



2017 Illinois Swimming Age Group Championships

March 9-12, 2017

Host

Academy Bullets Swim Club

Location

**Village of Pleasant Prairie RecPlex
Pleasant Prairie, WI**

Entry Deadline

Monday, March 6, 2017 @ 1:00 PM (CST)

2017 Illinois Swimming Age Group Championships

Important Meet Items:

- This meet follows all USA Swimming and current Illinois Swimming championship meet procedures.
- All swimmers must be current members of USA Swimming and Illinois Swimming.
- The qualification period for this meet is February 27, 2015 through the entry deadline (Monday, March 6, 2017).
- Enter the 2017 Illinois Swimming Age Group Championships online at www.usaswimming.org/OME beginning on Wednesday, January 11, 2017 and no later than 1:00pm (CST) Monday, March 6, 2017.
- All Individual Events will be swum as prelims and finals with the exception of the following events: all 10&U events, 11-12 200 Butterfly, 11-12 200 Breaststroke 11-12 200 Backstroke, 11-12 500 Free, 11-12 1000 Free, 13-14 500 Free, 13-14 1000 Free, 13-14 1650 Free, and 13-14 400 IM. Finals will be the top 20 athletes competing in Consolation Final (10) and Championship Final (10).
- All 13-14 and 11-12 relays will be conducted as timed finals with the fastest heat competing at the conclusion of the evening session. All other relays will compete at the conclusion of the preliminary session.
- **All relay only swimmers, including alternates, must be entered in the meet prior to the entry deadline.**
- 13-14 Swimmers with a 1000 Free qualifying time may enter the 1650 Free event; swimmers with a 1650 Free qualifying time may enter the 1000 Free event. Swimmers must enter at the Long Course Meter (LCM) non-conforming qualifying time in the event for which they do not have the current qualifying standard.
- All Custom Entry Times must be pre-proven prior to the scratch deadline for Thursday's events.
- There will be positive check-in for the 1000 Freestyle and 1650 Freestyle. Entries for these events that are not checked in prior to the appropriate deadline for that event or scratched will automatically be down-seeded.
- The scratch deadline for Thursday's 11-12 1000 Free and 13-14 1650 Free shall be 60 minutes prior to the start of the session. The check-in/scratch deadline for all subsequent day's events is 30 minutes after the start of the previous evening's finals.
- **Swimmers' and Coaches' Responsibility** – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information packet and any information or changes announced at the Coaches Meeting.

Meet Director

Bill Schalz
billschalz@gmail.com
(630) 989-8157

Meet Referee/Admin Referee

Tony Cook
ajcswim@att.net
(260) 249-7295

Ann Widdowson
widsona@gmail.com
(224) 664-6363

OME/Entry Questions

Pam Lowenthal
pam.lowenthal@ilswim.org
(847) 824-1596

Email Scratch Contact

Todd Capen
t.capen@academybullets.com
(847) 571-7644

Sanction: Age Group Championship: WI2017-070S

Host: Academy Bullets Swim Club- www.academybullets.com

Location: Village of Pleasant Prairie RecPlex- 9900 Terwall Terrace, Pleasant Prairie, WI 53158

Facility: Two, 10 Lane, 25-yard indoor competition pools. Permanent starting blocks (within the USA Swimming regulations). Water depth is 7 feet 6 inches at starting end. Non-turbulent lane lines. Colorado timing system. Full color 10 lane electronic timing display. Seating capacity for 650 spectators. The competition course has been certified in accordance with 104.2.2C(4) certification is on file with USA Swimming.

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Meet Schedule:

	Prelims		10&U		Finals	
	Warm-ups	Start	Warm-ups	Start	Warm-Ups	Start
Thursday					4:00pm	5:30pm
Friday	7:00am	9:00am	12:30pm	1:30pm	4:00pm	5:00pm
Saturday	7:00am	9:00am	12:30pm	1:30pm	4:00pm	5:00pm
Sunday	7:00am	9:00am	12:30pm	1:30pm	4:00pm	5:00pm

Rules:

This meet is sanctioned by USA Swimming and Illinois Swimming, Inc. All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced. This meet follows all USA Swimming and current Illinois Swimming championship meet procedures. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility:

All swimmers must be current members of USA Swimming and Illinois Swimming. Registration forms may be obtained from the ISI office, 847-824-1596, 1400 E. Touhy Suite 410, Des Plaines, IL 60018 or downloaded from the Illinois Swimming website. www.ilswim.org

Qualifying Times:

2016-2017 Championship Time Standards are included. Only swimmers having achieved qualifying times between February 27, 2015 and March 6, 2017 @ 1:00 PM are eligible for this meet. Entry times may be submitted in short course yards, long course meters, or short course meters.

