



**2015 Discover Student Loans
Illinois Swimming
Regional Championship Meets
July 17-19, 2015**



The 2015 Discover Student Loans Illinois Swimming Summer Regional Championship Meets are sanctioned by USA Swimming and Illinois Swimming, Inc. sanction numbers (Swift Aquatics/Glenview Titan Aquatic Club – ILL15-0803, Lyons Swim Club - ILL15-0804, Mundelein Mustang Swim Club - ILL15-0802, Sullivan Blue Dolphins/Decatur Swim Club - ILL15-0805 and Rock Island Orcas - ILL15-0801). All USA Swimming and Illinois Swimming rules apply including safety rules, which will be strictly enforced.

There are five (5) Regional Championship Meets. Please check the Team Listings included in this packet for the location of the meet to which your team has been assigned. Each team may only attend the meet to which they are assigned. All unattached athletes must contact the Illinois Swimming Office (847-824-1596) to determine which meet they should attend.

LOCATIONS AND FACILITIES:

SWIFT/GTAC	LYONS	Mundelein
Niles North High School 9800 Lawler Ave Skokie, IL 60077 8 lane, 25-yard competition pool. Colorado System 6 timing system with Colorado touchpads. Water depth at the start is 7 feet 1 inch and at the turn end is 7 feet 1 inch.	Lyons High School South Campus 4900 Willow Springs Road Western Springs, IL 60558 2-6 lane, 25-yard pools separated by a 4' wide bulkhead. Water depth of competition pool is 12'6" at start end, 7' in middle and 6' at turn end. Spectator seating for approximately 640.	Mundelein High School 1350 W. Hawley Mundelein, IL 60060 10 lane, 25-yard competition pool. Colorado 6 timing system. Water depth is 7 feet at the start and at turn end is 8 feet deep. Spectator seating for 300.
SBD/DSC		Rock Island
McIntosh Pool Griswold Center Millikin University Decatur, IL 6 lane, 25-yard competition pool. The competition pool has a starting end depth of 12 feet with a turn end depth of 3 ½ feet. A Colorado 6 fully automatic timing system with a 6 lane read out scoreboard will be utilized. Bleacher seating for spectators is 250.		Rock Island High School 1400 25th Ave Rock Island, IL 61201 6-Lane 25 yard competition pool. The start end of the pool is 9' 3" deep with turn end at 3' 6" deep. Colorado Touch Pad Timing System. 6-lane read out scoreboard. Elevated bleacher seating with 300 person capacity. Adjacent basketball court for rest area and spectator overflow. Constructed podium for medal ceremonies.

DEADLINE AND MEETING SUMMARY:

Monday	June 1	12:01 AM	Entries Open
Monday	July 13	1:00	Entry Deadline (OME)
Thursday	July 16	1:00	Email Scratch Deadline
Friday	July 17	3:20	Positive Check-In Closes
Friday	July 17	3:40	Coaches Meeting
Friday	July 17	4:00	Session 1 Start
Saturday	July 18	7:20 AM	Positive Check-In Closes
Saturday	July 18	7:45	Coaches Meeting (If Necessary)
Saturday	July 18	8:00 AM	Session 2 Start
Saturday	July 18	12:20 PM	Positive Check-In Closes
Saturday	July 18	1:00	Session 3 Start
Sunday	July 19	7:20	Positive Check-In Closes
Sunday	July 19	7:45 AM	Coaches Meeting (If Necessary)
Sunday	July 19	8:00 AM	Session 4 Start
Sunday	July 19	12:20 PM	Positive Check-In Closes
Sunday	July 19	1:00	Session 5 Start



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MEET SCHEDULE:

Friday Evening Session (1) Ages All		Saturday and Sunday Morning Sessions (2 & 4) Ages 12 & Under; 10 & Under		Saturday and Sunday Afternoon Sessions (3 & 5) Ages Open, 14 & Under	
Warm-up:	3:00 PM	Warm-up:	7:00 AM	Warm-up:	12:00 PM
Positive Check-In		Positive Check-In		Positive Check-In	
Closes:	3:20 PM	Closes:	7:20 AM	Closes:	12:20 PM
Start:	4:00 PM	Start:	8:00 AM	Start:	1:00 PM

MEET ADMINISTRATION:

	Meet Director	Entry Chair	Meet Referee	Website
SWIFT/ GTAC	TJ Moran 224-766-0906 coach.tj@swiftaquatics.org	Steve Iida 847-528-3527 swimgtac@comcast.net		www.swiftaquatics.org www.swimgtac.org
MMSC	Melissa Healy 847-553-1096 Mhealy96@gmail.com	Melissa Healy 847-553-1096 Mhealy96@gmail.com		www.mundeleinmustangswimclub.com
LYONS	Beth McMeen 708-363-9432 bamcmeen65@gmail.com	Jennifer Johnston 708-903-0015 cjohnston226@sbcglobal.net		www.lyonsswimclub.com
ORCA	Heather Morris 309-428-9636 Swimfly201@gmail.com	Grant Bramer 309-507-2186 coachbramer@gmail.com		www.rockislandcountyorcawimming.com
SBD/ DSC	Bruce O'Gringer 217-413-9861 b.ogringer@adm.com	Jeff Smith 217-422-7246 coachjeff@decauterswimclub.org		www.decauterswimclub.org

QUALIFYING TIMES: 2014-15 Regional Championship Time Standards are included in this meet packet. Only swimmers having achieved qualifying times between July 15, 2013 and July 14, 2015 at 1:00pm CST are eligible for this meet. Entry times may be submitted in short course yards, short course meters or long course meters.

Minimum Qualifying Time: 2014-15 Illinois Regional Championship time standards
Maximum Qualifying Time: 2014-15 Age Group Championship (Senior Championship for Senior events) Time Standards, except where noted on the order of events.
Swimmers having achieved an Age Group or Senior Championship time standard in any course may NOT compete in that event, for that age group, in the Regional Championships.

Checks payable to: Illinois Swimming Inc.

MAIL PAYMENT TO:	Illinois Swimming Inc. 1400 E Touhy Ave., Suite 410 Des Plaines, IL 60018	EMAIL ENTRY QUESTIONS TO:	pam.lowenthal@ilswim.org
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ENTRY FEES: \$5.00 per individual event, \$15.00 per relay event and a swimmer surcharge of \$2.00 per swimmer entered in at least one individual event must be included with entry.

ENTRY PROCESS:

1. Complete entry online using USA Swimming's Online Meet Entry System (OME).
2. Pay for OME entry online using a credit card OR if paying by check Payable to **Illinois Swimming, Inc.**
3. If paying by check please submit the following to Illinois Swimming Office (**due by July 15, 2015**)
 - a. Team Summary and Release Form
 - b. Entry fees and swimmer surcharge payments not paid by credit card



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ELIGIBILITY: All swimmers must be current members of USA Swimming and Illinois Swimming. "Applied For" registration numbers will not be accepted; registration forms may be obtained from the ISI office or downloaded from the Illinois Swimming website. www.ilswim.org. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

EVENT LIMITATIONS: A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than ten (10) individual events during the meet. No swimmer shall be permitted to compete in more than four (4) individual events per day.

POSITIVE CHECK-IN: All events will be **Positive Check-In**, timed finals. Each swimmer must check herself/himself in with the Clerk of Course at least 40 minutes prior to the start of each session for the events they will be swimming. Any swimmer who does not check-in with the Clerk of Course, prior to the deadline for Positive Check-In, will be scratched from all events for that day. Swimmers missing Positive Check-In will only be placed if and wherever any openings may occur, regardless of original seedtime. All swimmers will be expected to report for their events on time. No show rules will apply as stated in Illinois Swimming Championship meet rules.

