



ISI REGIONAL CHAMPIONSHIP TIME STANDARDS

February 25th – 27th, 2011



| Girls | Event (SCY) | Boys |
|-----------------|---------------------|-----------------|
| REG | 10&Under | REG |
| 33.69 | 50 Free | 33.49 |
| 1:14.09 | 100 Free | 1:14.09 |
| 2:42.09 | 200 Free | 2:44.59 |
| 8:30.49 | 500 Free | 8:25.49 |
| 39.49 | 50 Back | 39.59 |
| 1:24.79 | 100 Back | 1:25.89 |
| 44.59 | 50 Breast | 45.19 |
| 1:37.79 | 100 Breast | 1:39.69 |
| 37.89 | 50 Fly | 38.29 |
| 1:27.99 | 100 Fly | 1:29.59 |
| 1:24.99 | 100 IM | 1:25.79 |
| 3:03.99 | 200 IM | 3:06.69 |
| REG | 12&Under | REG |
| 29.99 | 50 Free | 29.59 |
| 1:05.09 | 100 Free | 1:04.69 |
| 2:22.39 | 200 Free | 2:22.19 |
| 6:22.69 | 500 Free | 6:24.79 |
| 34.79 | 50 Back | 34.99 |
| 1:14.69 | 100 Back | 1:15.09 |
| 3:03.29 | 200 Back | 2:59.39 |
| 38.79 | 50 Breast | 39.29 |
| 1:24.69 | 100 Breast | 1:25.99 |
| 3:27.29 | 200 Breast | 3:21.79 |
| 33.19 | 50 Fly | 33.29 |
| 1:14.69 | 100 Fly | 1:15.29 |
| 3:06.29 | 200 Fly | 3:04.69 |
| 1:14.89 | 100 IM | 1:15.49 |
| 2:40.89 | 200 IM | 2:42.89 |
| 6:34.39 | 400 IM | 6:27.29 |
| REG | 14&Under | REG |
| 28.59 | 50 Free | 26.59 |
| 1:01.89 | 100 Free | 58.09 |
| 2:13.89 | 200 Free | 2:00.99 |
| 6:00.59 | 500 Free | 5:46.79 |
| 12:34.29 | 1000 Free | 12:14.99 |
| 21:02.99 | 1650 Free | 20:30.09 |
| 1:10.19 | 100 Back | 1:06.99 |
| 2:32.29 | 200 Back | 2:26.49 |
| 1:20.09 | 100 Breast | 1:16.39 |
| 2:54.09 | 200 Breast | 2:47.39 |
| 1:09.59 | 100 Fly | 1:05.79 |
| 2:39.09 | 200 Fly | 2:31.89 |
| 2:32.69 | 200 IM | 2:25.09 |
| 5:25.49 | 400 IM | 5:14.39 |
| REG | Open | REG |
| 27.89 | 50 Free | 25.09 |
| 1:00.49 | 100 Free | 54.69 |
| 2:11.09 | 200 Free | 2:00.69 |
| 5:51.09 | 500 Free | 5:26.79 |
| 12:22.09 | 1000 Free | 11:56.09 |
| 20:42.99 | 1650 Free | 19:39.19 |
| 1:09.19 | 100 Back | 1:03.19 |
| 2:29.89 | 200 Back | 2:19.29 |
| 1:18.39 | 100 Breast | 1:11.99 |
| 2:51.49 | 200 Breast | 2:39.89 |
| 1:07.79 | 100 Fly | 1:01.99 |
| 2:34.29 | 200 Fly | 2:24.29 |
| 2:28.29 | 200 IM | 2:16.59 |
| 5:19.19 | 400 IM | 5:03.39 |