Entries:

All entries will be submitted thru OME and the USA Swimming web site. Entries may be submitted on-line beginning January 11, 2017 (12:01AM CST) and must be completed by Monday, March 6, 2017 at 1:00 pm CST. You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover. To pay by check please contact Illinois Swimming Office for payment instructions. For late entries, please refer to Illinois Swimming rule 206.8.11.

A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than seven (7) individual events during the meet. No swimmer shall be permitted to compete in more than three (3) individual events per day including time trials. All relay only swimmers, including alternates, must be entered in the meet prior to the entry deadline.

IMPORTANT: All custom entry times must be pre-proven prior to the Thursday event scratch deadline.

Entry Fees:

Individual Events: \$8.00 per entry
 Relay Events: \$16.00 per entry
 Illinois Swimming Surcharge: \$2.00 per athlete entered in the meet.
 Wisconsin Swimming Surcharge: \$3.00 per athlete entered in the meet.

Swimmers with Disabilities:

This meet will be open to all disabled athletes age 14 and younger as of March 9, 2017. Those athletes with disabilities who have not met the entry time qualifying standards may enter one (1) individual event 200 yards or shorter each day. There will be one heat swum at the beginning of each night's finals session open to these athletes (with certain restrictions) in the following events: Friday – 100 Butterfly, Saturday – 100 Backstroke, Sunday – 100 Freestyle. This entry will be done manually through the Illinois Swimming Disability Chair. All entries must be submitted by the initial entry deadline. Coaches should contact the Illinois Swimming Disability Chair at disability@ilswim.org for more information and entry procedures.

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Events:

1. All 10 & under individual events will be conducted as timed final events.
2. All 11-12 individual events except the 200 Fly, 200 Back, 200 Breast, 500 Free and 1000 Free are preliminary/final events with consolation and championship final heats. The 200 Fly, 200 Back, 200 Breast, 500 Free are timed final events with the fastest seeded heat swum in the finals session. All remaining heats of the 200 Fly, 200 Back, 200 Breast and 500 Free will be swum slowest to fastest in the morning preliminary session.
3. All 13-14 individual events except the 500 Free, 1000 Free, 1650 Free and 400 IM are preliminary/final events with consolation and championship final heats. The 500 Free, 1000 Free, 1650 Free and 400 IM are timed final events. The fastest seeded heat of the 500 Free, 1000 Free, and 400 IM will swim in the finals session. All remaining heats of the 500 Free, 1000 Free and 400 IM will be swum slowest to fastest in the morning preliminary session.
5. Finals will be the top 20 athletes competing in Consolation Final (10) and Championship Final (10). Swimmers in the Championship Finals must report to the ready room area and check in with the ready room official prior to the start of the Championship Final **of the previous event**. Consolation Finalists must report to the Deck Referee behind the starting blocks prior to the Championship final of the final heat.
6. Day 1 (Thursday) events are timed final. Swimmers must check in 30 minutes prior to the start of the session. The 11-12 1000 and 13-14 1650 will be conducted as timed final events. Heats will be swum fastest to slowest. This session will be conducted in two pools. Swimmers must provide their own counter and timer.
7. Prelim sessions will be conducted in two pools. Pool assignments and session reports will be posted no later than 48 hours prior to the start of the meet.

Distance Bonus Events:

13-14 Swimmers with a 1000 Free qualifying time may enter the 1650 Free event; swimmers with a 1650 Free qualifying time may enter the 1000 Free event. Swimmers must enter at the Long Course Meter (LCM) non-conforming qualifying time in the event for which they do not have the current qualifying standard.

Relay Events:

All 11-12 and 13-14 relay events will be conducted as timed final events with the fastest seeded heat swum in the evening session. All remaining heats will swim at the conclusion of that day's preliminary session. There will be a 30-minute warm up break at the conclusion of prelims prior to the first heat of the relays. All 10&U relays will be conducted at the start of each 10&U session.

