



an intelligent approach to fitness

## SAFETY TRAINING FOR SWIM COACHES

**Sunday, April 13, 2007**

**STFSC Certification, 12:30 – 3:30 p.m.**

**Optional CPR/AED, 1<sup>st</sup> Aid certification, 3:30 – 6:00 p.m.**

**\*\*\*\*\*STFSC requires that you get in the water, so bring your suit & goggles.\*\*\*\*\***

**Please fill out the registration form below, with fee included, to:**

**Delnor Health & Wellness Center  
Attn: Ginny Schwartz  
296 Randall Road  
Geneva, Illinois 60134**

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<b>\$40 Safety Training for Swim Coaches (fee includes book)</b>	<b>\$ _____</b>
<b>\$20 CPR/AED certification (new material)</b>	<b>\$ _____</b>
<b>\$15 1<sup>st</sup> Aid certification (new material)</b>	<b>\$ _____</b>
<b>TOTAL (please make checks payable to Delnor Health &amp; Wellness Center)</b>	<b>\$ _____</b>

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_  
\_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**Team or Organization:** \_\_\_\_\_

**Most Frequently Answered Phone#:** \_\_\_\_\_

**Please feel free to contact Ginny Schwartz at 630/262-6057 or [gschwartz@powerwellness.com](mailto:gschwartz@powerwellness.com) with any questions.**