



**2017 Illinois Swimming  
Regional Championship Meets  
February 24-26, 2017**



The 2017 Speedo© Illinois Swimming Summer Regional Championship Meets are sanctioned by USA Swimming and Illinois Swimming, Inc. sanction numbers (**Glenbrook Aquatics – ILS17-0301, Lincoln Way Swim Association – ILS17-0303, Barrington Swim Club – ILS17-0302, Lyons Swim Club – ILS17-0304, Chicago Wolfpack – ILS17-0306, Funky Fish Swim Club – ILS17-0307 and Maverick Swim Club – ILS17-0305**). All USA Swimming and Illinois Swimming rules apply including safety rules, which will be strictly enforced.

There are Seven Regional Championship Meets. Please check the Team Listings included in this packet for the location of the meet to which your team has been assigned. Each team may only attend the meet to which they are assigned. All unattached athletes must contact the Illinois Swimming Office (847-824-1596) to determine which meet they should attend.

**LOCATIONS AND FACILITIES:**

<b>GLENBROOK AQUATICS</b>	<b>LINCOLN WAY SWIM ASSOC</b>	<b>BARRINGTON SWIM CLUB</b>
<p align="center"><b>Glenbrook North High School 2300 Shermer Road Northbrook, IL 60062</b></p> <p>1-8 lane 25 yard pool &amp; 1-6 lane 25 yard pool. Competition pool is 10' deep at the start end, 8' in the middle, 14' at the turn end. Spectator seating for approximately 600.</p>	<p align="center"><b>Lincoln-Way Central High School Route 30 / Schoolhouse Road New Lenox, IL 60451</b></p> <p>2-6 lane, 25-yard pools separated by a 4' wide bulkhead. Water depth of competition pool is 12'8" at start end, 7' in middle and 6' at turn end. Spectator seating for approximately 800.</p>	<p align="center"><b>Barrington High School 616 West Main Street Barrington, IL 60010</b></p> <p>12 lanes 25 yard pool. 13' deep at the start end, 7' in the middle, 7' at the turn end. Spectator seating for approximately 295.</p>
<b>Chicago Wolfpack</b>	<b>MAVERICK SWIM CLUB</b>	<b>Lyons Swim Club</b>
<p align="center"><b>Whitney M Young Magnet High School 211 S Loomis Chicago, IL 60607</b></p> <p>6 lane 25 yard pool. 14' deep at the start end, 7' in the middle, 4' at the turn end. Spectator seating for approximately 550.</p>	<p align="center"><b>Metea Valley High School 1801 N Eola Road Aurora, IL 60502</b></p> <p>8 lane 25 yard pool. 12' deep at the start end, 10' in the middle, 8' at the turn end. Spectator seating for approximately 750</p>	<p align="center"><b>Lyons High School South Campus 4900 Willow Springs Road Western Springs, IL 60558</b></p> <p>2-6 lane, 25-yard pools separated by a 4' wide bulkhead. Water depth of competition pool is 12'6" at start end, 7' in middle and 6' at turn end. Spectator seating for approximately 640.</p>
	<b>Funky Fish Swim Club</b>	
	<p align="center"><b>Fort Natatorium 302 E. Emerson St. Bloomington, IL 61701</b></p> <p>8 lane 25 yard pool with 15 yard diving well for warmup/cool-down. Competition pool ranges from 4'6" to 13' deep at the start end, 3'6" at the turn end. Spectator seating for approximately 300.</p>	



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**DEADLINE AND MEETING SUMMARY:**

<b>Monday</b>	<b>January 11</b>	<b>12:01 AM</b>	<b>Entries Open</b>
<b>Monday</b>	<b>February 20</b>	<b>1:00</b>	<b>Entry Deadline (OME)</b>
<b>Thursday</b>	<b>February 23</b>	<b>1:00</b>	<b>Email Scratch Deadline</b>
<b>Friday</b>	<b>February 24</b>	<b>4:20PM</b>	<b>Positive Check-In Closes</b>
<b>Friday</b>	<b>February 24</b>	<b>4:40PM</b>	<b>Coaches Meeting</b>
<b>Friday</b>	<b>February 24</b>	<b>5:00PM</b>	<b>Session 1 Start</b>
<b>Saturday</b>	<b>February 25</b>	<b>7:20 AM</b>	<b>Positive Check-In Closes</b>
<b>Saturday</b>	<b>February 25</b>	<b>7:45</b>	<b>Coaches Meeting (If Necessary)</b>
<b>Saturday</b>	<b>February 25</b>	<b>8:00 AM</b>	<b>Session 2 Start</b>
<b>Saturday</b>	<b>February 25</b>	<b>12:20 PM</b>	<b>Positive Check-In Closes</b>
<b>Saturday</b>	<b>February 25</b>	<b>1:00</b>	<b>Session 3 Start</b>
<b>Sunday</b>	<b>February 26</b>	<b>7:20</b>	<b>Positive Check-In Closes</b>
<b>Sunday</b>	<b>February 26</b>	<b>7:45 AM</b>	<b>Coaches Meeting (If Necessary)</b>
<b>Sunday</b>	<b>February 26</b>	<b>8:00 AM</b>	<b>Session 4 Start</b>
<b>Sunday</b>	<b>February 26</b>	<b>12:20 PM</b>	<b>Positive Check-In Closes</b>
<b>Sunday</b>	<b>February 26</b>	<b>1:00</b>	<b>Session 5 Start</b>