Relay entries may be proven as actual or aggregate ("add-up") times. For purposes of proving entry times a swimmer may be listed on only one relay team entered in each event. A swimmer may not be listed on both an aggregate and composite relay entry in the same event. All relay only swimmers, including alternates, must be entered in the meet prior to the entry deadline. All teams desiring to swim in the AM should enter at the lowest non-conforming qualifying time (LCM).

Each coach shall pick up relay entry forms from the clerk of course, on which he/she shall list the competing relay swimmers, their first and last names, ages, and order of swimming, for each entered relay. Upon reporting to the starting blocks, immediately prior to the start of the relay heat in which such team is entered, the completed relay entry form shall be handed to the head lane timer. No change will be permitted thereafter and failure to present the head lane timer with written list of relay swimmers shall prevent such team from competing.

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- Seeding:** Events shall be seeded in order of SCY, equivalent LCM, non-conforming SCY (distance events), non-conforming LCM (distance events).
- Check-In:** Positive check-in required for the 1000 Freestyle and 1650 Freestyle. Positive check-in is due prior to the scratch deadline for that event. Entries not checked in or scratched by the appropriate deadline will automatically be down-seeded.
- Scratches** ISI Championship scratch rules and procedures will be in effect at this meet. Scratches for the finals shall be made with the Administrative Referee. Scratches from preliminary events shall be made using the scratch box at the clerk of course. Check-in and scratch deadlines are as follows:
- Email scratches will be accepted until 1:00pm on Thursday, March 9, 2017. Scratches submitted via email must be sent to Todd Capen at t.capen@academybullets.com. It is the responsibility of the sender to ensure that this email is received by the host club.
 - Scratches/Check-In for Day 1 individual event are due by 4:30pm on Day 1 of the meet. All subsequent day's events check-in or scratches are due 30 minutes after the start of the previous evening's finals.
- Coaches Meeting:** There will be a coaches meeting in the Hospitality Room at 4:00pm on Thursday, March 9, 2017 and Friday March 10, 2017 at 8:30am. Additional Coaches meetings, if necessary, will be held 15 minutes prior to the start of each prelim session. Each team or unattached swimmer must be represented.
- Warm-up:** ISI warm-up and safety procedures will be in effect.
- Eligibility Jury:** The Meet Director and the Program Operations Vice-Chair shall appoint an Eligibility Jury composed of at least of a coach, the Registration/Membership Coordinator and one other person in attendance.
- Technical Jury:** The Age Group Vice Chair and the Meet Director shall appoint a Technical Jury composed of at least one coach, one athlete and at least one, but not more than three other persons.
- Scoring:**
- | SCORING BY PLACE | | | | | | | | | | | | | | | | | | | |
|--------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| INDIVIDUAL EVENT SCORING | | | | | | | | | | | | | | | | | | | |
| 24 | 21 | 20 | 19 | 18 | 17 | 16 | 15 | 14 | 13 | 11 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| RELAY EVENT SCORING | | | | | | | | | | | | | | | | | | | |
| 48 | 42 | 40 | 38 | 36 | 34 | 32 | 30 | 28 | 26 | 22 | 18 | 16 | 14 | 12 | 10 | 8 | 6 | 4 | 2 |
- Awards:** The Don Drumm Award will be presented to the overall team champion. Additionally, team awards will be given to the top three combined teams. Other awards will be given to the top 10 finishers in individual events, and the top three finishers in relay events.
- Meet Results:** Meet results will be available on the Illinois Swimming website (www.ilswim.org) within 48 hours following the conclusion of the meet.
- Deck Access:** Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of the meet. Officials must display their current card from OTS at all times of the meet.
- Timers:** Each team with swimmers in the meet may be asked to provide timers. A list of lane assignments for each team will be posted at least 48 hours prior to the meet. A club timer coordinator with phone number and email address must be listed on your Team Summary and Release Form that is submitted with your entry.