SEEDING: Entries shall be seeded according to USA and Illinois Swimming rules. Entry times conforming to the course length for Illinois Swimming short course state championship meets (SCY) shall be considered "conforming times". All other times meeting the appropriate standard shall be considered "non-conforming times". **The order of seeding for this meet is Short Course Yards (SCY), Long Course Meters (LCM), and Short Course Meters (SCM).**

INDIVIDUAL EVENTS:

1. All events will be conducted as timed finals.
2. The 14&U 1000 Free and Open 1000 Free for Women will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together. The 14&U 1000 Free and Open 1000 Free for Men will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together.
3. The 14&U 1650 Free and Open 1650 Free for Women and Men will be entered as separate events (with different event numbers and different qualifying standards), but will be swum together. The 1650 Free will be swum fastest to slowest, alternating between Women's and Men's heats.
4. A swimmer who has qualified in the 800 meters or 1000 yards may swim the 1650 Free, but must enter using the Long Course 1500-meter qualifying time for their age group.
5. A swimmer who has qualified in the 1500 meters or 1650 yards may swim the 1000 Free, but must enter using the Long Course 800-meter qualifying time for their age group.

RELAY EVENTS:

1. Each team is limited to two (2) relays per event per team.
2. There are no time standards for relays.
3. Relays do not count in team scoring.

SCORING:

SCORING BY PLACE															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
INDIVIDUAL EVENT SCORING															
20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1



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SCRATCH PROCEDURES: The following information is for coaches and club representatives only. The 2015 Summer Regional Championship meet is positive check-in, thus pre-meet scratching is not necessary. However, if you would like to scratch swimmers in advance, please email scratch information to your Host Club entry chair. The following information must be included for your scratches:

1. Swim Club Information - Club Name, Club Code, Coach of Record, Contact Info (phone & email)
2. Swimmer's Information – Full Name (Last, First, MI), USA Swimming ID number, Event Number, Event Name, & Entry Time.
3. Name, information, and club position of person submitting scratches

The deadline for E-mail scratches is 1:00 PM, Thursday, July 16, 2015.

It is the responsibility of the sender to ensure that this E-mail is sent to the correct host and is received.

Entry chair information can be found below.

SWIFT/GTAC	LYONS	MMSC	SBD/DSC	ORCA
Steve Iida swimgtac@comcast.net	Jennifer Johnston cjohnston226@sbcglobal.net	Melissa Healy Mhhealy96@gmail.com	R.J. Greseth coachrj@paww.org	Grant Bramer grantbramer@gmail.com

INDIVIDUAL AWARDS: Medals for 1ST- 8TH places will be awarded in each individual event. Top 3 Relays shall be awarded.

TEAM AWARDS: Team Awards will be given to the top 3 Teams

AWARDS CEREMONY: Awards for top eight women and men and top three relays will be presented according to the awards breaks shown in the event list.

COACHES MEETING: There will be a coaches meeting 20 minutes prior to the start of each session if needed. Each team or unattached swimmer must be represented.

MEET RESULTS: Meet results will be available on the host web site and the Illinois Swimming website.

TECHNICAL JURY/ELIGIBILITY JURY: The Meet Director and the Age Group Vice-Chair shall appoint a Technical Jury composed of at least one coach, one athlete, and at least one, but not more than three other persons. The Program Operations Vice-Chair and the Meet Referee will appoint an Eligibility Jury composed of the Registration Chair, a coach, and one other person in attendance at the meet.

WARM-UP: Illinois Swimming warm-up and safety procedures will be in effect.

CONDUCT: The use of audio or visual recording devices, including all cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

DECK ACCESS & RESTRICTIONS: Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches and officials must display USA Swimming credentials at all times while on deck.

TIMERS: The Meet Host shall have full responsibility for all timers for all sessions of the meet. The meet host shall provide a list of timing assignments made up of teams with swimmers in the meet (including the host club) at least 48 hours prior to the start of competition. Swimmers competing in the 1650 Freestyle must provide their own timers.