**MEET SCHEDULE:**

<b>Friday Evening Session (1) Ages All</b>		<b>Saturday and Sunday Morning Sessions (2 &amp; 4) Ages 12 &amp; Under; 10 &amp; Under</b>		<b>Saturday and Sunday Afternoon Sessions (3 &amp; 5) Ages Open, 14 &amp; Under</b>	
Warm-up:	4:00 PM	Warm-up:	7:00 AM	Warm-up:	12:00 PM
Positive Check-In		Positive Check-In		Positive Check-In	
Closes:	4:20 PM	Closes:	7:20 AM	Closes:	12:20 PM
Start:	5:00 PM	Start:	8:00 AM	Start:	1:00 PM

**MEET ADMINISTRATION:**

	<b>Meet Director</b>	<b>Entry Chair</b>	<b>Meet Referee</b>	
<b>GA</b>	Brian and Kelly Brown <a href="mailto:Luckykp13@hotmail.com">Luckykp13@hotmail.com</a> 847-630-7259	Brian and Kelly Brown <a href="mailto:Luckykp13@hotmail.com">Luckykp13@hotmail.com</a> 847-630-7259	Diane Ramoska <a href="mailto:Dlr1115@comcast.net">Dlr1115@comcast.net</a> 847-682-7596	<a href="http://www.glenbrook-aquatics.org">www.glenbrook-aquatics.org</a>
<b>LWSA</b>	Mark Hoffer 708-800-4139 <a href="mailto:coachmark@lwsagators.org">coachmark@lwsagators.org</a>	Mark Hoffer 708-800-4139 <a href="mailto:coachmark@lwsagators.org">coachmark@lwsagators.org</a>	Tom McGowan <a href="mailto:gomcgoo@gmail.com">gomcgoo@gmail.com</a> 815-474-0719	<a href="http://www.lwsagators.org">www.lwsagators.org</a>
<b>MAVS</b>	Joe Schrom and Scott Walbridge <a href="mailto:JScp0708@aol.com">JScp0708@aol.com</a> <a href="mailto:scottw66@comcast.net">scottw66@comcast.net</a> 630-651-1540	Sandra Carpenter <a href="mailto:admin@mavswim.org">admin@mavswim.org</a> 630-557-6287	Kim Mozdierz Frank <a href="mailto:kitome@att.net">kitome@att.net</a> 630-886-2941	<a href="http://www.mavswim.org">www.mavswim.org</a>
<b>BSC</b>	Diane Snyder <a href="mailto:dianes@swimbsc.org">dianes@swimbsc.org</a> 847-791-1673	Rob Emery <a href="mailto:robemary@cs.com">robemary@cs.com</a> 954-649-4366	Michael Jania <a href="mailto:Michael@diamondenvelope.com">Michael@diamondenvelope.com</a> 630-531-3894	<a href="http://www.swimbsc.org">www.swimbsc.org</a>
<b>LYONS</b>	Beth Mckeen and Jody Ohm <a href="mailto:Bamceen65@gmail.com">Bamceen65@gmail.com</a> <a href="mailto:jodyohm@sbcglobal.net">jodyohm@sbcglobal.net</a> 708-363-9432	Casey Hnatiuk <a href="mailto:cjhatiuk@hotmail.com">cjhatiuk@hotmail.com</a> 312-388-0062	Jim Wing <a href="mailto:cincowings@yahoo.com">cincowings@yahoo.com</a> 708-516-8400	<a href="http://www.lyonsswimclub.com">www.lyonsswimclub.com</a>
<b>CWAC</b>	Andy Parro <a href="mailto:andy@sixpointswim.com">andy@sixpointswim.com</a> 773-592-8990	Andy Parro <a href="mailto:andy@sixpointswim.com">andy@sixpointswim.com</a> 773-592-8990	Mark Daniel <a href="mailto:mwdaniel@sbcglobal.net">mwdaniel@sbcglobal.net</a> 312-927-0177	<a href="http://www.cwacswimming.com">www.cwacswimming.com</a>
<b>FFSC</b>	Tommy Gilbert <a href="mailto:Tgilbert@iwu.edu">Tgilbert@iwu.edu</a> 847-946-7518	Tommy Gilbert <a href="mailto:Tgilbert@iwu.edu">Tgilbert@iwu.edu</a> 847-946-7518	Estela Canga <a href="mailto:estelacanga@comcast.net">estelacanga@comcast.net</a> 217-778-1378	<a href="http://www.funkyfishswimclub.org">www.funkyfishswimclub.org</a>