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- Officials:** Officials interested in working should submit the application, found on the ISI website under the officials tab. They can also direct questions regarding officiating to Ann Widdowson at widsona@gmail.com. A mandatory briefing for all officials working the meet will begin 1 hour before the start of each session. This meet has been designated as an Officials Qualifying Meet, pending approval. As such, this meet is open to all Officials who are eligible to be evaluated for advancement and re-certification. Those desiring initial certification or re-certification should request an evaluation at the time of meet sign-up, noting the position and level requested. Meet sign-ups will be sent via email and available online several weeks prior to the meet. There will be opportunities at the meet to be evaluated for N2- & N3-level positions. However, there may not be enough resources to accommodate all such requests.
- Admissions:** Thursday PM: \$4.00
Friday-Sunday: \$8.00 per day
Heat Sheets: \$5.00 per session.
- Parking:** Parking is located around the facility and outer lots for free.
- Concessions and Vendors:** Ocean's Apparel will be selling event specific apparel. Concessions will be available for purchase at the venue.
- Hotels:** Hotel information can be found on the Illinois Swimming website www.ilswim.org.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.
- Liability:** In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Academy Bullets (host club), the Rec Plex, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Day 1		Day 2		Day 3		Day 4					
Prelim Session		Prelim Session		Prelim Session		Prelim Session					
13	11-12 200 Backstroke	14	43	11-12 100 Backstroke	44	77	11-12 50 Backstroke	78			
15	13-14 200 Breaststroke	16	45	13-14 100 Backstroke	46	79	13-14 200 Backstroke	80			
17	11-12 100 Breaststroke	18	47	11-12 500 Freestyle	48	81	11-12 200 IM	82			
19	13-14 400 IM	20	49	13-14 200 IM	50	83	13-14 500 Freestyle	84			
21	11-12 100 IM	22	51	11-12 100 Freestyle	52	85	11-12 50 Breaststroke	86			
23	13-14 200 Freestyle	24	53	13-14 100 Freestyle	54	87	13-14 100 Breaststroke	88			
25	11-12 200 Freestyle	26	55	11-12 50 Butterfly	56	89	11-12 50 Freestyle	90			
27	13-14 100 Butterfly	28	57	13-14 200 Butterfly	58	91	13-14 50 Freestyle	92			
29	11-12 100 Butterfly	30	59	11-12 200 Breaststroke	60	93	11-12 200 Butterfly	94			
	Relay Warm-up Break			**Relay Warm-up Break**			**Relay Warm-up Break**				
31	13-14 800 Freestyle Relay.	32	63	11-12 400 M.R.	64	95	11-12 400 Freestyle Relay.	96			
			65	13-14 400 M.R.	66	97	13-14 400 Freestyle Relay.	98			
			61	13-14 1000 Freestyle	62						
10&U Session		10&U Session		10&U Session		10&U Session					
5	10&U 100 Backstroke	6	33	10&U 200 Medley Relay	34	67	10&U 200 Freestyle Relay	68			
	AWARDS			**AWARDS**			**AWARDS**				
7	10&U 200 IM	8	35	10&U 100 Butterfly	36	69	10&U 200 Freestyle	70			
	AWARDS			**AWARDS**			**AWARDS**				
9	10&U 50 Freestyle	10	37	10&U 100 Freestyle	38	71	10&U 100 IM	72			
	AWARDS			**AWARDS**			**AWARDS**				
11	10&U 500 Freestyle	12	39	10&U 50 Breaststroke	40	73	10&U 50 Butterfly	74			
	AWARDS			**AWARDS**			**AWARDS**				
			41	10&U 50 Backstroke	42	75	10&U 100 Breaststroke	76			
				AWARDS			**AWARDS**				
Finals Session		Finals Session		Finals Session		Finals Session					
1	13-14 1650 Freestyle	2	13	11-12 200 Backstroke	14	43	11-12 100 Backstroke	44	77	11-12 50 Backstroke	78
3	11-12 1000 Freestyle	4	15	13-14 200 Breaststroke	16	45	13-14 100 Backstroke	46	79	13-14 200 Backstroke	80
			17	11-12 100 Breaststroke	18	47	**AWARDS**			**AWARDS**	
				AWARDS		49	11-12 500 Freestyle	48	81	11-12 200 IM	82
			19	13-14 400 IM	20	49	13-14 200 IM	50	83	13-14 500 Freestyle	84
			21	11-12 100 IM	22	51	**AWARDS**			**AWARDS**	
				AWARDS		53	11-12 100 Freestyle	52	85	11-12 50 Breaststroke	86
			23	13-14 200 Freestyle	24	53	13-14 100 Freestyle	54	87	13-14 100 Breaststroke	88
			25	11-12 200 Freestyle	26	55	**AWARDS**			**AWARDS**	
				AWARDS		57	11-12 50 Butterfly	56	89	11-12 50 Freestyle	90
			27	13-14 100 Butterfly	28	57	13-14 200 Butterfly	58	91	13-14 50 Freestyle	92
			29	11-12 100 Butterfly	30	59	**AWARDS**			**AWARDS**	
				AWARDS		61	11-12 200 Breaststroke	60	93	11-12 200 Butterfly	94
			31	13-14 800 Freestyle Relay	32	61	13-14 1000 Freestyle	62		**AWARDS**	
				AWARDS			**AWARDS**		95	11-12 400 Freestyle Relay.	96
						63	11-12 400 Medley Relay.	64	97	13-14 400 Freestyle Relay	98
						65	13-14 400 Medley Relay.	66		**AWARDS**	
							AWARDS				