MISSED QUALIFYING TIMES: Entry times will be 'Pre-Proven' from the SWIMS database. Custom times may be entered; however, printed 'proof of time' will be required upon request.

OFFICIALS: Officials interested in working this meet should submit the application found on the ISI website under Officials tab. They can also direct questions regarding officiating to **Ann Widdowson (widsona@gmail.com)**. A mandatory briefing for all officials working the meet will begin 1 hour before the start of each session.

ADMISSIONS: Admissions will be charged for entrance to each session. Heat sheets will also be available for sale. The Host Clubs will set these prices.

VENDORS: Oceans Apparel be on site at each location to sell event-specific apparel.



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February 27-March 1, 2015



EVENT ORDER: All time standards for all events are included in the meet packet. All 12&U events shall follow the 11-12 Illinois Swimming championship time standards for the maximum qualifying standard. All 14&U events shall follow 13-14 Illinois Swimming championship time standards for the maximum qualifying standard.

**Friday, July 17, 2015
Session 1**

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
1	12&U 200 Fly	2
3	10&U 500 Free	4
	Awards	
5	12&200 Breast	6
7	**14&U 1000 Free**	8
9	**Open 1000 Free**	10
	Awards	
11	12&U 200 Back	12
13	12&U 400 IM	14
	Awards	

Evnts 7 & 9 (Girls Open and 13-14 1000 Free) will be entered separately but will be swum together.

Events 8 & 10 (Boys Open and 13-14 1000 Free) will be entered separately but will be swum together.

**Saturday, July 18, 2015
Session 2**

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
15	12&U 500 Free	16
17	10&U 100 Fly	18
19	12&U 100 Fly	20
	Awards	
21	10&U 50 Free	22
23	12&U 50 Free	24
	Awards	
25	10&U 100 Breast	26
27	12&U 100 Breast	28
	Awards	
29	10&U 50 Back	30
31	12&U 50 Back	32
	Awards	
33	10&U 200 IM	34
35	12&U 200 IM	36
	Awards	
37	10&U 200 Medley Relay	38
39	12&U 200 Medley Relay	40
	Awards	



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Saturday July 18, 2015
Session 3

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
41	Open 500 Free	42
43	14&U 500 Free	44
	Awards	
45	Open 100 Fly	46
47	14&U 100 Fly	48
	Awards	
49	Open 50 Free	50
51	14&U 50 Free	52
	Awards	
53	Open 100 Breast	54
55	14&U 100 Breast	56
	Awards	
57	Open 200 Back	58
59	14&U 200 Back	60
	Awards	
61	Open 400 IM	62
63	14&U 400 IM	64
	Awards	
65	Open 200 Medley Relay	66
67	14&U 200 Medley Relay	68
	Awards	

Sunday, July 19, 2015
Session 4

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
69	10&U 200 Free	70
71	12&U 200 Free	72
	Awards	
73	10&U Fly	74
75	12&U 50 Fly	76
	Awards	
77	10&U 100 Back	78
79	12&U 100 Back	80
	Awards	
81	10&U 50 Breast	82
83	12&U 50 Breast	84
	Awards	
85	10&U 100 Free	86
87	12&U 100 Free	88
	Awards	
89	10&U 100 IM	90
91	12&U 100 IM	92
	Awards	
93	10&U 200 Free Relay	94
95	12&U 200 Free Relay	96



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Sunday, July 19, 2015
Session 5

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
97	Open 200 Free	98
99	14&U 200 Free	100
	Awards	
101	Open 200 Fly	102
103	14&U 200 Fly	104
	Awards	
105	Open 100 Back	106
107	14&U 100 Back	108
	Awards	
109	Open 200 Breast	110
111	14&U 200 Breast	112
	Awards	
113	Open 100 Free	114
115	14&U 100 Free	116
	Awards	
117	Open 200 IM	118
119	14&U 200 IM	120
	Awards	
121	Open 200 Free Relay	122
123	14&U 200 Free Relay	124
	Awards	
125	**Open 1650 Free**	126
127	**14&U 1650 Free**	128
	Awards	

Events 125 & 127 (Girls Open and 13-14 1650 Free) will be entered separately but will be swum together.

