review Challenge again. Current certificate holders may repeat the challenge as long as their certificate remains current.
3. ARC Lifeguarding (40 hours)
4. Ellis & Associates National Pool & Waterpark Lifeguard Training Program – Universal Lifeguard License (*one year certification, includes First Aid*)
5. YMCA Lifeguarding

Waiver for Coaches with Physical Disabilities

Coaches with physical disabilities who are unable to participate in the skill demonstrations required to pass these courses can apply for a Disability Waiver. For additional information, contact your Local Swimming Committee Membership Chair.

Things to Remember

1. LSC Registration/Membership Chairs are not police. It is the responsibility of the coaches to renew and keep up with their certificates.
2. All claims or incidents of bodily injury or property damage must be reported immediately to USA Swimming National Headquarters and Risk Management Services. Use the Report of Occurrence form, which is available at www.usaswimming.org.
3. If you don't know the answer to an insurance question, just ask. We are here to lend support – call Carol Burch or Mary Illich at USA Swimming (719-866-4578) or Sandi Blumit at Risk Management Services, Inc. (1-800-777-4930).

FIRST YEAR EDUCATIONAL REQUIREMENT FOR COACHES

Article 502.4.5 “All coaches of USA Swimming clubs, including seasonal clubs, who register for the first time as a coach member, shall complete coaches’ education required by USA Swimming prior to receiving their coach membership for the second year.”

This educational requirement is in addition to the safety requirements described above. Within 4-6 weeks after the LSC Membership Chair processes the membership application, first year coaches will receive a packet containing information about the educational requirement, an order form for course materials, and information on how to take the test online. Upon successful completion of the online test, the LSC Membership Chair will be notified automatically and the coach’s record will be updated to reflect that the requirement has been completed. This must be done prior to registering for the second year of coaching with USA Swimming.

<p>ALL COACH MEMBERS OF USA SWIMMING MUST BE IN COMPLIANCE WITH THE ABOVE REQUIREMENTS FOR THE COACH AND CLUB TO MAINTAIN INSURANCE PROTECTION.</p>
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