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**QUALIFYING TIMES:** 2016-17 Regional Championship Time Standards are included in this meet packet. Only swimmers having achieved qualifying times between **February 27, 2015 and February 20, 2017 at 1:00pm CST** are eligible for this meet. Entry times may be submitted in short course yards, short course meters or long course meters.

**Minimum Qualifying Time:** 2016-17 Illinois Regional Championship time standards  
**Maximum Qualifying Time:** 2016-17 Age Group Championship (Senior Championship for Open events) Time Standards, except where noted on the order of events.  
**Swimmers having achieved an Age Group or Senior Championship time standard in any course may NOT compete in that event, for that age group, in the Regional Championships.**

**Checks payable to: Illinois Swimming Inc.**

<b>MAIL PAYMENT TO:</b>	Illinois Swimming Inc. 1400 E Touhy Ave., Suite 410 Des Plaines, IL 60018	<b>EMAIL ENTRY QUESTIONS TO:</b>	<a href="mailto:pam.lowenthal@ilswim.org">pam.lowenthal@ilswim.org</a>
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**ENTRY FEES:** \$8.00 per individual event, \$16.00 per relay event and a swimmer surcharge of \$2.00 per swimmer entered in at least one individual event must be included with entry.

**ENTRY PROCESS:**

1. Complete entry online using USA Swimming’s Online Meet Entry System (OME).
2. All relay only swimmers, including alternates, must be entered in the meet prior to the entry deadline
3. Pay for OME entry online using a credit card. To pay by check you must contact the Illinois Swimming office.
4. Please submit the following to the Illinois Swimming Office (due by February 23, 2017)
  - a. Team Summary and Release Form
  - b. Entry fees and swimmer surcharge payments not paid by credit card

**ELIGIBILITY:** All swimmers must be current members of USA Swimming and Illinois Swimming. “Applied For” registration numbers will not be accepted; registration forms may be obtained from the ISI office or downloaded from the Illinois Swimming website. [www.ilswim.org](http://www.ilswim.org). Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**EVENT LIMITATIONS:** A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than ten (10) individual events during the meet. No swimmer shall be permitted to compete in more than four (4) individual events per day.

**POSITIVE CHECK-IN:** All events will be **Positive Check-In**, timed finals. Each swimmer must check herself/himself in with the Clerk of Course at least 40 minutes prior to the start of each session for the events they will be swimming. Any swimmer who does not check-in with the Clerk of Course, prior to the deadline for Positive Check-In, will be scratched from all events for that day. Swimmers missing Positive Check-In will only be placed if and wherever any openings may occur, regardless of original seedtime. All swimmers will be expected to report for their events on time. No show rules will apply as stated in Illinois Swimming Championship meet rules.

**SEEDING:** Entries shall be seeded according to USA and Illinois Swimming rules. Entry times conforming to the course length for Illinois Swimming short course state championship meets (SCY) shall be considered “conforming times”. All other times meeting the appropriate standard shall be considered “non-conforming times”. **The order of seeding for this meet is Short Course Yards (SCY), Long Course Meters (LCM), and Short Course Meters (SCM).**

**INDIVIDUAL EVENTS:**

1. All events will be conducted as timed finals.
2. The 14&U 1000 Free and Open 1000 Free for Women will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together. The 14&U 1000 Free and Open 1000 Free for Men will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together.
3. The 14&U 1650 Free and Open 1650 Free for Women and Men will be entered as separate events (with different event numbers and different qualifying standards), but will be swum together. The 1650 Free will be swum fastest to slowest, alternating between Women’s and Men’s heats.



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4. A swimmer who has qualified in the 800 meters or 1000 yards may swim the 1650 Free, but must enter using the Long Course 1500-meter qualifying time for their age group. (14 and Under 21:03.39 Women, 20:42.09 Men, Open 21:12.69 Women 20:03.69 Men)
5. A swimmer who has qualified in the 1500 meters or 1650 yards may swim the 1000 Free, but must enter using the Long Course 800-meter qualifying time for their age group. (14 and Under 10:57.99 Women, 10:46.89 Men, Open 11:08.89 Women, 10:23.49 Men)

**RELAY EVENTS:** Relays will be done at the end of each session on Saturday and Sunday. Teams may enter up to two relays per event max.