Events 126 & 128 (Boys Open and 13-14 1650 Free) will be entered separately but will be swum together.



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TEAM SUMMARY & RELEASE FORM

Name of Club: _____ Club Code: _____

Complete Mailing Address: _____

Phone (Day) _____ (Eve) _____ E-mail: _____

Names of Coaches at Meet: _____

CLUB CONTACT PERSON; _____

Phone (Day) _____ (Eve) _____ E-mail: _____

Club Officials for meet (Name, certification type, and Phone #)

NAME: _____ Certification: _____ Phone (Day) _____ (Eve) _____

NAME: _____ Certification: _____ Phone (Day) _____ (Eve) _____

Total Women's Events	_____	X	\$5.00 per event =	\$ _____
Total Men's Events	_____	X	\$5.00 per event =	\$ _____
Number of Individuals Entered in Individual Events	_____	X	\$2.00 Surcharge =	\$ _____
Make checks payable to "Illinois Swimming Inc."			Total Amount Enclosed =	\$ _____

In consideration of the acceptance of this entry, intending to be legally bound, I hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming Inc., Swift Aquatics, Glenview Titan Aquatics, Niles North High School, Rock Island Orcas, Mundelein Mustang Swim Club, Mundelein High School, Lyons Township High School, Lyons Swim Club, Sullivan Blue Dolphins, Decatur Swim Club and Millikan University, their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

The undersigned coach or team representative of all swimmers listed on this entry hereby certifies that all times stated on this entry form are true and correct. The undersigned further assumes responsibility for any false or incorrect times, and acknowledges that, in accordance with ISI and USA Swimming rules, a substantial fine will be paid to Illinois Swimming, Inc., for each time that is false, incorrect, or unacceptable.

Signature of Coach, Parent, or Club Representative

This form must be returned to the Illinois Swimming Office by the deadline specified in this packet.



