



an intelligent approach to fitness

## SAFETY TRAINING FOR SWIM COACHES

2011 – Sunday afternoons, see dates offered below

**STSC Certification, 12:30 – 3:30 p.m.**

**Optional CPR/AED, 1<sup>st</sup> Aid certification, 3:30 – 6:00 p.m.**

**Wear comfortable clothing.**

**STSC requires that you get in the water.**

**Bring your suit & goggles.**

**Please fill out and send the registration form below, with your fee included, to:**

**Delnor Health & Wellness Center  
Attn: Ginny Schwartz  
296 Randall Road  
Geneva, Illinois 60134**

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<b>\$50 Safety Training for Swim Coaches</b>	<b>\$ _____</b>
<b>\$25 CPR/AED certification</b>	<b>\$ _____</b>
<b>\$15 1<sup>st</sup> Aid certification</b>	<b>\$ _____</b>
<b>TOTAL (please make checks payable to Delnor Health &amp; Wellness Center)</b>	<b>\$ _____</b>

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**Team or Organization:** \_\_\_\_\_

**Most Frequently Answered Phone#:** \_\_\_\_\_

**Date you will be attending:**

\_\_\_ **March 6**      \_\_\_ **June 5**      \_\_\_ **Sept 11**      \_\_\_ **Dec 4**

**Please feel free to contact Ginny Schwartz at 630.262.6057 or [gschwartz@powerwellness.com](mailto:gschwartz@powerwellness.com), with any questions.**