**SCORING EVENTS:** Top 20 swimmers in each event will be scored. Relays will not be scored in the overall team score.

**SCRATCH PROCEDURES:** **The following information is for coaches and club representatives only.** The 2017 Winter Regional Championship meet is positive check-in, thus pre-meet scratching is not necessary. However, if you would like to scratch swimmers in advance, please email scratch information to your Host Club entry chair. The following information must be included for your scratches:

1. Swim Club Information - Club Name, Club Code, Coach of Record, Contact Info (phone & email)
2. Swimmer's Information - Full Name (Last, First, MI), USA Swimming ID number, Event Number, Event Name, & Entry Time.
3. Name, information, and club position of person submitting scratches

**The deadline for E-mail scratches is 1:00 PM, Thursday, February 23, 2017.**

**It is the responsibility of the sender to ensure that this E-mail is sent to the correct host and is received.**

**AWARDS:** Medals for 1<sup>ST</sup>- 8<sup>TH</sup> places will be awarded in each individual event. Medals 1<sup>st</sup>-3<sup>rd</sup> will be awarded for each relay event.

**TEAM AWARDS:** Team Awards will be given to the top 3 Teams

**AWARDS CEREMONY:** Awards for top eight women and men will be presented according to the awards breaks shown in the event list.

**COACHES MEETING:** There will be a coach meeting 20 minutes prior to the start of each session if needed. Each team or unattached swimmer must be represented.

**MEET RESULTS:** Meet results will be available on the host web site and the Illinois Swimming website.

**TECHNICAL JURY/ELIGIBILITY JURY:** The Meet Director and the Age Group Vice-Chair shall appoint a Technical Jury composed of at least one coach, one athlete, and at least one, but not more than three other persons. The Program Operations Vice-Chair and the Meet Referee will appoint an Eligibility Jury composed of the Registration Chair, a coach, and one other person in attendance at the meet.

**WARM-UP:** Illinois Swimming warm-up and safety procedures will be in effect.

**CONDUCT:** The use of audio or visual recording devices, including all cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**DECK ACCESS & RESTRICTIONS:** Current USA Swimming membership is required for coaches and working officials to be on deck. All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of this meet.

**TIMERS:** The Meet Host shall have full responsibility for all timers for all sessions of the meet. The meet host shall provide a list of timing assignments made up of teams with swimmers in the meet (including the host club) at least 48 hours prior to the start of competition. Swimmers competing in the 1650 Freestyle must provide their own timers.

**MISSED QUALIFYING TIMES:** Entry times will be 'Pre-Proven' from the SWIMS database. Custom times may be entered; however, printed 'proof of time' will be required upon request.



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**OFFICIALS:** Officials interested in working this meet should submit the application found on the ISI website under Officials tab. They can also direct questions regarding officiating to **Ann Widdowson ([widsona@gmail.com](mailto:widsona@gmail.com))**. A mandatory briefing for all officials working the meet will begin 1 hour before the start of each session.

**ADMISSIONS:** Admissions will be charged for entrance to each session. Heat sheets will also be available for sale. The Host Clubs will set these prices.

**VENDORS:** Oceans Apparel will be on site at each location to sell event-specific apparel.

**RESTRICTIONS:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.



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**EVENT ORDER:** All time standards for all events are included in the meet packet. All 12&U events shall follow the 11-12 Illinois Swimming championship time standards for the maximum qualifying standard. All 14&U events shall follow 13-14 Illinois Swimming championship time standards for the maximum qualifying standard.

**Friday, February 24, 2017  
Session 1**

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
1	12&U 200 Fly	2
3	10&U 500 Free	4
	<b>Awards</b>	
5	12&200 Breast	6
7	**14&U 1000 Free**	8
9	**Open 1000 Free**	10
	<b>Awards</b>	
11	12&U 200 Back	12
13	12&U 400 IM	14
	<b>Awards</b>	

\*\*Events 7 & 9 (Girls Open and 13-14 1000 Free) will be entered separately but will be swum together. \*\*  
\*\*Events 8 & 10 (Boys Open and 13-14 1000 Free) will be entered separately but will be swum together.\*\*

**Saturday, February 25, 2017  
Session 2**

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
15	12&U 500 Free	16
17	10&U 100 Fly	18
19	12&U 100 Fly	20
	<b>Awards</b>	
21	10&U 50 Free	22
23	12&U 50 Free	24
	<b>Awards</b>	
25	10&U 100 Breast	26
27	12&U 100 Breast	28
	<b>Awards</b>	
29	10&U 50 Back	30
31	12&U 50 Back	32
	<b>Awards</b>	
33	10&U 200 IM	34
35	12&U 200 IM	36
	<b>Awards</b>	
37	10&U 200 Medley Relay	38
39	12&U 200 Medley Relay	40
	<b>Awards</b>	



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Saturday February 25,  
2017  
Session 3