Day 1 events (13-14 1650 Free, 11-12 1000 Free) will be swum fastest to slowest.

Prelims will be conducted in two pools. Session reports will be posted no later than 48 hours prior to the start of the meet.

There will be a 30 minute relay warm-up break prior to start of the relay events in the prelim sessions.

All 11-12 and 13-14 relays will be swum at the conclusion of prelims with the fastest heat swum at the conclusion of finals.

The 13-14 1000 Free will be swum at the conclusion of the Day 3 prelim session with the fastest seeded heat competing in finals.



Illinois Swimming 2016-2017 Short Course Time Standards



GIRLS						BOYS						
LCM		SCM		SCY		10&Under	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
34.79	38.29	33.49	36.79	30.19	33.19	50 Free	30.19	33.19	33.49	36.79	34.89	38.39
1:17.59	1:25.39	1:14.79	1:22.29	1:07.39	1:14.09	100 Free	1:06.59	1:13.29	1:13.89	1:21.29	1:18.29	1:26.09
2:49.89	3:06.89	2:44.49	3:00.99	2:28.19	2:42.09	200 Free	2:27.79	2:42.59	2:44.09	3:00.49	2:51.89	3:09.09
5:49.29	6:50.59	5:39.79	6:39.49	6:28.29	7:40.59	400/500 Free	6:28.29	7:44.69	5:39.79	6:47.99	5:49.29	6:56.79
41.69	45.89	39.89	43.89	35.89	39.49	50 Back	35.99	39.59	39.99	43.99	42.09	46.29
1:30.19	1:39.19	1:25.59	1:34.19	1:17.09	1:24.79	100 Back	1:17.79	1:25.59	1:26.39	1:34.99	1:31.49	1:40.59
46.89	51.59	44.49	48.89	40.09	44.09	50 Breast	41.09	45.19	45.59	50.19	48.59	53.49
1:42.89	1:53.19	1:37.49	1:47.19	1:27.79	1:36.59	100 Breast	1:30.59	1:39.69	1:40.59	1:50.69	1:46.79	1:57.49
39.39	43.29	37.79	41.59	34.09	37.49	50 Fly	34.29	37.69	38.09	41.89	40.49	44.49
1:34.29	1:43.69	1:28.79	1:37.69	1:19.99	1:27.99	100 Fly	1:21.49	1:29.59	1:30.49	1:39.49	1:38.09	1:47.89
		1:25.79	1:34.39	1:17.29	1:24.99	100 IM	1:17.99	1:25.79	1:26.59	1:35.29		
3:13.89	3:33.29	3:05.69	3:24.29	2:47.29	3:03.99	200 IM	2:49.69	3:06.69	3:08.39	3:27.19	3:17.69	3:37.49
2:30.29		2:22.59		2:08.49		200 Free Relay	2:10.59		2:24.99		2:35.59	
2:50.99		2:41.19		2:25.19		200 Med. Relay	2:28.29		2:44.59		2:57.89	
LCM		SCM		SCY		11/12	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
:30.69	34.29	:29.59	33.29	:26.99	29.99	50 Free	:26.59	29.59	:28.99	32.89	:30.09	34.19
1:07.39	1:14.79	1:04.79	1:12.19	:58.29	1:04.99	100 Free	:57.89	1:04.69	1:03.89	1:11.79	1:06.39	1:15.49
2:25.49	2:42.89	2:19.89	2:37.49	2:08.19	2:21.79	200 Free	2:08.19	2:21.89	2:19.49	2:37.49	2:24.99	2:44.99
5:09.29	5:45.19	4:57.39	5:30.79	5:42.19	6:18.59	400/500 Free	5:43.59	6:18.29	4:57.49	5:30.59	5:09.39	5:51.29
11:12.79		10:59.99		11:48.99		800/1000 Free	11:56.29		11:01.89		11:14.69	
