



an intelligent approach to fitness

SAFETY TRAINING FOR SWIM COACHES

2012 – Sunday afternoons, see dates offered below

STSC Certification, 12:30 – 3:30 p.m.

Optional CPR/AED, 1st Aid certification, 3:30 – 6:00 p.m.

Wear comfortable clothing.

STSC requires that you get in the water.

Bring your suit & goggles.

Please fill out and send the registration form below, with your fee included, to:

**Delnor Health & Wellness Center
Attn: Ginny Schwartz
296 Randall Road
Geneva, Illinois 60134**

\$50 Safety Training for Swim Coaches	\$ _____
\$25 CPR/AED certification	\$ _____
\$15 1st Aid certification	\$ _____
TOTAL (please make checks payable to Delnor Health & Wellness Center)	\$ _____

NAME: _____

ADDRESS: _____

EMAIL: _____

Team or Organization: _____

Most Frequently Answered Phone#: _____

Date you will be attending:

___ **March 4**

___ **June 3**

___ **Sept 9**

___ **Dec 2**

Please feel free to contact Ginny Schwartz at 630.262.6057 or gschwartz@powerwellness.com, with any questions.