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
41	Open 500 Free	42
43	14&U 500 Free	44
	<b>Awards</b>	
45	Open 100 Fly	46
47	14&U 100 Fly	48
	<b>Awards</b>	
49	Open 50 Free	50
51	14&U 50 Free	52
	<b>Awards</b>	
53	Open 100 Breast	54
55	14&U 100 Breast	56
	<b>Awards</b>	
57	Open 200 Back	58
59	14&U 200 Back	60
	<b>Awards</b>	
61	Open 400 IM	62
63	14&U 400 IM	64
	<b>Awards</b>	
65	Open 200 Medley Relay	66
67	14&U 200 Medley Relay	68
	<b>Awards</b>	

Sunday, February 26,  
2017  
Session 4

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
69	10&U 200 Free	70
71	12&U 200 Free	72
	<b>Awards</b>	
73	10&U Fly	74
75	12&U 50 Fly	76
	<b>Awards</b>	
77	10&U 100 Back	78
79	12&U 100 Back	80
	<b>Awards</b>	
81	10&U 50 Breast	82
83	12&U 50 Breast	84
	<b>Awards</b>	
85	10&U 100 Free	86
87	12&U 100 Free	88
	<b>Awards</b>	
89	10&U 100 IM	90
91	12&U 100 IM	92
	<b>Awards</b>	
93	10&U 200 Free Relay	94



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95

12&U 200 Free Relay

96

**Sunday, February 26,  
2017**

**Session 5**

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
97	Open 200 Free	98
99	14&U 200 Free	100
	<b>Awards</b>	
101	Open 200 Fly	102
103	14&U 200 Fly	104
	<b>Awards</b>	
105	Open 100 Back	106
107	14&U 100 Back	108
	<b>Awards</b>	
109	Open 200 Breast	110
111	14&U 200 Breast	112
	<b>Awards</b>	
113	Open 100 Free	114
115	14&U 100 Free	116
	<b>Awards</b>	
117	Open 200 IM	118
119	14&U 200 IM	120
	<b>Awards</b>	
121	Open 200 Free Relay	122
123	14&U 200 Free Relay	124
	<b>Awards</b>	
125	**Open 1650 Free**	126
127	**14&U 1650 Free**	128
	<b>Awards</b>	

\*\*Events 125 & 127 (Girls Open and 13-14 1650 Free) will be entered separately but will be swum together.\*\*

\*\*Events 126 & 128 (Boys Open and 13-14 1650 Free) will be entered separately but will be swum together.\*\*





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**TEAM SUMMARY & RELEASE FORM**

Name of Club: \_\_\_\_\_ Club Code: \_\_\_\_\_

Complete Mailing Address: \_\_\_\_\_

Phone (Day) \_\_\_\_\_ (Eve) \_\_\_\_\_ E-mail: \_\_\_\_\_

Names of Coaches at Meet: \_\_\_\_\_

CLUB CONTACT PERSON; \_\_\_\_\_

Phone (Day) \_\_\_\_\_ (Eve) \_\_\_\_\_ E-mail: \_\_\_\_\_

Club Officials for meet (Name, certification type, and Phone #)

NAME: \_\_\_\_\_ Certification: \_\_\_\_\_ Phone (Day) \_\_\_\_\_ (Eve) \_\_\_\_\_

NAME: \_\_\_\_\_ Certification: \_\_\_\_\_ Phone (Day) \_\_\_\_\_ (Eve) \_\_\_\_\_

Total Women's Events	_____	X	\$8.00 per event =	\$ _____
Total Men's Events	_____	X	\$8.00 per event =	_____
Total Relay Events	_____	X	\$16.00 per event =	\$ _____
Number of Individuals Entered in Individual Events	_____	X	\$2.00 Surcharge =	\$ _____
<b>Make checks payable to "Illinois Swimming Inc."</b>			Total Amount Enclosed =	\$ _____

In consideration of the acceptance of this entry, intending to be legally bound, I hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming Inc., Barrington Swim Club, Barrington High School, Glenbrook Aquatics, Glenbrook North High School, Lincoln Way Swim Association, Lincoln Way Central High School, Chicago Wolfpack Whitney M Young Magnet High School, Lyons Swim Club, Lyons Township High School, Maverick Swim Club, Metea Valley High School, Funky Fish Swim Club and Illinois Wesleyan University their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

The undersigned coach or team representative of all swimmers listed on this entry hereby certifies that all times stated on this entry form are true and correct. The undersigned further assumes responsibility for any false or incorrect times, and acknowledges that, in accordance with ISI and USA Swimming rules, a substantial fine will be paid to Illinois Swimming, Inc., for each time that is false, incorrect, or unacceptable.

