



Illinois Swimming Elite Meet
University of Minnesota
Minneapolis, Minnesota
January 4 – 6, 2008

Illinois top senior swimmers are invited to apply for the 2008 ISI Elite Meet in Minneapolis, Minnesota. Fifteen swimmers, accompanied by one coach and a Team Director, will be selected for this competition. While at the event, swimmers will train in the 25-yard pool. Included is an educational session with ISI swimming staff and two, one hour sessions of weight / dryland training to help them reach their potential. The activities will culminate with the 8th Annual ISI Elite Meet.

QUESTIONS REGARDING THE APPLICATION PROCEDURE MAY BE DIRECTED TO THE ILLINOIS SWIMMING OFFICE ilswimoffice@sbcglobal.net

APPLICATION DEADLINE: DECEMBER 5, 2007

ATHLETES WILL BE NOTIFIED OF ACCEPTANCE BY 5:00PM DECEMBER 12, 2007

If you have any questions please contact Dave Krotiak, coachdave@foxswimteam.com
Swimmers will be notified as to event acceptance or rejection.

HOUSING AND TRANSPORTATION:

Tentative flight schedule: O'Hare Airport departing 1/4/2008 7:30am returning O'Hare Airport 1/6/2008 7:30pm

Athletes and coaches will be staying at the Radison Hotel in Minneapolis within walking distance of the Aquatic facility and restaurants.

ELIGIBILITY:

Swimmers must:

1. Have achieved a current ISI Elite Meet Time Standard
2. Have a Long Course AAA Time for current age
3. Have competed in an individual event at:
 - a. USA Nationals within the previous 18 months; or,
 - b. US Open within the previous 18 months; or,
 - c. Speedo Championship Series Meet with the previous 12 months
4. Be at least 13 years of age and a registered member of Illinois Swimming for the 2 years preceding this event.

QUALIFYING

A maximum of fifteen (15) athletes will be selected for the meet. A minimum of ten (10) will be selected, provided enough qualified applicants are available. Qualifying times must be achieved since April 1, 2006.

In the event that this selection procedure involves more than fifteen (15) athletes, performances will be ranked within each priority according to the 2007 Summer National Championship Time standards. Please list qualifying events and include a top times print out from the USA Swimming website showing time, event and meet event title and date. Swimmers will be selected according to the following priority order:

1. Current long course meter 2007 Summer USA National Championship time standard
2. Current short course meter 2007 Summer USA National Championship time standard
3. Current short course yard 2007 Summer USA National Championship time standard
4. Current long course meter ISI Elite Meet time standard
5. Current short course yard ISI Elite Meet time standard
6. Current short course meter ISI Elite Meet time standard

ADDITIONAL QUALIFYING REQUIREMENTS

Swimmers must be healthy and injury free in order to participate in Elite Meet activities. Do not travel unless you can fully participate in all preparation and meet sessions. All swimmers must successfully complete a pre-event fitness evaluation prior to attending the meet.

ATHLETE NAME: _____

**ILLINOIS SENIOR ELITE MEET
UNIVERSITY OF MINNESOTA
MINNEAPOLIS, MINNESOTA
JANUARY 4-6, 2008**

ILLINOIS SWIMMING PERMISSION FORM

I, the undersigned parent or guardian of _____ give permission to my child(ren) to travel with Illinois Swimming to the University of Minnesota, Minneapolis, Minnesota, for the purpose of a swim meet and other related activities. I also appoint administrators and coaches to act in my place and authorize emergency medical treatment if necessary.

Parent of Guardian Date

Home Telephone Number (____) _____

Work Telephone Number (____) _____

Mobile Telephone Number (____) _____

Emergency Number (____) _____

Email Contact: _____

Hospitalization Insurance Company: _____

Policy Number : _____

List any allergies or special medical alerts:

Parent email address: _____

Swimmer email address: _____

Swimmer Mobile Phone: (____) _____

**APPLICATION AND ALL FORMS AND \$200.00 DOLLAR DEPOSIT PAYABLE
TO ILLINOIS SWIMMING IS TO BE RECEIVED IN THE ILLINOIS SWIMMING
OFFICE NO LATER THAN
DECEMBER 5, 2007**



**ILLINOIS
SWIMMING**

2007 ISI SENIOR ELITE MEET TIME STANDARDS

WOMEN

MEN

SCM	LCM	SCY		SCY	LCM	SCM
27.49	28.09	24.59	50 Free	21.69	24.99	23.89
58.39	1:00.69	53.59	100 Free	47.29	54.59	52.09
2:06.79	2:10.69	1:55.19	200 Free	1:43.89	1:59.19	1:54.79
4:24.29	4:34.59	5:05.29	500 Free	4:40.29	4:13.49	4:02.29
9:07.09	9:20.39	10:29.12	1000 Free	9:47.89	8:45.79	8:33.69
17:20.99	17:52.49	17:33.69	1650 Free	16:19.59	16:47.39	16:00.39
1:04.99	1:08.59	59.19	100 Back	52.49	1:01.29	58.39
2:21.09	2:26.19	2:07.49	200 Back	1:54.09	2:12.59	2:06.59
1:14.69	1:16.49	1:06.99	100 Breast	58.99	1:08.39	1:05.49
2:41.39	2:44.89	2:24.49	200 Breast	2:08.29	2:28.29	2:23.69
1:04.49	1:05.99	58.69	100 Fly	51.69	58.69	56.59
2:20.99	2:23.49	2:08.39	200 Fly	1:54.99	2:10.49	2:05.69
2:22.59	2:27.79	2:09.49	200 IM	1:55.89	2:14.29	2:07.79
5:02.69	5:10.79	4:34.89	400 IM	4:07.69	4:44.89	4:33.89

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RETURN CHECK LIST

- ISI SENIOR ELITE MEET PERMISSION FORM COMPLETED AND SIGNED
- TOP TIMES REPORT FROM USA SWIMMING WEBSITE
- \$200 (TWO HUNDRED) DOLLAR DEPOSIT CHECK
MADE PAYABLE TO: ILLINOIS SWIMMING

QUESTIONS:

Dave Krotiak, coachdave@foxswimteam.com

DEADLINE: DECEMBER 5, 2007

***** ALL FORMS AND DEPOSIT MUST BE IN THE ILLINOIS SWIMMING OFFICE BY
DECEMBER 5, 2007**

RETURN APPLICATION TO:

ILLINOIS SWIMMING
SR ELITE MEET
3166 S RIVER ROAD
SUITE 30
DES PLAINES, IL 60018

It is each swimmer's responsibility to make sure the application has been received. Check with Pam Lowenthal, Administrative Director, at the Illinois Swimming office 847-824-1596 or ilswimoffice@sbcglobal.net to confirm receipt of application. Please make a photo copy of your application for your records.