Illinois Swimming 2014-2015 Time Standards



GIRLS							BOYS					
LCM		SCM		SCY		10&Under	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
34.79	38.29	33.49	36.79	30.19	33.19	50 Free	30.19	33.19	33.49	36.79	34.89	38.39
1:17.59	1:25.39	1:14.79	1:22.29	1:07.39	1:14.09	100 Free	1:06.59	1:13.29	1:13.89	1:21.29	1:18.29	1:26.09
2:49.89	3:06.89	2:44.49	3:00.99	2:28.19	2:42.09	200 Free	2:27.79	2:42.59	2:44.09	3:00.49	2:51.89	3:09.09
5:49.29	6:50.59	5:39.79	6:39.49	6:28.29	7:40.59	400/500 Free	6:28.29	7:44.69	5:39.79	6:47.99	5:49.29	6:56.79
41.69	45.89	39.89	43.89	35.89	39.49	50 Back	35.99	39.59	39.99	43.99	42.09	46.29
1:30.19	1:39.19	1:25.59	1:34.19	1:17.09	1:24.79	100 Back	1:17.79	1:25.59	1:26.39	1:34.99	1:31.49	1:40.59
46.89	51.59	44.49	48.89	40.09	44.09	50 Breast	41.09	45.19	45.59	50.19	48.59	53.49
1:42.89	1:53.19	1:37.49	1:47.19	1:27.79	1:36.59	100 Breast	1:30.59	1:39.69	1:40.59	1:50.69	1:46.79	1:57.49
39.39	43.29	37.79	41.59	34.09	37.49	50 Fly	34.29	37.69	38.09	41.89	40.49	44.49
1:34.29	1:43.69	1:28.79	1:37.69	1:19.99	1:27.99	100 Fly	1:21.49	1:29.59	1:30.49	1:39.49	1:38.09	1:47.89
		1:25.79	1:34.39	1:17.29	1:24.99	100 IM	1:17.99	1:25.79	1:26.59	1:35.29		
3:13.89	3:33.29	3:05.69	3:24.29	2:47.29	3:03.99	200 IM	2:49.69	3:06.69	3:08.39	3:27.19	3:17.69	3:37.49
2:30.29		2:22.59		2:08.49		200 Free Relay	2:10.59		2:24.99		2:35.59	
2:50.99		2:41.19		2:25.19		200 Med. Relay	2:28.29		2:44.59		2:57.89	
LCM		SCM		SCY		11/12	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
:30.69	34.29	:29.59	33.29	:26.99	29.99	50 Free	:26.59	29.59	:28.99	32.89	:30.09	34.19
1:07.39	1:14.79	1:04.79	1:12.19	:58.29	1:04.99	100 Free	:57.89	1:04.69	1:03.89	1:11.79	1:06.39	1:15.49
2:25.49	2:42.89	2:19.89	2:37.49	2:08.19	2:21.79	200 Free	2:08.19	2:21.89	2:19.49	2:37.49	2:24.99	2:44.99
5:09.29	5:45.19	4:57.39	5:30.79	5:42.19	6:18.59	400/500 Free	5:43.59	6:18.29	4:57.49	5:30.59	5:09.39	5:51.29
:36.09	40.39	:34.79	38.59	:31.19	34.79	50 Back	:31.09	34.49	:34.59	38.39	:35.89	40.79
1:17.39	1:26.39	1:14.49	1:22.09	1:06.29	1:13.89	100 Back	1:06.99	1:14.49	1:14.79	1:22.69	1:17.79	1:27.99
2:46.69	2:56.09	2:40.29	2:51.59	2:24.39	2:34.39	200 Back	2:27.59	2:53.19	2:43.79	3:12.49	2:49.09	3:19.39
:40.29	45.49	:38.79	42.89	:34.49	38.59	50 Breast	:34.79	39.29	:38.49	43.59	:39.99	46.39
1:27.39	1:39.09	1:24.09	1:33.49	1:15.59	1:24.19	100 Breast	1:15.69	1:24.89	1:24.79	1:34.39	1:28.09	1:40.99
3:10.09	3:22.39	3:03.79	3:19.89	2:45.59	2:59.69	200 Breast	2:53.19	3:09.29	3:12.19	3:30.19	3:18.69	3:38.09
:33.39	37.69	:32.19	36.59	:29.39	32.99	50 Fly	:29.69	32.89	:32.59	36.49	:33.89	38.29
1:15.59	1:25.99	1:12.69	1:21.99	1:05.89	1:13.79	100 Fly	1:07.49	1:14.59	1:14.09	1:22.89	1:16.99	1:28.09
2:53.59	3:33.09	2:51.59	3:25.89	2:34.59	3:06.29	200 Fly	2:45.89	3:04.69	3:04.19	3:24.09	3:06.29	3:30.99
		1:15.19	1:22.89	1:07.59	1:14.59	100 IM	1:07.19	1:14.89	1:14.69	1:23.19		
2:45.79	3:04.99	2:39.49	2:57.79	2:24.99	2:39.99	200 IM	2:25.59	2:41.29	2:40.59	2:59.49	2:46.99	3:07.49
	7:32.09		7:15.79		6:34.39	400 IM		6:27.29		7:07.99		7:28.29
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:40.89		4:30.09		4:03.69		400 Free Relay	4:07.29		4:34.99		4:45.99	
	NT		NT		NT	200 Med Relay		NT		NT		NT
5:19.69		5:07.39		4:34.79		400 Med. Relay	4:41.79		5:15.29		5:30.39	
LCM		SCM		SCY		13/14	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
:29.29	:32.19	:28.19	:31.09	:25.49	:28.09	50 Free	:23.99	:26.39	:26.79	:29.59	:27.79	:30.59
1:03.79	1:10.19	1:01.39	1:07.59	:55.49	1:01.09	100 Free	:51.89	:57.09	:57.99	1:03.79	1:00.29	1:06.39