\_\_\_\_\_  
Signature of Coach, Parent, or Club Representative

**This form must be returned to the Illinois Swimming Office by the deadline specified in this packet.**



# Illinois Swimming 2016-2017 Short Course Time Standards



GIRLS						BOYS						
LCM		SCM		SCY		10&Under	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
34.79	38.29	33.49	36.79	30.19	33.19	50 Free	30.19	33.19	33.49	36.79	34.89	38.39
1:17.59	1:25.39	1:14.79	1:22.29	1:07.39	1:14.09	100 Free	1:06.59	1:13.29	1:13.89	1:21.29	1:18.29	1:26.09
2:49.89	3:06.89	2:44.49	3:00.99	2:28.19	2:42.09	200 Free	2:27.79	2:42.59	2:44.09	3:00.49	2:51.89	3:09.09
5:49.29	6:50.59	5:39.79	6:39.49	6:28.29	7:40.59	400/500 Free	6:28.29	7:44.69	5:39.79	6:47.99	5:49.29	6:56.79
41.69	45.89	39.89	43.89	35.89	39.49	50 Back	35.99	39.59	39.99	43.99	42.09	46.29
1:30.19	1:39.19	1:25.59	1:34.19	1:17.09	1:24.79	100 Back	1:17.79	1:25.59	1:26.39	1:34.99	1:31.49	1:40.59
46.89	51.59	44.49	48.89	40.09	44.09	50 Breast	41.09	45.19	45.59	50.19	48.59	53.49
1:42.89	1:53.19	1:37.49	1:47.19	1:27.79	1:36.59	100 Breast	1:30.59	1:39.69	1:40.59	1:50.69	1:46.79	1:57.49
39.39	43.29	37.79	41.59	34.09	37.49	50 Fly	34.29	37.69	38.09	41.89	40.49	44.49
1:34.29	1:43.69	1:28.79	1:37.69	1:19.99	1:27.99	100 Fly	1:21.49	1:29.59	1:30.49	1:39.49	1:38.09	1:47.89
		1:25.79	1:34.39	1:17.29	1:24.99	100 IM	1:17.99	1:25.79	1:26.59	1:35.29		
3:13.89	3:33.29	3:05.69	3:24.29	2:47.29	3:03.99	200 IM	2:49.69	3:06.69	3:08.39	3:27.19	3:17.69	3:37.49
2:30.29		2:22.59		2:08.49		200 Free Relay	2:10.59		2:24.99		2:35.59	
2:50.99		2:41.19		2:25.19		200 Med. Relay	2:28.29		2:44.59		2:57.89	
LCM		SCM		SCY		11/12	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
:30.69	34.29	:29.59	33.29	:26.99	29.99	50 Free	:26.59	29.59	:28.99	32.89	:30.09	34.19
1:07.39	1:14.79	1:04.79	1:12.19	:58.29	1:04.99	100 Free	:57.89	1:04.69	1:03.89	1:11.79	1:06.39	1:15.49
2:25.49	2:42.89	2:19.89	2:37.49	2:08.19	2:21.79	200 Free	2:08.19	2:21.89	2:19.49	2:37.49	2:24.99	2:44.99
5:09.29	5:45.19	4:57.39	5:30.79	5:42.19	6:18.59	400/500 Free	5:43.59	6:18.29	4:57.49	5:30.59	5:09.39	5:51.29
<b>11:12.79</b>		<b>10:59.99</b>		<b>11:48.99</b>		<b>800/1000 Free</b>	<b>11:56.29</b>		<b>11:01.89</b>		<b>11:14.69</b>	
:36.09	40.39	:34.79	38.59	:31.19	34.79	50 Back	:31.09	34.49	:34.59	38.39	:35.89	40.79
1:17.39	1:26.39	1:14.49	1:22.09	1:06.29	1:13.89	100 Back	1:06.99	1:14.49	1:14.79	1:22.69	1:17.79	1:27.99
<b>2:42.49</b>	2:56.09	<b>2:37.79</b>	2:51.59	<b>2:21.39</b>	2:34.39	200 Back	<b>2:23.69</b>	2:53.19	<b>2:39.19</b>	3:12.49	<b>2:43.89</b>	3:19.39
:40.29	45.49	:38.79	42.89	:34.49	38.59	50 Breast	:34.79	39.29	:38.49	43.59	:39.99	46.39
1:27.39	1:39.09	1:24.09	1:33.49	1:15.59	1:24.19	100 Breast	1:15.69	1:24.89	1:24.79	1:34.39	1:28.09	1:40.99
<b>3:02.39</b>	3:22.39	<b>2:59.19</b>	3:19.89	<b>2:42.19</b>	2:59.69	200 Breast	<b>2:49.09</b>	3:09.29	<b>3:05.59</b>	3:30.19	<b>3:08.89</b>	3:38.09
:33.39	37.69	:32.19	36.59	:29.39	32.99	50 Fly	:29.69	32.89	:32.59	36.49	:33.89	38.29
1:15.59	1:25.99	1:12.69	1:21.99	1:05.89	1:13.79	100 Fly	1:07.49	1:14.59	1:14.09	1:22.89	1:16.99	1:28.09
2:53.59	3:33.09	2:51.59	3:25.89	2:34.59	3:06.29	200 Fly	2:45.89	3:04.69	3:04.19	3:24.09	3:06.29	3:30.99
		1:15.19	1:22.89	1:07.59	1:14.59	100 IM	1:07.19	1:14.89	1:14.69	1:23.19		
2:45.79	3:04.99	2:39.49	2:57.79	2:24.99	2:39.99	200 IM	2:25.59	2:41.29	2:40.59	2:59.49	2:46.99	3:07.49
	7:32.09		7:15.79		6:34.39	400 IM		6:27.29		7:07.99		7:28.29
4:40.89	NT	4:30.09	NT	4:03.69	NT	200 Free Relay		NT		NT		NT
	NT		NT		NT	400 Free Relay	4:07.29		4:34.99		4:45.99	
						200 Med Relay		NT		NT		NT
5:19.69		5:07.39		4:34.79		400 Med. Relay	4:41.79		5:15.29		5:30.39	
LCM		SCM		SCY		13/14	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