:36.09	40.39	:34.79	38.59	:31.19	34.79	50 Back	:31.09	34.49	:34.59	38.39	:35.89	40.79
1:17.39	1:26.39	1:14.49	1:22.09	1:06.29	1:13.89	100 Back	1:06.99	1:14.49	1:14.79	1:22.69	1:17.79	1:27.99
2:42.49	2:56.09	2:37.79	2:51.59	2:21.39	2:34.39	200 Back	2:23.69	2:53.19	2:39.19	3:12.49	2:43.89	3:19.39
:40.29	45.49	:38.79	42.89	:34.49	38.59	50 Breast	:34.79	39.29	:38.49	43.59	:39.99	46.39
1:27.39	1:39.09	1:24.09	1:33.49	1:15.59	1:24.19	100 Breast	1:15.69	1:24.89	1:24.79	1:34.39	1:28.09	1:40.99
3:02.39	3:22.39	2:59.19	3:19.89	2:42.19	2:59.69	200 Breast	2:49.09	3:09.29	3:05.59	3:30.19	3:08.89	3:38.09
:33.39	37.69	:32.19	36.59	:29.39	32.99	50 Fly	:29.69	32.89	:32.59	36.49	:33.89	38.29
1:15.59	1:25.99	1:12.69	1:21.99	1:05.89	1:13.79	100 Fly	1:07.49	1:14.59	1:14.09	1:22.89	1:16.99	1:28.09
2:53.59	3:33.09	2:51.59	3:25.89	2:34.59	3:06.29	200 Fly	2:45.89	3:04.69	3:04.19	3:24.09	3:06.29	3:30.99
		1:15.19	1:22.89	1:07.59	1:14.59	100 IM	1:07.19	1:14.89	1:14.69	1:23.19		
2:45.79	3:04.99	2:39.49	2:57.79	2:24.99	2:39.99	200 IM	2:25.59	2:41.29	2:40.59	2:59.49	2:46.99	3:07.49
	7:32.09		7:15.79		6:34.39	400 IM		6:27.29		7:07.99		7:28.29
4:40.89	NT	4:30.09	NT	4:03.69	NT	200 Free Relay		NT		NT		NT
	NT		NT		NT	400 Free Relay	4:07.29		4:34.99		4:45.99	
						200 Med Relay		NT		NT		NT
5:19.69		5:07.39		4:34.79		400 Med. Relay	4:41.79		5:15.29		5:30.39	
LCM		SCM		SCY		13/14	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
:29.29	:32.19	:28.19	:31.09	:25.49	:28.09	50 Free	:23.99	:26.39	:26.79	:29.59	:27.79	:30.59
1:03.79	1:10.19	1:01.39	1:07.59	:55.49	1:01.09	100 Free	:51.89	:57.09	:57.99	1:03.79	1:00.29	1:06.39
2:18.49	2:32.39	2:13.19	2:26.59	1:59.69	2:11.69	200 Free	1:53.99	2:05.39	2:07.69	2:20.49	2:12.79	2:26.09
4:52.49	5:21.79	4:41.29	5:09.49	5:23.69	5:56.09	400/500 Free	5:08.59	5:36.19	4:32.29	4:59.59	4:43.19	5:13.59
9:58.19	10:57.99	9:47.79	10:46.59	10:57.79	12:03.59	800/1000 Free	10:32.59	11:35.89	9:37.69	10:35.49	9:48.09	10:46.89
19:01.59	21:03.39	18:45.59	20:41.49	18:49.19	20:44.49	1500/1650 Free	18:18.29	20:10.99	18:28.39	20:20.09	18:45.29	20:42.09
1:12.69	1:19.99	1:09.59	1:16.59	1:02.09	1:08.29	100 Back	:59.69	1:05.69	1:06.89	1:13.59	1:11.09	1:18.19
2:36.69	2:52.39	2:29.89	2:45.39	2:14.39	2:27.89	200 Back	2:08.99	2:21.89	2:26.09	2:40.79	2:32.29	2:47.59
1:23.19	1:31.59	1:19.59	1:27.59	1:11.09	1:18.19	100 Breast	1:07.69	1:14.49	1:16.39	1:24.09	1:19.59	1:27.59
3:00.39	3:18.49	2:53.39	3:10.89	2:35.69	2:51.29	200 Breast	2:27.89	2:42.69	2:47.19	3:03.99	2:54.39	3:11.89