2:18.49	2:32.39	2:13.19	2:26.59	1:59.69	2:11.69	200 Free	1:53.99	2:05.39	2:07.69	2:20.49	2:12.79	2:26.09
4:52.49	5:21.79	4:41.29	5:09.49	5:23.69	5:56.09	400/500 Free	5:08.59	5:36.19	4:32.29	4:59.59	4:43.19	5:13.59
9:58.19	10:57.99	9:47.79	10:46.59	10:57.79	12:03.59	800/1000 Free	10:32.59	11:35.89	9:37.69	10:35.49	9:48.09	10:46.89
19:08.59	21:03.39	18:48.59	20:41.49	18:51.29	20:44.49	1500/1650 Free	18:20.89	20:10.99	18:29.19	20:20.09	18:49.19	20:42.09
1:12.69	1:19.99	1:09.59	1:16.59	1:02.09	1:08.29	100 Back	:59.69	1:05.69	1:06.89	1:13.59	1:11.09	1:18.19
2:36.69	2:52.39	2:29.89	2:45.39	2:14.39	2:27.89	200 Back	2:08.99	2:21.89	2:26.09	2:40.79	2:32.29	2:47.59
1:23.19	1:31.59	1:19.59	1:27.59	1:11.09	1:18.19	100 Breast	1:07.69	1:14.49	1:16.39	1:24.09	1:19.59	1:27.59
3:00.39	3:18.49	2:53.39	3:10.89	2:35.69	2:51.29	200 Breast	2:27.89	2:42.69	2:47.19	3:03.99	2:54.39	3:11.89
1:10.89	1:17.99	1:08.19	1:15.09	1:01.69	1:07.89	100 Fly	:57.99	1:03.79	1:04.69	1:11.19	1:07.19	1:13.99
2:39.79	2:55.79	2:33.69	2:49.09	2:18.79	2:32.69	200 Fly	2:12.99	2:26.29	2:29.39	2:42.39	2:35.29	2:50.59
2:37.49	2:53.29	2:31.49	2:46.69	2:16.79	2:30.49	200 IM	2:09.79	2:22.79	2:25.39	2:39.99	2:31.19	2:46.39
5:33.69	6:07.09	5:20.89	5:52.99	4:50.89	5:19.99	400 IM	4:39.29	5:07.29	5:14.89	5:46.39	5:27.49	6:00.29
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:22.19		4:12.19		3:49.29		400 Free Relay	3:36.69		4:03.69		4:13.39	
9:34.19		9:12.19		8:20.89		800 Free Relay	8:01.59		9:01.49		9:23.29	
	NT		NT		NT	200 Med. Relay		NT		NT		NT
4:56.39		4:44.89		4:14.89		400 Med. Relay	4:02.69		4:32.89		4:48.29	
LCM		SCM		SCY		Senior	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
29.19	32.19	27.89	30.89	24.99	27.79	50 Free	22.49	24.99	25.09	27.69	26.49	29.39
1:03.09	1:09.99	1:00.19	1:06.89	53.99	1:00.29	100 Free	48.89	54.19	54.49	1:00.19	57.29	1:03.39
2:16.69	2:30.79	2:11.09	2:25.09	1:57.49	2:10.69	200 Free	1:47.29	1:59.49	1:59.69	2:12.49	2:05.49	2:19.29
4:49.89	5:19.79	4:34.29	5:05.59	5:13.59	5:49.19	400/500 Free	4:54.29	5:26.79	4:17.39	4:45.99	4:29.99	5:01.29
10:08.09	11:08.89	9:45.29	10:49.29	11:08.99	12:22.09	800/1000 Free	10:35.79	11:56.09	9:10.59	10:26.59	9:26.79	10:23.49
19:16.99	21:12.69	18:46.39	20:50.49	18:47.89	20:42.99	1500/1650 Free	17:51.69	19:39.19	17:49.09	19:46.19	18:14.29	20:05.59
1:11.99	1:20.29	1:07.79	1:15.99	1:00.79	1:08.49	100 Back	56.19	1:02.89	1:02.69	1:09.79	1:07.09	1:15.49
2:36.99	2:54.59	2:25.99	2:44.19	2:10.89	2:27.89	200 Back	2:03.19	2:18.49	2:17.49	2:33.69	2:25.99	2:44.09
1:22.89	1:31.79	1:18.19	1:27.09	1:10.09	1:18.39	100 Breast	1:02.99	1:11.19	1:10.29	1:18.99	1:16.09	1:24.29
2:59.69	3:18.79	2:49.79	3:09.89	2:32.19	2:50.99	200 Breast	2:18.29	2:38.69	2:34.29	2:56.19	2:47.89	3:07.09
1:10.49	1:18.29	1:07.59	1:15.19	1:00.59	1:07.79	100 Fly	54.79	1:00.79	1:01.09	1:07.49	1:03.59	1:11.09
2:39.49	2:55.99	2:31.69	2:50.49	2:15.99	2:34.29	200 Fly	2:05.99	2:22.59	2:20.59	2:38.19	2:28.99	2:49.29
2:36.49	2:52.89	2:27.39	2:43.89	2:12.09	2:27.59	200 IM	2:02.19	2:16.09	2:16.29	2:30.99	2:23.29	2:41.49
5:38.29	6:12.69	5:21.19	5:54.29	4:47.79	5:19.19	400 IM	4:26.89	4:59.49	4:57.79	5:32.39	5:13.49	5:47.79
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:23.09		4:07.89		3:42.19		400 Free Relay	3:21.69		3:45.09		3:57.89	
9:29.99		9:00.89		8:07.29		800 Free Relay	7:28.39		8:17.69		8:52.29	
	NT		NT		NT	200 Med. Relay		NT		NT		NT
4:54.69		4:32.89		4:04.59		400 Med. Relay	3:42.69		4:08.49		4:26.99	