:29.29	:32.19	:28.19	:31.09	:25.49	:28.09	50 Free	:23.99	:26.39	:26.79	:29.59	:27.79	:30.59
1:03.79	1:10.19	1:01.39	1:07.59	:55.49	1:01.09	100 Free	:51.89	:57.09	:57.99	1:03.79	1:00.29	1:06.39
2:18.49	2:32.39	2:13.19	2:26.59	1:59.69	2:11.69	200 Free	1:53.99	2:05.39	2:07.69	2:20.49	2:12.79	2:26.09
4:52.49	5:21.79	4:41.29	5:09.49	5:23.69	5:56.09	400/500 Free	5:08.59	5:36.19	4:32.29	4:59.59	4:43.19	5:13.59
9:58.19	10:57.99	9:47.79	10:46.59	10:57.79	12:03.59	800/1000 Free	10:32.59	11:35.89	9:37.69	10:35.49	9:48.09	10:46.89
<b>19:01.59</b>	<b>21:03.39</b>	<b>18:45.59</b>	<b>20:41.49</b>	<b>18:49.19</b>	<b>20:44.49</b>	<b>1500/1650 Free</b>	<b>18:18.29</b>	<b>20:10.99</b>	<b>18:28.39</b>	<b>20:20.09</b>	<b>18:45.29</b>	<b>20:42.09</b>
1:12.69	1:19.99	1:09.59	1:16.59	1:02.09	1:08.29	100 Back	:59.69	1:05.69	1:06.89	1:13.59	1:11.09	1:18.19
2:36.69	2:52.39	2:29.89	2:45.39	2:14.39	2:27.89	200 Back	2:08.99	2:21.89	2:26.09	2:40.79	2:32.29	2:47.59
1:23.19	1:31.59	1:19.59	1:27.59	1:11.09	1:18.19	100 Breast	1:07.69	1:14.49	1:16.39	1:24.09	1:19.59	1:27.59
3:00.39	3:18.49	2:53.39	3:10.89	2:35.69	2:51.29	200 Breast	2:27.89	2:42.69	2:47.19	3:03.99	2:54.39	3:11.89
1:10.89	1:17.99	1:08.19	1:15.09	1:01.69	1:07.89	100 Fly	1:02.79	1:03.79	1:04.69	1:11.19	1:07.19	1:13.99
2:39.79	2:55.79	2:33.69	2:49.09	2:18.79	2:32.69	200 Fly	2:12.99	2:26.29	2:29.39	2:42.39	2:35.29	2:50.59
2:37.49	2:53.29	2:31.49	2:46.69	2:16.79	2:30.49	200 IM	2:09.79	2:22.79	2:25.39	2:39.99	2:31.19	2:46.39
5:33.69	6:07.09	5:20.89	5:52.99	4:50.89	5:19.99	400 IM	4:39.29	5:07.29	5:14.89	5:46.39	5:27.49	6:00.29
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:22.19		4:12.19		3:49.29		400 Free Relay	3:36.69		4:03.69		4:13.39	
9:34.19		9:12.19		8:20.89		800 Free Relay	8:01.59		9:01.49		9:23.29	
	NT		NT		NT	200 Med. Relay		NT		NT		NT
4:56.39		4:44.89		4:14.89		400 Med. Relay	4:02.69		4:32.89		4:48.29	
LCM		SCM		SCY		Senior	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
28.99	31.99	27.59	30.39	24.89	27.39	50 Free	22.39	24.59	24.89	27.29	26.19	28.79
1:02.29	1:08.99	59.69	1:05.69	53.79	59.29	100 Free	48.69	53.69	53.99	59.59	55.99	1:02.29
2:15.69	2:29.79	2:10.39	2:23.39	1:57.49	2:09.19	200 Free	1:47.09	1:57.89	1:58.89	2:10.89	2:04.99	2:17.69
4:49.89	5:18.89	4:34.29	5:01.89	5:13.59	5:44.99	400/500 Free	4:53.19	5:23.09	4:16.49	4:42.69	4:25.99	4:53.59
10:08.09	11:08.89	9:45.29	10:43.89	11:08.99	12:15.89	800/1000 Free	10:35.79	11:39.39	9:10.59	10:11.99	9:26.79	10:23.49
19:16.99	21:12.69	18:46.39	20:50.49	18:47.89	20:40.69	1500/1650 Free	17:51.69	19:38.89	17:49.09	19:45.99	18:14.29	20:03.69
1:10.99	1:18.59	1:06.89	1:13.89	1:00.29	1:06.59	100 Back	55.79	1:01.59	1:01.89	1:08.39	1:05.99	1:13.19
2:33.89	2:50.99	2:25.29	2:39.79	2:10.89	2:23.99	200 Back	2:02.59	2:15.19	2:16.09	2:30.09	2:22.99	2:38.89
1:22.49	1:30.89	1:17.69	1:25.49	1:09.99	1:16.99	100 Breast	1:02.89	1:09.19	1:09.79	1:16.79	1:15.39	1:22.89
2:57.99	3:16.69	2:48.69	3:05.69	2:31.99	2:47.29	200 Breast	2:18.29	2:32.19	2:33.49	2:48.89	2:44.99	3:02.59
1:10.19	1:17.29	1:06.69	1:13.59	1:00.09	1:06.29	100 Fly	54.59	1:00.19	1:00.59	1:06.79	1:02.89	1:09.49
2:32.99	2:51.79	2:30.89	2:45.99	2:15.99	2:29.59	200 Fly	2:04.79	2:17.89	2:18.49	2:33.09	2:23.89	2:41.09
2:34.99	2:51.29	2:26.59	2:41.29	2:12.09	2:25.29	200 IM	2:00.99	2:13.69	2:14.29	2:28.39	2:21.19	2:35.99
5:32.09	6:07.99	5:19.39	5:51.39	4:47.79	5:16.59	400 IM	4:26.89	4:53.59	4:56.19	5:25.89	5:09.99	5:42.09
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:23.09		4:07.89		3:42.19		400 Free Relay	3:21.69		3:45.09		3:57.89	
9:29.99		9:00.89		8:07.29		800 Free Relay	7:28.39		8:17.69		8:52.29	
	NT		NT		NT	200 Med. Relay		NT		NT		NT
4:54.69		4:32.89		4:04.59		400 Med. Relay	3:42.69		4:08.49		4:26.99	