| Girls | Event (LCM) | Boys |
|-----------------|---------------------|-----------------|
| REG | 10&Under | REG |
| 38.49 | 50 Free | 38.69 |
| 1:26.69 | 100 Free | 1:26.89 |
| 3:08.49 | 200 Free | 3:11.49 |
| 7:42.09 | 400 Free | 7:38.49 |
| 46.29 | 50 Back | 46.59 |
| 1:39.99 | 100 Back | 1:41.49 |
| 52.09 | 50 Breast | 53.89 |
| 1:53.79 | 100 Breast | 1:58.39 |
| 43.79 | 50 Fly | 45.09 |
| 1:45.19 | 100 Fly | 1:48.99 |
| 3:33.89 | 200 IM | 3:39.99 |
| REG | 12&Under | REG |
| 34.39 | 50 Free | 34.59 |
| 1:15.29 | 100 Free | 1:15.99 |
| 2:44.29 | 200 Free | 2:46.29 |
| 5:49.09 | 400 Free | 5:55.29 |
| 40.59 | 50 Back | 40.99 |
| 1:27.39 | 100 Back | 1:28.89 |
| 3:30.79 | 200 Back | 3:30.29 |
| 45.49 | 50 Breast | 46.89 |
| 1:39.69 | 100 Breast | 1:43.19 |
| 3:57.59 | 200 Breast | 3:54.69 |
| 37.89 | 50 Fly | 38.49 |
| 1:27.69 | 100 Fly | 1:29.89 |
| 3:33.09 | 200 Fly | 3:30.99 |
| 3:06.99 | 200 IM | 3:10.09 |
| 7:32.09 | 400 IM | 7:28.29 |
| REG | 14&Under | REG |
| 32.99 | 50 Free | 31.09 |
| 1:11.49 | 100 Free | 1:07.79 |
| 2:35.09 | 200 Free | 2:28.89 |
| 5:28.89 | 400 Free | 5:19.39 |
| 11:26.19 | 800 Free | 11:13.19 |
| 21:43.49 | 1500 Free | 21:18.19 |
| 1:22.69 | 100 Back | 1:19.69 |
| 2:57.99 | 200 Back | 2:51.89 |
| 1:34.19 | 100 Breast | 1:31.49 |
| 3:22.49 | 200 Breast | 3:19.29 |
| 1:20.99 | 100 Fly | 1:17.79 |
| 3:05.79 | 200 Fly | 3:02.29 |
| 2:56.79 | 200 IM | 2:50.49 |
| 6:17.39 | 400 IM | 6:07.19 |
| REG | Open | REG |
| 32.19 | 50 Free | 29.39 |
| 1:09.99 | 100 Free | 1:03.39 |
| 2:30.79 | 200 Free | 2:19.29 |
| 5:19.79 | 500 Free | 5:01.29 |
| 11:08.89 | 800 Free | 10:23.49 |
| 21:12.69 | 1500 Free | 20:05.59 |
| 1:20.29 | 100 Back | 1:15.49 |
| 2:54.59 | 200 Back | 2:45.79 |
| 1:31.79 | 100 Breast | 1:24.29 |
| 3:18.79 | 200 Breast | 3:07.09 |
| 1:18.29 | 100 Fly | 1:11.09 |
| 2:55.99 | 200 Fly | 2:49.29 |
| 2:53.49 | 200 IM | 2:41.49 |
| 6:12.69 | 400 IM | 5:47.79 |

| Girls | Event (SCM) | Boys |
|-----------------|---------------------|-----------------|
| REG | 10&Under | REG |
| 37.39 | 50 Free | 37.29 |
| 1:22.29 | 100 Free | 1:22.29 |
| 3:00.99 | 200 Free | 3:02.59 |
| 7:26.79 | 400 Free | 7:22.69 |
| 43.89 | 50 Back | 43.99 |
| 1:34.19 | 100 Back | 1:35.39 |
| 49.39 | 50 Breast | 50.19 |
| 1:48.59 | 100 Breast | 1:50.69 |
| 42.09 | 50 Fly | 42.49 |
| 1:37.69 | 100 Fly | 1:39.49 |
| 1:34.39 | 100 IM | 1:35.29 |
| 3:24.29 | 200 IM | 3:27.19 |
| REG | 12&Under | REG |
| 33.29 | 50 Free | 32.89 |
| 1:12.29 | 100 Free | 1:11.79 |
| 2:38.09 | 200 Free | 2:37.79 |
| 5:34.79 | 400 Free | 5:36.79 |
| 38.59 | 50 Back | 39.79 |
| 1:22.89 | 100 Back | 1:23.39 |
| 3:22.49 | 200 Back | 3:18.29 |
| 43.09 | 50 Breast | 43.59 |
| 1:33.99 | 100 Breast | 1:35.49 |
| 3:49.09 | 200 Breast | 3:42.99 |
| 36.89 | 50 Fly | 36.99 |
| 1:22.89 | 100 Fly | 1:23.59 |
| 3:25.89 | 200 Fly | 3:24.09 |
| 1:23.19 | 100 IM | 1:23.69 |
| 2:58.59 | 200 IM | 3:00.79 |
| 7:15.79 | 400 IM | 7:07.99 |
| REG | 14&Under | REG |
| 31.79 | 50 Free | 29.59 |
| 1:08.69 | 100 Free | 1:04.49 |
| 2:28.59 | 200 Free | 2:20.99 |
| 5:15.49 | 400 Free | 5:03.49 |
| 10:59.99 | 800 Free | 10:43.19 |
| 21:10.59 | 1500 Free | 20:37.49 |
| 1:17.89 | 100 Back | 1:14.39 |
| 2:49.09 | 200 Back | 2:42.59 |
| 1:28.89 | 100 Breast | 1:24.79 |
| 3:13.29 | 200 Breast | 3:05.79 |
| 1:17.29 | 100 Fly | 1:12.99 |
| 2:56.49 | 200 Fly | 2:48.59 |
| 2:49.49 | 200 IM | 2:40.99 |
| 6:01.09 | 400 IM | 5:48.89 |
| REG | Open | REG |
| 30.99 | 50 Free | 27.79 |
| 1:07.09 | 100 Free | 1:00.69 |
| 2:25.49 | 200 Free | 2:13.99 |
| 5:07.19 | 500 Free | 4:45.99 |
| 10:49.29 | 800 Free | 10:26.59 |
| 20:50.49 | 1500 Free | 19:46.19 |
| 1:16.79 | 100 Back | 1:10.19 |
| 2:46.39 | 200 Back | 2:34.49 |
| 1:27.09 | 100 Breast | 1:19.99 |
| 3:10.39 | 200 Breast | 2:57.49 |
| 1:15.19 | 100 Fly | 1:08.89 |
| 2:50.49 | 200 Fly | 2:40.19 |
| 2:44.59 | 200 IM | 2:31.69 |
| 5:54.29 | 400 IM | 5:36.69 |