PROPOSED

**2015 Illinois Swimming
Summer Regional Assignments**



Rock Island

BTS
CATS
DCST
DIXN
ECST
EMSC
FAST
FOX
FV FY
JETS
JPD
MBLM
MSSC
ORCA
RMSC
SCST
SSSC

Mundelein

AA
ACAD (A, B)
BDSC
BSC
COHO
DPRC
DUND
EGSC
ELY
HPAC
KNAC
LFSC
LITIL
LSF
MMAC
MMSC
NTSC
PAC
PALA
PPD
SAGE
SCT
SPD
VHST
WDST

Swift/GTAC

BLUE
CHMP
CLSC
CPD
CSSC
CWAC
DLTA
EST
GA
GTAC
HWSA
IGSC
LATT
LEAN
MAVS
MDWY
MYST
SPAC
SSC
SWAQ
TOPS
WHTN
WILD
WSO
Y2K
YWFF

LYONS

ACAD (R, R)
BRRY
BSA
CSAT
EASC
EXPR
GILS
HFSC
HOSC
HSC
HTSW
LHSC
LPD
LWSA
LYON
NAC
NAPY
OFSA
OLSA
PASS
POSA
RASC
SAMK
TPT
TSSC
TST
TWSC
ULT
WCS
WEST
WSCS

SBD/DSC

ACAD (SP)
BBSC
BNSC
BNY
DDST
DOCS
DRGN
DSC
FFSC
FLY
GGST
HEAT
JAXY
LYNX
MARL
OCS
PAWW
QFY
RED
SBD
SPY
SST