\*Approved\*

**2017 Illinois Swimming  
Winter Regional Assignments**



<b><u>GA</u></b>	<b><u>MAVS</u></b>	<b><u>BSC</u></b>	<b><u>LWSA</u></b>	<b><u>LYONS</u></b>	<b><u>CWAC</u></b>	<b><u>FFSC</u></b>
BLUE	ACAD	AA	ACAD	BSA	BRRY	ACAD
COHO	DCST	BDSC	BBSC	CSAT	CLSC	BASC
DPRC	DIXN	BSC	BNY	GILS	CPD	BNSC
EGSC	EMSC	BTS	CHMP	HFSC	CSSC	DDST
GA	EXPR	CATS	DLTA	HOSC	CWAC	DOCS
GTAC	FAST	DUND	EASC	JETS	EST	DRGN
HPAC	FOX	ECST	HSC	JPD	GGST	DSC
LATT	FVfy	ELY	HWSA	LPD	IGSC	FFSC
LEAN	LIFE	HTSW	LHSC	LSF	KNAC	FLY
LFSC	MAVS	MMAC	LWSA	LYON	MDWY	HEAT
LIFE	MBLM	MMSC	NAC	OFSA	MSSC	JAXY
MANN	NAPY	PAC	POSA	OLSA	SPAC	LYNX
MYST	ORCA	PALA	TOPS	PASS	SWAQ	MARL
NTSC	TWSC	PPD		RASC	TSSC	OCS
NU		RMSC		SAMK	WCS	ONU
REACH		SCST		TPT	Y2K	PAWW
SAGE		SPD		ULT		QFY
SCT		SSSC		WEST		RED
SSC		TST		WHTN		SBD
WILD/NASA		VHST		WSCS		SPY
WSO		WDST				SST
YWFF						