



CENTRAL ZONE SELECT DIVERSITY CAMP

JUNE 10-13, 2010

INDIANAPOLIS, INDIANA

- Purpose:** Instill a vision of success and inspire athletes from ethnically under-represented populations to become leaders in the sport of swimming.
- Goals:** To empower athletes from ethnically under represented populations and their coaches to:
1. Demonstrate the viability of multicultural success in swimming with their local LSC
 2. Achieve performance excellence at every level of the sport
 3. Expound the benefits and value of participating in the sport of swimming
 4. Be positive leaders and role models that others from multicultural backgrounds can emulate
 5. To connect, network and promote the virtues of the sport of swimming through a comprehensive strategy involving the athletes, coaches and LSC Diversity Chairs in their own local LSC's and throughout the Central Zone.
- Site:** IUPUI Natatorium, Indianapolis, Indiana/ Hotel accommodations in Indianapolis, Indiana
- Dates:** June 10- 13, 2010. Athletes will arrive Thursday late afternoon/ evening and depart Sunday morning.
- Number Of Attendees:** 2 athletes from each LSC in the Central Zone
1 coach from each LSC
1 Diversity Coordinator from each LSC
- Age:** 13- 16 years of age at the time of the camp (9-10th grades)
- Funding:** Each LSC will fund two athletes, a coach and their Diversity Chair to the camp.
- Qualifications:** Athletes must have qualified in at least one individual event in their local LSC championship meet in either SCY or LC seasons. In the event that there are no qualifying swimmers, the LSC can elect to send two athletes of its choice.
- Selection:** Each LSC will select the two athletes they wish to represent that LSC using the application attached. The LSC will then select one coach from a diverse cultural group or a coach of a diverse cultural team based on their own LSC evaluation.

Camp**Schedule:**

The two day camp program will include a combination of pool training, motivational and education sessions, networking and strategic planning sessions for members of each LSC, and team building activities. Arrival will be on Thursday evening 6/10 and departure will be on Sunday 6/13.

Coaches**And****Diversity****Chairs:**

The coach and Diversity Chair track will include observing in water workouts, classroom sessions with guest speakers and strategic planning sessions and goal setting with their LSC specific athletes. These participants do not need to arrive until Friday June 11th by noon.

Camp**Staff:**

The camp staff will be selected from accomplished multicultural candidates from the Central Zone and include a head coach and three assistants, and a national athlete along with the camp oversight committee.