1:10.89	1:17.99	1:08.19	1:15.09	1:01.69	1:07.89	100 Fly	1:02.79	1:03.79	1:04.69	1:11.19	1:07.19	1:13.99
2:39.79	2:55.79	2:33.69	2:49.09	2:18.79	2:32.69	200 Fly	2:12.99	2:26.29	2:29.39	2:42.39	2:35.29	2:50.59
2:37.49	2:53.29	2:31.49	2:46.69	2:16.79	2:30.49	200 IM	2:09.79	2:22.79	2:25.39	2:39.99	2:31.19	2:46.39
5:33.69	6:07.09	5:20.89	5:52.99	4:50.89	5:19.99	400 IM	4:39.29	5:07.29	5:14.89	5:46.39	5:27.49	6:00.29
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:22.19		4:12.19		3:49.29		400 Free Relay	3:36.69		4:03.69		4:13.39	
9:34.19		9:12.19		8:20.89		800 Free Relay	8:01.59		9:01.49		9:23.29	
	NT		NT		NT	200 Med. Relay		NT		NT		NT
4:56.39		4:44.89		4:14.89		400 Med. Relay	4:02.69		4:32.89		4:48.29	
LCM		SCM		SCY		Senior	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
28.99	31.99	27.59	30.39	24.89	27.39	50 Free	22.39	24.59	24.89	27.29	26.19	28.79
1:02.29	1:08.99	59.69	1:05.69	53.79	59.29	100 Free	48.69	53.69	53.99	59.59	55.99	1:02.29
2:15.69	2:29.79	2:10.39	2:23.39	1:57.49	2:09.19	200 Free	1:47.09	1:57.89	1:58.89	2:10.89	2:04.99	2:17.69
4:49.89	5:18.89	4:34.29	5:01.89	5:13.59	5:44.99	400/500 Free	4:53.19	5:23.09	4:16.49	4:42.69	4:25.99	4:53.59
10:08.09	11:08.89	9:45.29	10:43.89	11:08.99	12:15.89	800/1000 Free	10:35.79	11:39.39	9:10.59	10:11.99	9:26.79	10:23.49
19:16.99	21:12.69	18:46.39	20:50.49	18:47.89	20:40.69	1500/1650 Free	17:51.69	19:38.89	17:49.09	19:45.99	18:14.29	20:03.69
1:10.99	1:18.59	1:06.89	1:13.89	1:00.29	1:06.59	100 Back	55.79	1:01.59	1:01.89	1:08.39	1:05.99	1:13.19
2:33.89	2:50.99	2:25.29	2:39.79	2:10.89	2:23.99	200 Back	2:02.59	2:15.19	2:16.09	2:30.09	2:22.99	2:38.89
1:22.49	1:30.89	1:17.69	1:25.49	1:09.99	1:16.99	100 Breast	1:02.89	1:09.19	1:09.79	1:16.79	1:15.39	1:22.89
2:57.99	3:16.69	2:48.69	3:05.69	2:31.99	2:47.29	200 Breast	2:18.29	2:32.19	2:33.49	2:48.89	2:44.99	3:02.59
1:10.19	1:17.29	1:06.69	1:13.59	1:00.09	1:06.29	100 Fly	54.59	1:00.19	1:00.59	1:06.79	1:02.89	1:09.49
2:32.99	2:51.79	2:30.89	2:45.99	2:15.99	2:29.59	200 Fly	2:04.79	2:17.89	2:18.49	2:33.09	2:23.89	2:41.09
2:34.99	2:51.29	2:26.59	2:41.29	2:12.09	2:25.29	200 IM	2:00.99	2:13.69	2:14.29	2:28.39	2:21.19	2:35.99
5:32.09	6:07.99	5:19.39	5:51.39	4:47.79	5:16.59	400 IM	4:26.89	4:53.59	4:56.19	5:25.89	5:09.99	5:42.09
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:23.09		4:07.89		3:42.19		400 Free Relay	3:21.69		3:45.09		3:57.89	
9:29.99		9:00.89		8:07.29		800 Free Relay	7:28.39		8:17.69		8:52.29	
	NT		NT		NT	200 Med. Relay		NT		NT		NT
4:54.69		4:32.89		4:04.59		400 Med. Relay	3:42.69		4:08.49		4:26.99	

Approved